



INTENSE
CYCLES · USA

USER MANUAL | PRIMER 29

WELCOME TO THE FAMILY

AT INTENSE. WE HAVE ONE GOAL - TO PROVIDE THE RIDE OF YOUR LIFE //

Our team of designers, engineers and product experts are focused on one thing every day: your experience on the bike. We build bikes that are as thrilling to look at as they are to ride, and we build them for the select few of you who understand the difference and refuse to settle for anything else.

From the early days of Intense, when founder Jeff Steber worked alone in his garage to today, where a crew of talented people work in a Temecula, CA factory, Intense has been a brand built on passion by forward thinkers who, even today, love nothing more than to throw a leg over a sweet bike and head out for a rip. We're so glad you've joined us.

Welcome to Intense, enjoy your experience.

THE PRIMER 29 //

Designed for the big wheel, trail enthusiast, the Primer 29 sports 4.5" or 5" of rear wheel travel on an extra wide, Boost 148 rear end. The carbon front and rear triangles provide an exceptionally stiff yet comfortable ride that is light and nimble. The bike is race ready and features internal cable routing, 160mm post mounts and protective flak guards as standard amenities.

REGISTRATION

WWW.INTENSECYCLES.COM/WARRANTY-CARD/



CONTACT CUSTOMER SERVICE

CS@INTENSECYCLES.COM

951-296-9596



| | |
|---------------------------------|----|
| INTRODUCTION / REGISTRATION | 2 |
| FRAME FEATURES / COMPONENT SPEC | 4 |
| GEOMETRY | 5 |
| EXPLODED VIEW AND B.O.M. | 6 |
| ASSEMBLY | 8 |
| TORQUE CHART | 13 |
| SETUP | 14 |
| MAINTENANCE | 18 |

FRAME FEATURES / SPEC

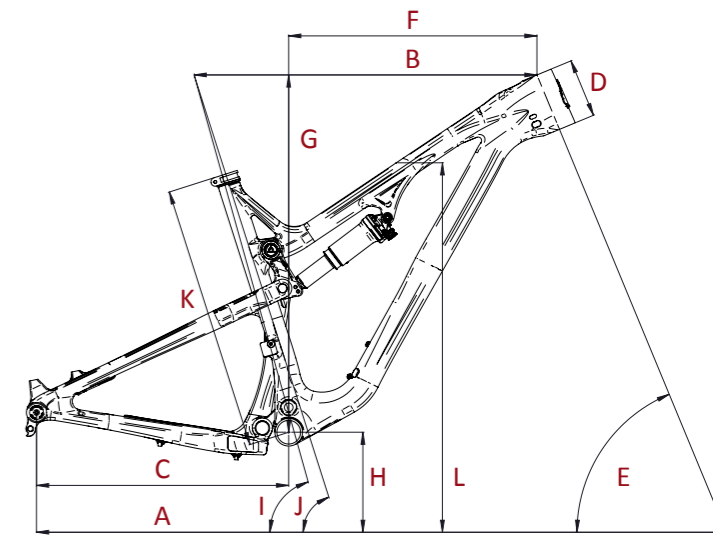
FRAME FEATURES //

- ADJUSTABLE TRAVEL: 4.5" TO 5" (115MM-130MM)
- 29" WHEEL SIZE
- 5.8 LBS / 2,620 GRAMS = STANDARD FRAME W/ ALLOY LINK. NO SHOCK. SIZE M
- 5.2 LBS / 2,380 GRAMS = SL SUPER LIGHT FRAME W/CARBON LINK. NO SHOCK. SIZE M
- TAPERED HEAD TUBE
- MONOCOQUE FRONT TRIANGLE
- INTEGRATED BOOST 148 X 12 DROPOUTS
- INTERNAL BRAKE AND DERAILLEUR CABLE ROUTING SYSTEM
- INTERNAL SEAT TUBE CABLE ROUTING FOR DROPPER POSTS
- ANGULAR CONTACT/COLLET BEARING SYSTEM WITH REPLACEABLE GREASE ZERKS
- FLACK GUARD DOWNTUBE AND CHAINSTAY PROTECTION
- H2O BOTTLE FITMENT

COMPONENT SPEC //

- FORK – 1.5" TAPERED STEER. 130MM TRAVEL. 538MM LOWER LEG LENGTH. 51MM OFFSET
- SHOCK – 200MM X 50.8MM (7.875" X 2"). 22MM X 6MM AND 30MM X 6MM REDUCERS
- FRONT DERAILLEUR – DIRECT MOUNT
- SEAT POST – 31.6MM
- HEADSET – ZERO STACK 44 UPPER / EXTERNAL CUP 49 LOWER
- BOTTOM BRACKET - PRESS FIT BB92
- REAR AXLE – BOOST 148 X 12 T/A
- BRAKE MOUNT – INTERNATIONAL STANDARD FOR 160MM ROTOR
- CRANK SET – BOOST 148 COMPATIBLE - SINGLE OR DOUBLE RING ONLY
- REAR WHEEL - BOOST 148 COMPATIBLE

