



LETHBRIDGE PRE & POST NATAL COMMUNITY DIRECTORY

your connection to the pre & post natal services in Lethbridge & surrounding area

All-Ways Organized	allwaysorganized.yql@gmail.com	allwaysorganized.ca	IG :: @allwaysorganized.yql FB :: All-Ways Organized YQL
Ashley Otte Counselling	403-331-1794	ashleyottecounselling.com	@ashleyotte_counselling
Baby Laurel & Co	403 942-1814	https://babylaurel.ca/	@babylaurelco
Be Well Chantelle (Be Well Baby Mama)	306-693-4313	bewellchantelle.com	@bewellbabymama
City Events YQL (City & Baby Trade Show)	403-380-9282	https://cityeventsyql.com/	@cityandbaby.yql
Mommy Connections Lethbridge	403-330-4663	www.mommyconnections.ca/lethbridge	IG: mommyconnectionslethbridge FB: Mommy Connections Lethbridge
Mother Nuture Masssage & Doula Services	403-894-2823	mothernutureservices.ca	@mothernurtue_yql
New Heights Occupational Therapy and Wellness	403-892-2202	www.newheightsotwellness.com	IG: @newheightsotwellness FB: New Heights Occupational Therapy andWellness
Sparrow Doula Services	403-360-4721	Coming Soon!	@sparrowdoula.services
Nurture family feeding clinic	403-942-6611	www.nurturefeeding.com and www.breastfeedingmd.com	IG:@breastfeeding.md FB: Nurture family feeding clinic and Dr Erin Appleton MD IBCLC FABM
Roots & Fruits Wellness	403-915-3551	rootsandfruitswellness.com	@rootsandfruitswellness
SIX08 Health	403-394-3352	six08health.com	@thepelvicfloorist @six08womenshealth
The Crib Coach	403-330-9624	www.thecribcoach.com	@thecribcoach