

It should be simple: the right combination of specifically targeted ingredients for pump, endurance, strength, and focus all blended together to produce a scientifically sound, and complete, non-stimulant pre-workout. It should be, but it isn't. It is a good thing for consumers, then, that Core Nutritionals® loves a challenge. With Core PUMP, we redefine the non-stimulant, pre-workout category with more than just a "pump" product. Core PUMP contains cutting edge and trademarked ingredients to maximize ALL performance aspects of your workout, without stimulants or jitters.†

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor), PDE5 inhibitor, nitrates for chest pain, or any other medication. Immediately discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS: Mix 2 scoops with 12-16 ounces of water and consume approximately 15-30 minutes prior to your workout.

 **Crush It!**®

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CORE NUTRITIONALS®



PUMP

**FULL-SPECTRUM NON-STIMULANT
PRE-WORKOUT**

PUMP⁺ | ENDURANCE⁺ | STRENGTH⁺ | FOCUS⁺

PINK LEMONADE

NATURALLY & ARTIFICIALLY FLAVORED DIETARY SUPPLEMENT

20 SERVINGS • NET WT. 15.2 OZ (432 G)



Supplement Facts

Serving Size: 2 Scoops (21.6 g) Servings Per Container: 20 (40 scoops)

	Amount Per 1/2 Serving (1 scoop)	% DV	Amount Per Serving (2 scoops)	% DV
L-Citrulline	3000 mg	**	6000 mg	**
Beta Alanine	1600 mg	**	3200 mg	**
Betaine Nitrate (NO3-T®)	1250 mg	**	2500 mg	**
HydroPrime® (Std., 65% Glycerol Powder)	1000 mg	**	2000 mg	**
Alpha GPC 50%	300 mg	**	600 mg	**
VasoDrive-AP® (hydrolyzed casein)	127 mg	**	254 mg	**
Astragin® (Astragalus membranaceus and Panax notoginseng) Root Extracts	25 mg	**	50 mg	**

**Daily Value not established.

OTHER INGREDIENTS: Silicon Dioxide, Citric Acid, Natural and Artificial Flavors, Sucralose, Red Beet Root(for color), Acesulfame Potassium.

ALLERGENS: Contains milk. Manufactured in a facility that also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanut, wheat, sesame, and soy.



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VasoDrive-AP® is a registered trademark of Nova Nutra LLC.



HydroPrime™ is a trademark of NNB Nutrition.

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