GEOMETRY



| | | SMALL | MEDIUM | LARGE | XLARGE |
|---|------------------------------|----------------|-----------------|----------------|----------------|
| A | Wheel Base: | 1130 mm/ 44.5" | 1156 mm/ 45.5" | 1181 mm/ 46.5" | 1207 mm/ 47.5" |
| B | Top Tube Length: | 572 mm/ 22.5" | 597 mm/ 23.5" | 622 mm/ 24.5" | 648 mm/ 25.5" |
| C | Chain Stay Length: | 438 mm/ 17.25" | 438 mm/ 17.25" | 438 mm/ 17.25" | 438 mm/ 17.25" |
| D | Head Tube Length: | 94 mm/ 3.7" | 102 mm/ 4" | 114 mm/ 4.5" | 119 mm/ 4.7" |
| E | Head Tube Angle: | 67.5 | 67.5 | 67.5 | 67.5 |
| F | Reach: | 408 mm/ 16.1" | 431 mm/ 17" | 453 mm/ 17.8" | 477 mm/ 18.8" |
| G | Stack: | 609 mm/ 24" | 616 mm / 24.25" | 628 mm/ 24.7" | 632 mm/ 24.9" |
| H | BB Height: | 337 mm/ 13.25" | 337 mm/ 13.25" | 337 mm/ 13.25" | 337 mm/ 13.25" |
| I | Seat Tube Angle (Effective): | 75 | 75 | 75 | 75 |
| J | Seat Tube Angle (Actual): | 72.3 | 72.3 | 72.3 | 72.3 |
| K | Seat Tube Length: | 432 mm/ 17" | 457 mm/ 18" | 483 mm/ 19" | 508 mm/ 20" |
| L | Standover Height: | 800 mm/ 31.5" | 803 mm/ 31.6" | 809 mm/ 31.8" | 811 mm/ 31.9" |

