## Exquisite Design Ballroom Supply Custom Dress Measurements Guide

Please use the following guide to help ensure accuracy when taking your measurements for a custom-made dance dress/costume. Taking your own measurements can be difficult so if possible, have a tailor/seamstress do your measurements with you. If that is not an option-get a partner or friend to help you, and of course, if you have ANY QUESTIONS or we can help at all- please call us (888-797-7794), chat with us (click the chat icon on the bottom right on website) or send us an email (info@exquisitedesignballroomsupply.com) so we can help you.

Please note that ALL MEASUREMENTS need to be in CENTIMETERS as we want the measurements to be as precise as possible.

Using the following as a guide- please take each of your measurements and enter them into the Measurements Form on the product page (bottom of page in description area- "Measurements" tab.)


## Measurement:

## 1) Bust

2) Under bust girth
3) Waist
4) High hip width
5) Hip width
6) Shoulder to bust point
7) Neck
8) Sleeve length
9) Upper arm girth
10) Wrist girth
11) Neck to waist
12) Waist to knee
13) Waist to ankle
14) Shoulder to ankle
$\qquad$
___ UNDER BUST
$\qquad$ WAIST
___ HIGH HIP WIDTH (Start measuring approximately 13 CM below your waist.)
$\qquad$ HIP WIDTH (Start measuring approximately 20 CM below your waist)
$\qquad$ SHOULDER TO BUST POINT (Measure from the center of your shoulder, about 2.55 CM from your neck, to the top of your bust.)
$\qquad$ NECK SLEEVE LENGTH (Shoulder to wrist) UPPER ARM / BICEP (Measure the circumference)
$\qquad$ ARMHOLE (This one can be tricky! You really need help on this if possible. Please one end of measuring tape at the top middle of your shoulder. Raise the same arm out in front of you. Bring the measuring tape down and around loosely-laying tape flat when going under your arm-and back up to the starting point. This measurement is better on the looser side to ensure the armhole is not too small and that you are able to freely rotate your shoulder/arms.)

## NECK / SHOULDER TO WAIST (Start approximately 2.55 CM from your neck at about center

 shoulder to your waist.)$\qquad$ TORSO (Start approximately 2.55 CM from your neck at about center shoulder and take tape down through your legs and up the back to the starting point.)
$\qquad$ WAIST TO KNEE (Mainly for Latin/Rhythm Costumes- but overall helpful)
$\qquad$ WAIST TO ANKLE
$\qquad$ SHOULDER TO SHORTEST DRESS POINT (This is for Latin/Rhythm Dresses that are asymmetrical to indicate the length you want the shortest point of the dress to actually be-for Smooth/Standard just enter " $N A$ " on the form)
$\qquad$ SHOULDER TO LONGEST DRESS POINT (This is for Latin/Rhythm Dresses that are asymmetrical to indicate the length you want the longest point of the dress to actually be-for Smooth/Standard just enter "NA" on the form)
$\qquad$ SHOULDER TO ANKLE (This is the Smooth/Standard dress length. Measure with your dance shoes ON. For Latin/Rhythm just enter "NA" on the form)
$\qquad$ HEIGHT (Centimeters on this one too please- measure with your dance shoes ON)
$\qquad$ WEIGHT (We won't tell...or judge (3))

[^0]
[^0]:    *Remember, custom made dance dresses are not refundable- please be careful when measuring.