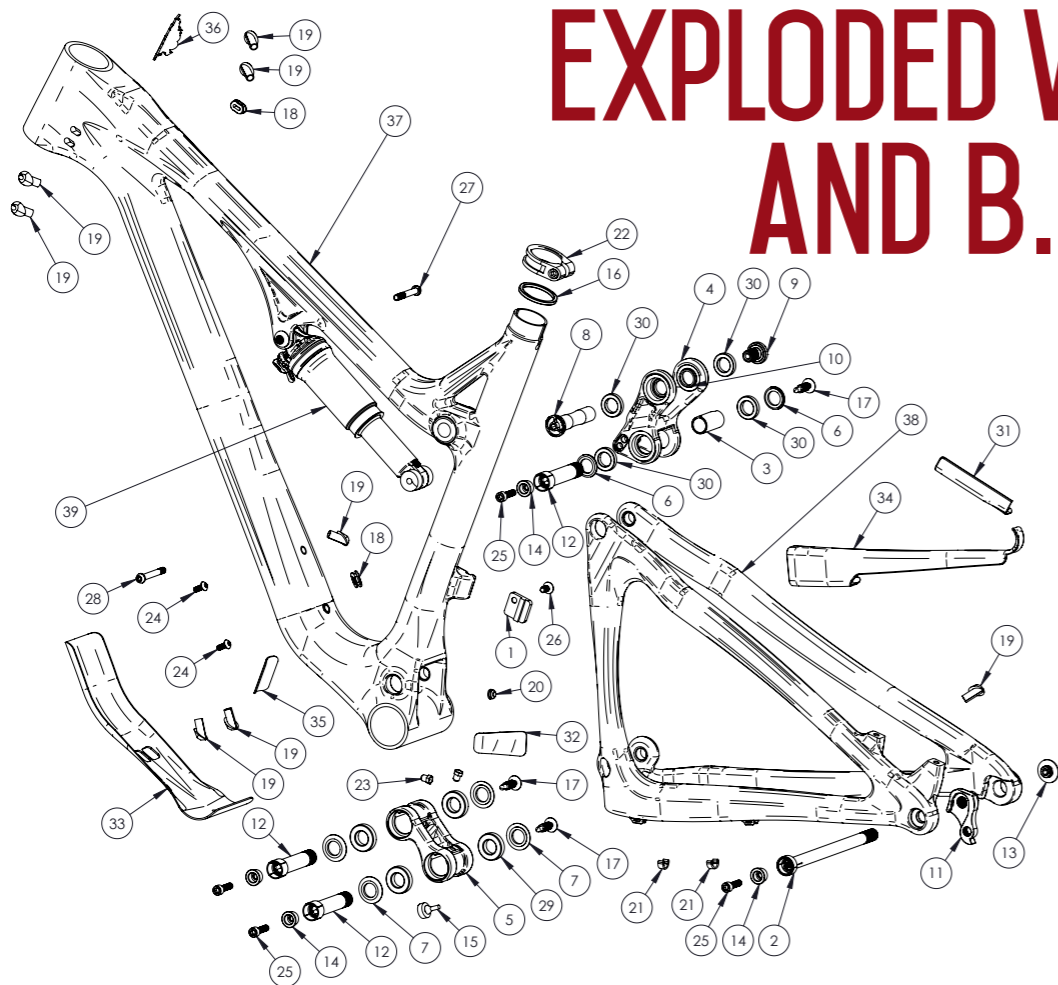
GEOMETRY NOTES

GEOMETRY TAKEN AT TOP OUT WITH 538MM FORK LENGTH AND 51MM FORK OFFSET.

COMPONENT SPEC NOTE

THE PRIMER 29 IS DESIGNED AROUND THE USE OF SINGLE OR DOUBLE CHAIN RING SETS ONLY. USE OF A TRIPLE RING SET WILL NOT ALLOW PROPER CLEARANCE WITH THE FRAME.

EXPLODED VIEW AND B.O.M.



| ITEM NO. | ITEM | PART NUMBER | DESCRIPTION | QTY. | TORQUE SPEC. |
|----------|------------------------|-------------|-------------------------------------|------|--------------------|
| 1 | Derailleur Mount Cover | 130209 | For Single Ring Setup | 1 | N/A |
| 2 | Rear Axle | 130757 | Axle 148 x 12 Boost Locking Blk | 1 | 11 Nm / 100 in-lbs |
| 3 | Bearing Spacer | 130759 | Top Link Bearing Spacer (Lower) | 1 | N/A |
| 4 [ST] | Top Link | 130762 | Forged Top Link | 1 | N/A |
| 4 | Top Link | 130760 | Carbon Top Link | 1 | N/A |
| 5 | Box Link | 130764 | Forged Lower Link | 1 | N/A |
| 6 | Bearing Cap 24mm OD | 130765 | Top Link Bearing Cap (Lower) | 2 | N/A |
| 7 | Bearing Cap | 130778 | Box Link Bearing Cap | 4 | N/A |
| 8 | Axle Upper | 130780 | Top Link Pivot Axle (Upper) | 1 | 20 Nm / 175 in-lbs |
| 9 | Bolt Shoulder | 130785 | Top Link Pivot Bolt | 1 | 20 Nm / 175 in-lbs |
| 10 | Spacer | 130789 | Top Link Bearing Spacer (Upper) | 2 | N/A |
| 11 | Hanger | 130790 | Derailleur Hanger Forged | 1 | N/A |
| 12 | Bolt Main Pivot | 130791 | Box Link Expander Bolt | 3 | 7 Nm / 60 in-lbs |
| 13 | Hanger Bolt | 130798 | Derailleur Hanger Bolt | 1 | 11 Nm / 100 in-lbs |
| 14 | Cone Adjuster | 130807 | Cone Adjuster Blk, 83 mm Height | 4 | N/A |
| 15 | Bumper | 140006 | Box Link Bumper | 1 | N/A |
| 16 | O-Ring | 140013 | Seat Clamp o-ring | 1 | N/A |
| 17 | Plug | 140038 | Box Link Pivot Plug | 3 | N/A |
| 18 | Cable Guide Grommet | 140039 | Cable Guide Grommet (Head Tube) | 2 | N/A |
| 19 | Cable Guide Plug | 140040 | Cable Guide Plug (Thru) | 8 | N/A |
| 20 | Cable Guide Grommet | 140042 | Cable Guide Grommet (Rear Triangle) | 1 | N/A |
| 21 | Clip | 310001 | Cable Guide Clip | 2 | N/A |
| 22 | Seat Collar | 346941 | Bolt-on 36 Blk | 1 | N/A |

| ITEM NO. | ITEM | PART NUMBER | DESCRIPTION | QTY. | TORQUE SPEC. |
|----------|-----------------------|-------------|--|------|--------------------|
| 23 | Zerk Fitting | 401011 | M6 x 10 | 2 | 5 Nm / 40 in-lbs |
| 24 | BHCS M5 X 12 | 410010 | Water Bottle Bolt, Button Head, M5 X 12 | 2 | 6 Nm / 54 in-lbs |
| 25 [ST] | SHCS M6 x 22 | 410009 | Cone Adjuster Bolt, Socket Head, M6 x 22 | 4 | 14 Nm / 125 in-lbs |
| 25 | SHCS M6 x 22 | 410032 | Cone Adjuster Bolt, Socket Head, M6 x 22 Titanium | 4 | 14 Nm / 125 in-lbs |
| 26 | FHCS M6 x 12 | 410037 | Front Derailleur Mount Bolt, Flat Head, M6 x 12 Blk | 1 | 7 Nm / 60 in-lbs |
| 27 [ST] | SHCS M6 x 40 | 410053 | Front Shock Bolt, Socket Head, M6 x 40 | 1 | 7 Nm / 60 in-lbs |
| 27 | SHCS M6 x 40 | 410050 | Front Shock Bolt, Socket Head, M6 x 40 Titanium S275C SL | 1 | 7 Nm / 60 in-lbs |
| 28 [ST] | SHCS M6 x 45 | 410054 | Rear Shock Bolt, Socket Head, M6 x 45 | 1 | 7 Nm / 60 in-lbs |
| 28 | SHCS M6 x 45 | 410051 | Rear Shock Bolt, Socket Head, M6 x 45 Titanium S275C SL | 1 | 7 Nm / 60 in-lbs |
| 29 | Bearing 7902 | 430007 | 15 x 28 x 7 2RS MAX Angular Contact Bearing | 4 | N/A |
| 30 | Bearing 6802 | 430008 | 15 x 24 x 5 2RS MAX Radial Bearing | 4 | N/A |
| 31 | Guard Flack SS | 500254 | Flack Guard S275C Seatstay | 1 | N/A |
| 32 | Protector Chainstay | 500255 | Chain Stay Protector | 1 | N/A |
| 33 | Guard Flack DT | 500262 | Down Tube Flack Guard | 1 | N/A |
| 34 | Guard Flack CS | 500263 | Chainstay Flack Guard | 1 | N/A |
| 35 | Decal California Bear | 500300 | Decal California Bear | 1 | N/A |
| 36 | Head Badge | 500335 | Head Badge Flame Logo | 1 | N/A |
| 37 | Front Triangle | | Carbon, 4 Sizes | 1 | N/A |
| 38 | Rear Triangle | | Carbon, 1 Size | 1 | N/A |
| 39 | Shock | | Rear Shock 7875" x 2" (200mm x 50.8mm) | 1 | N/A |

ASSEMBLY

PREFACE //

Service and maintenance on an Intense bicycle requires special tools, abilities and knowledge of working on bicycles. It is always recommended to use an authorized Intense dealer for service and maintenance. Always wear eye protection. It is critical to use the proper tools, loctite, grease and torque specs during assembly. Failure to follow these instructions may result in serious bodily injury or death.

TOOLS NEEDED

- HIGH GRADE, WATERPROOF GREASE (MAXIMA WATERPROOF GREASE RECOMMENDED)
- BLUE LOCTITE® #243
- 5MM HEX WRENCH X2
- 8MM HEX WRENCH

RECOMMENDATION

USE GREASE ON LOWER LINKAGE BOLTS ONLY. USE LOCTITE ON UPPER LINKAGE BOLTS, DROPOUT BOLTS AND HANGER BOLT.



CONNECTING TOP LINK TO FRONT TRIANGLE //

A Holding top link (#130760) with shock mount pointed forward, hold upper spacers (#130789) against inside of bearing race (IMAGE #1).

B Match upper link to top tube, making sure that spacers do not fall out.

C Using upper pivot axle (#130780), insert through non-drive side of top link bearing, making sure spacers do not fall out (IMAGE #2). Install shoulder bolt (#130785) into drive side of top link pivot, and tighten to 20 NM or 175 in/lbs (IMAGE #3).

CONNECTING BOX LINK TO FRONT TRIANGLE //

A Hold bearing caps (#130778) with rounded ends facing outwards against bearings on box link (IMAGE #4), (note box link orientation in image #4, with rubber bumper facing upward and rearward on box link).

B Match link to front triangle and from non drive side, insert greased main pivot bolt (#130791) through the non-drive side of frame (IMAGE #5).

C Use 8mm HEX to install, then torque pivot bolt (#130791) to 7 NM or 60 in/lbs.



CONNECTING REAR TRIANGLE TO BOX LINK //

A Follow previous step to connect rear triangle to box link (IMAGES #6 & 7).

B Use 8mm HEX to install, then torque pivot bolt (#130791) to 7 NM or 60 in/lbs.

CONNECTING REAR TRIANGLE TO TOP LINK //

A Holding spacers (#130765) with squared edges against the bearing and the rounded side facing outward (IMAGE #8), Swing the seat stays up and align with the lower spacers. From the non drive side of top link, install greased pivot bolt (#130791) (IMAGE #9). Use an 8mm HEX to install.

B Use an 8mm HEX to install torque main pivot bolt (#130791) to 7 NM or 60 in/lbs.

INSTALLING REAR SHOCK //

A Holding rear shock match forward end to forward shock mount, and install greased M6x40mm bolt (#410050) through drive side of frame (IMAGE #10). Do not tighten.

B Match rear end of shock to desired travel setting (see below) on upper link and install greased M6x45mm bolt (#410051) through non-drive side of link (IMAGE #11).

C Torque shock bolts (#410050 & #410051) to 7 NM or 60 in/lbs (IMAGES #12 & 13).

ADJUSTABLE TRAVEL NOTE

THE TOP LINK OF THE PRIMER 29 FEATURES DUAL MOUNTING POSITIONS. THE UPPER SHOCK MOUNTING HOLE ON TOP LINK IS FOR LONG TRAVEL. THE LOWER HOLE IS FOR SHORT TRAVEL. FOR MORE INFORMATION SEE THE SET UP GUIDE ON PAGE 14.



TIGHTENING SEATSTAYS TO TOP LINK //

A Grease and install adjuster cone (#130807) into head of main pivot bolt (#130791) and greased M6x22mm bolt (#410032) through the adjuster cone into the main pivot bolt (IMAGE #14).

B Using hand pressure, squeeze the top of seat stay together at the lower top link location to eliminate side to side play (IMAGE #15) then use a 5mm HEX to make snug.

C Torque M6x22mm (#410032) to 14 NM or 125 in/lbs (IMAGE #16).

INSTALLING ADJUSTER CONES ON LOWER LINK //

A Grease and install adjuster cone (#130807) into head of main pivot bolt (#130791) and greased M6x22mm bolt (#410032) through the adjuster cone into the main pivot bolt (IMAGES #17 & 18).

B Torque M6x22mm (#410032) to 14 NM or 125 in/lbs (IMAGE #19).



20



21



22

INSTALLING DERAILLEUR HANGER //

A Grease outer edges of derailleur hanger (#130790) and loctite derailleur bolt (#130798) if not pre loctite applied (IMAGE #20).

B Insert hanger (#130790) into back of frame opening and match derailleur bolt (#130798) on the front side threading bolt into hanger (IMAGE #21).

C Torque derailleur bolt (#130798) to 11NM or 100 in/lbs (IMAGE #22).



23



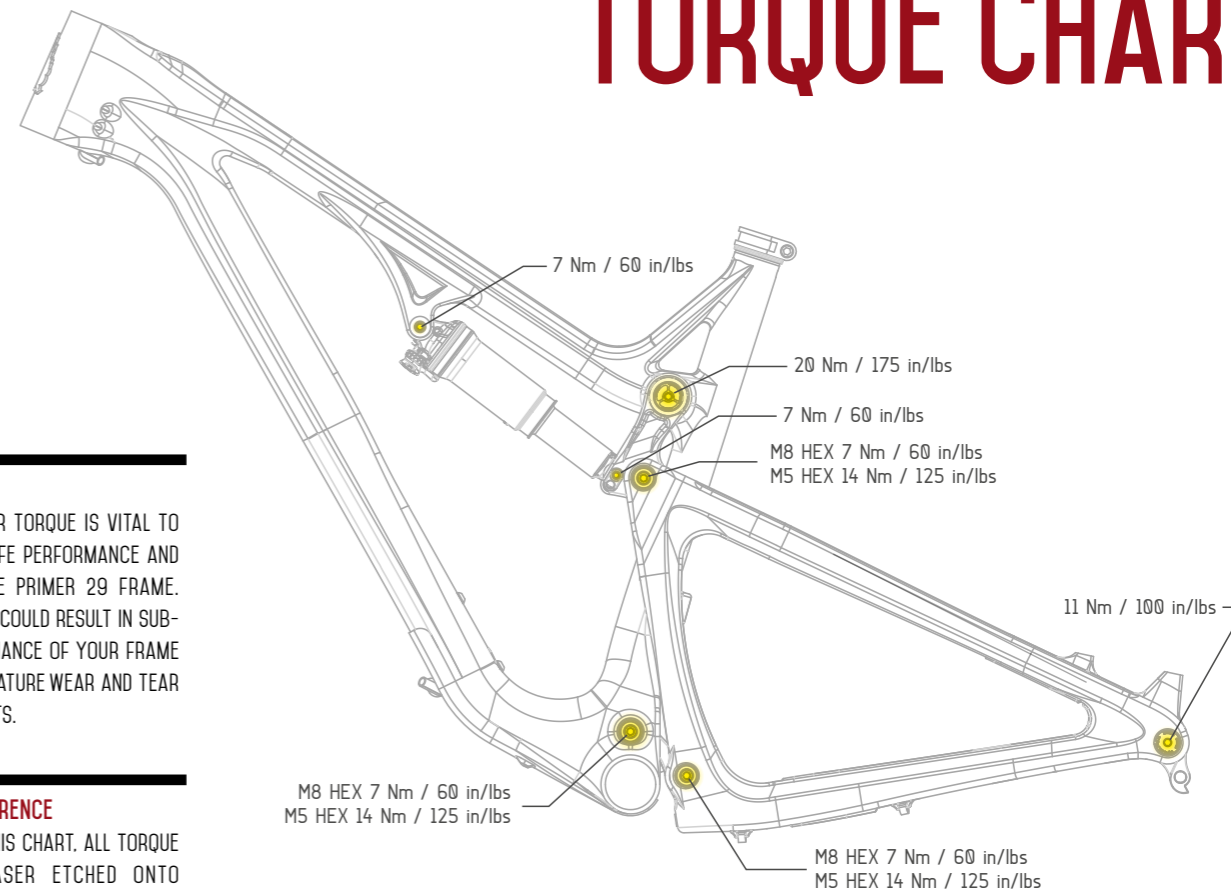
24

REAR AXLE //

A The Primer uses a rear axle with an expanding collet system similar to our main pivot bolts. This ensures a secure fit between the axle and frame (IMAGE #23). To install rear axle, insert threaded end of axle through non-drive side dropout until it reaches female threaded end of hanger. You can then insert a 5mm

allen through opening on the hanger bolt, which will allow you to tighten axle in a counterclockwise (rearward) direction to 100 in/lb (IMAGE #24). You may then grease and install the cone adjuster into the opening on the non-drive side of the axle, then insert M6x25mm bolt into cone adjuster and tighten to 125 in/lbs.

TORQUE CHART



TORQUE

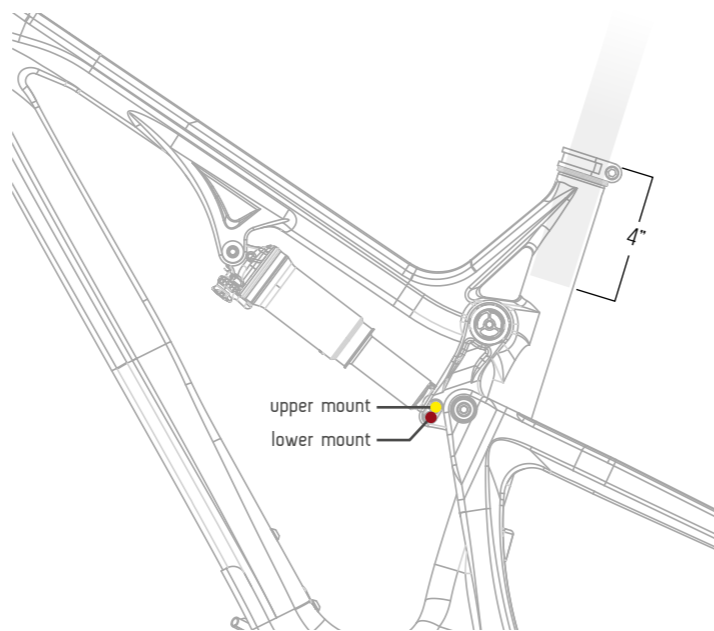
ACHIEVING PROPER TORQUE IS VITAL TO ENSURING THE SAFE PERFORMANCE AND FUNCTION OF THE PRIMER 29 FRAME. FAILURE TO DO SO COULD RESULT IN SUB-OPTIMAL PERFORMANCE OF YOUR FRAME AS WELL AS PREMATURE WEAR AND TEAR OF INDIVIDUAL PARTS.

ADDITIONAL REFERENCE

IN ADDITION TO THIS CHART, ALL TORQUE VALUES ARE LASER ETCHED ONTO CORRESPONDING HARDWARE FOR YOUR REFERENCE.



SET UP



SEATPOST

MAKE SURE TO INSERT SEAT POST AT LEAST 4" INTO THE MAIN FRAME. ANYTHING LESS THAN THIS AMOUNT COULD CAUSE DAMAGE TO THE FRAME OR EVEN FAILURE.

ADJUSTABLE TRAVEL

- UPPER MOUNT: 130MM
- LOWER MOUNT: 115MM

SHOCK SETUP

ROCK SHOX MONARCH RT3 / R 200 X 51MM



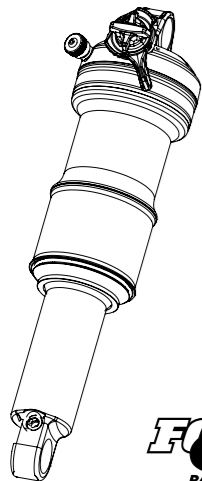
SET UP AND TUNE

PROPER SET UP AND TUNING CAN VARY FROM SHOCK TO SHOCK. PLEASE CONSULT THE ROCKSHOX MANUAL INCLUDED WITH YOUR BIKE FOR COMPLETE INFORMATION ABOUT SET UP, TUNING AND GENERAL MAINTENANCE OR VISIT WWW.SRAM.COM/ROCKSHOX/PRODUCTS

| TRAVEL | 115 MM | | 130 MM | |
|-----------------------------|--|----------------------|--------------|----------------------|
| SHOCK STROKE | 51 mm | | | |
| SHOCK SAG | 20% when sitting on the bike | | | |
| FORK SAG | 25-30% when sitting on the bike | | | |
| SHOCK: PRIMER 29 EXPERT | Rock Shox Monarch RT3 200x51 mm DB2 MM S 320 | | | |
| SHOCK: PRIMER 29 FOUNDATION | Rock Shox Monarch R 200x51 mm DB2 MM S 320 | | | |
| RIDER WEIGHT (LBS/KGS) | SPRING (PSI) | REBOUND (CLICKS OUT) | SPRING (PSI) | REBOUND (CLICKS OUT) |
| 100 LBS / 45 KGS | 103 | 2 to 3 | 98 | 2 to 3 |
| 110 LBS / 50 KGS | 116 | | 114 | |
| 120 LBS / 54 KGS | 130 | | 130 | |
| 130 LBS / 59 KGS | 144 | | 146 | |
| 140 LBS / 63.5 KGS | 157 | 3 to 4 | 162 | 3 to 4 |
| 150 LBS / 68 KGS | 171 | | 177 | |
| 160 LBS / 73 KGS | 185 | | 193 | |
| 170 LBS / 77 KGS | 198 | | 209 | |
| 180 LBS / 82 KGS | 212 | 5 to 6 | 225 | 5 to 6 |
| 190 LBS / 86 KGS | 226 | | 241 | |
| 200 LBS / 91 KGS | 239 | | 256 | |
| 210 LBS / 95 KGS | 253 | | 272 | |
| 220 LBS / 100 KGS | 267 | 5 to 6 | 288 | 5 to 6 |
| 230 LBS / 104 KGS | 281 | | 304 | |
| 240 LBS / 109 KGS | 294 | | 319 | |
| 250 LBS / 113 KGS | 308 | | 335 | |
| 260 LBS / 118 KGS | 322 | 5 to 6 | 351 | 5 to 6 |
| 270 LBS / 122 KGS | 335 | | 367 | |
| 280 LBS / 127 KGS | 349 | | 383 | |
| 290 LBS / 131.5 KGS | 363 | | 398 | |
| 300 LBS / 136 KGS | 376 | 5 to 6 | 414 | 5 to 6 |
| | | | | |
| | | | | |
| | | | | |

SHOCK SETUP

FOX FLOAT DPS 200 X 51MM



SET UP AND TUNE

PROPER SET UP AND TUNING CAN VARY FROM SHOCK TO SHOCK. PLEASE CONSULT THE FOX MANUAL INCLUDED WITH YOUR BIKE FOR COMPLETE INFORMATION ABOUT SET UP, TUNING AND GENERAL MAINTENANCE OR VISIT WWW.FOXRACINGSHOX.COM

| TRAVEL | 115 MM | | 130 MM | |
|--------------------------|--|----------------------|--------------|----------------------|
| SHOCK STROKE | 51 mm | | | |
| SHOCK SAG | 20% when sitting on the bike | | | |
| FORK SAG | 25-30% when sitting on the bike | | | |
| SHOCK: PRIMER 29 FACTORY | FOX Sho x, FLOAT DPS, F-S, K, 3POS-ADJ EVOL LV, 200x51 mm CM, RM, CLIMB | | | |
| SHOCK: PRIMER 29 PRO | FOX Sho x, FLOAT DPS, P-SE, A, 3POS-ADJ EVOL LV, 200x51 mm CM, RM, CLIMB | | | |
| RIDER WEIGHT (LBS/KGS) | SPRING (PSI) | REBOUND (CLICKS OUT) | SPRING (PSI) | REBOUND (CLICKS OUT) |
| 100 LBS / 45 KGS | 76 | 3 to 4 | 86 | 3 to 4 |
| 110 LBS / 50 KGS | 88 | | 98 | |
| 120 LBS / 54 KGS | 100 | | 110 | |
| 130 LBS / 59 KGS | 112 | | 122 | |
| 140 LBS / 63.5 KGS | 124 | 5 to 6 | 134 | 5 to 6 |
| 150 LBS / 68 KGS | 136 | | 146 | |
| 160 LBS / 73 KGS | 148 | | 158 | |
| 170 LBS / 77 KGS | 161 | | 171 | |
| 180 LBS / 82 KGS | 173 | | 183 | |
| 190 LBS / 86 KGS | 185 | | 195 | |
| 200 LBS / 91 KGS | 197 | 7 to 8 | 207 | 7 to 8 |
| 210 LBS / 95 KGS | 209 | | 219 | |
| 220 LBS / 100 KGS | 221 | | 231 | |
| 230 LBS / 104 KGS | 233 | | 243 | |
| 240 LBS / 109 KGS | 245 | | 255 | |
| 250 LBS / 113 KGS | 257 | | 267 | |
| 260 LBS / 118 KGS | 269 | | 279 | |
| 270 LBS / 122 KGS | 282 | 292 | | |
| 280 LBS / 127 KGS | 294 | 304 | | |
| 290 LBS / 131.5 KGS | 306 | 316 | | |
| 300 LBS / 136 KGS | 318 | 328 | | |



MAINTENANCE

GENERAL SERVICE AND CARE //

You have purchased a high performance bicycle which requires a certain level of service and maintenance to sustain the level of performance your frame was designed around. Proper care will also ensure the bike is safe to ride at all levels. It is important to read and understand the carbon care information as well as follow the maintenance schedule and inspect your bicycle before each ride. These will not only help to limit or avoid costly repairs but will also help to avoid injury due to service neglect and component failure.

CARBON CARE

INTENSE CYCLES EMPLOYS ADVANCED COMPOSITE TECHNIQUES AND MATERIALS IN OUR FRAMES WHICH DO REQUIRE A CERTAIN LEVEL OF CARE AND MAINTENANCE TO ENSURE A SAFE EXPERIENCE AT THE HIGH LEVEL OF PERFORMANCE EACH FRAME IS DESIGNED AROUND. NOT FOLLOWING THESE GUIDELINES WILL DECREASE THE LEVEL OF PERFORMANCE AND POSSIBLY CAUSE INJURY OR DEATH.

- Use a soft cloth with warm soapy water to clean the carbon surfaces. Do not use abrasive cloths or cleaners.
- Be sure all frame surfaces in contact with cables are protected. Cable housing rubbing on carbon can wear over time.
- Be sure brake levers, handle bar ends and the fork crown do not contact the frame at full rotation.
- Never clamp any part of a carbon frame in a bike stand or car rack.
- Always inspect your frame if you experience any chain suck. Intense frames come equipped with steel chain suck plates but damage can still be done in the event of chain suck.
- Always inspect your frame in full after a crash to be sure there is no damage. Look for cracks, dents or loose fibers. If you discover damage in any degree it's best to have your frame inspected by a qualified Intense Cycles dealer. Any direct impact to the frame can cause serious structural damage.
- Use high grade waterproof grease on seat post, BB and head set bearing contact areas with the carbon.
- Never ream or face a carbon frame.
- Be sure to follow all recommended torque settings.



MAINTENANCE SCHEDULE *

| ACTION | EVERY RIDE | 500 MILES OR 1 MONTH | 2000 MILES OR 6 MONTHS | 4000 MILES OR 1 YEAR |
|------------------|---|----------------------|-------------------------|----------------------|
| TIRES | Check air pressure, inspect tread and sidewalls for tears and punctures | X | | |
| CHAIN | Brush off and lubricate | X | | |
| BRAKES | Squeeze brakes and confirm function | X | | |
| GENERAL | Clean complete bike of mud and debris | | X | |
| HEADSET | Check adjustment | | X | |
| BOX LINK | Add grease thru zerk fittings | | X | |
| FRAME PIVOTS | Check torques | | X | |
| SPOKES | Inspect for damage, check tension | | X | |
| SHOCK AND FORK | Check air pressure, inspect for leaks | | X | |
| DERAILEUR CABLES | Inspect and lube | | | X |
| SEATPOST | Clean and regrease interface with frame | | | X |
| FRAME PIVOTS | Remove pivot bolts, check bearings for pitting and wear | | | X |
| HEADSET | Disassemble stem, headset and fork. Check bearings for pitting and wear | | | X |
| HUBS | Pull wheels off, check hub bearings for pitting and wear | | | X |
| BOTTOM BRACKET | Remove crank arms and check BB bearings for pitting and wear | | | X |
| BRAKES | Replace brake pads | | | X |
| CHAIN | Inspect for damage and check for stretching | | | X |
| GENERAL | Complete Tune-Up | | | X |
| SHOCK AND FORK | Overhaul | | See MFG Recommendations | |

* THE ABOVE MAINTENANCE SCHEDULE IS ONLY A GUIDELINE. REFER TO COMPONENT MANUFACTURER FOR SPECIFIC INSTRUCTION ON MAINTAINING THEIR PARTS.

W W W . I N T E N S E C Y C L E S . C O M

PHONE: (951)-296-9596

CUSTOMER SERVICE: CS@INTENSECYCLES.COM

GENERAL INFO: INFO@INTENSECYCLES.COM

MEDIA, MARKETING, SPONSORSHIP: MARKETING@INTENSECYCLES.COM

INTENSE CYCLES USA 42380 RIO NEDO TEMECULA, CA. 92590