

WELCOME TO THE FAMILY

AT INTENSE, WE HAVE ONE GOAL - TO PROVIDE THE RIDE OF YOUR LIFE.

Our team of designers, engineers and product experts are focused on one thing every day: your experience on the bike. We build bikes that are as thrilling to look at as they are to ride, and we build them for the select few of you who understand the difference and refuse to settle for anything else.

From the early days of Intense, when founder Jeff Steber worked alone in his garage to today, where a crew of talented people work in a Temecula, CA factory, Intense has been a brand built on passion by forward thinkers who, even today, love nothing more than to throw a leg over a sweet bike and head out for a rip. We're so glad you've joined us.

Welcome to Intense, enjoy your experience.

THE M16 CARBON

This is a serious bike. Full DH in Full carbon. Our standard version comes with robust stainless hardware and a bombproof carbon layup creating a strong, race ready sled. Kick it up a notch to our SL version to get titanium bits, a carbon top link and an extra lite carbon layup. Both use the same DH race geometry, an asymmetrical swing arm for easy shock removal and Intense suspension that will get you to the top of the podium. Fast.

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REGISTRATION WWW.INTENSECYCLES.COM/WARRANTY-CARD/



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2 // M 1 6 C U S E R M A N U A L

FRAME **FEATURES** A **SPEC**

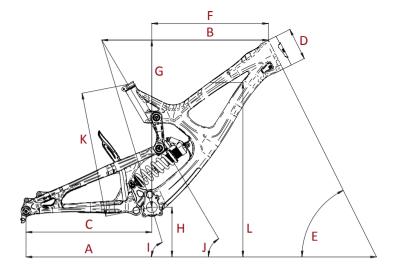
FRAME FEATURES //

- · ADJUSTABLE TRAVEL 8.5" OR 9.5" (215MM OR 241MM)
- •27.5" WHEEL SIZE
- ·PROGRESSIVE SHOCK CURVE
- •TAPFRED HEAD TURE
- ·ISCG 05 MOUNTS
- MODERN DH RACE GEOMETRY
- •INTEGRATED 157MM X 12MM DROPOLITS
- •INTERNAL CABLE ROUTING SYSTEM
- ·ANGULAR CONTACT BEARING / COLLET 15MM AXLE SYSTEM WITH REPLACEABLE GREASE ZERKS
- •FLACK GUARD CHAIN STAY & DOWN TUBE PROTECTION
- •INTEGRATED FORK BUMPER/CABLE GUIDE SYSTEM
- NON-SYMMETRIC REAR TRIANGLE

COMPONENT SPEC

- •FORK ACCEPTS 1.125" STRAIGHT STEER OR 1.125"/1.5" TAPERED STEER. 200MM TRAVEL. 594MM LOWER LEG LENGTH, 42MM OFFSET
- ·SHOCK 9.5" X 3"(241MM X 76MM), 22MM X 8MM AND 34MM X 8MM REDUCERS
- ·CHAIN GUIDE MOUNT ISCG-05
- ·SEAT POST 31.6MM
- •HEADSET ZERO STACK 49MM UPPER / 56MM LOWER CUPS
- •BOTTOM BRACKET THREADED 83MM
- •REAR AXLE 157MM X 12MM TA
- •BRAKE MOUNT INTERNATIONAL STANDARD FOR 200MM ROTOR

GEOMETRY



GEOMETRY NOTES

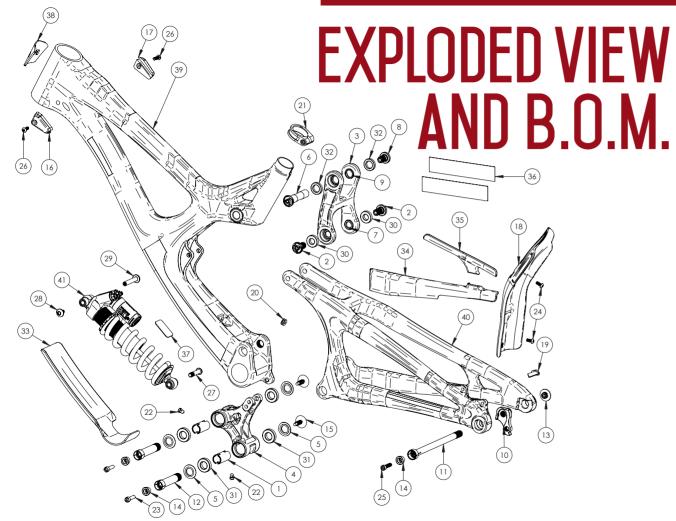
GEOMETRY TAKEN AT TOP OUT WITH 594MM FORK LENGTH AND 42MM FORK OFFSET.

COMPONENT SPEC NOTE

THE M16C IS DESIGNED AROUND THE USE OF A SINGLE CHAIN RING SET ONLY. USE OF A DOUBLE OR TRIPLE RING SET WILL NOT ALLOW PROPER CLEARANCE WITH THE FRAME.

		SMALL	MEDIUM	LARGE	XLARGE
Α	Wheel Base	1194 mm/ 47"	1219 mm/ 48"	1245 mm/ 49"	1265 mm/ 49.8"
В	Top Tube Length	565 mm/ 22.25"	591 mm/ 23.25"	616 mm/ 24.25"	634 mm/ 25"
С	Chain Stay Length	445 mm/ 17.5"	445 mm/ 17.5"	445 mm/ 17.5"	445 mm/ 17.5"
D	Head Tube Length	109 mm/ 4.3"	115 mm/ 4.5"	122 mm/ 4.8"	132 mm/ 5.2"
E	Head Tube Angle	63.5 ⁻	63.5°	63.5°	63.5°
F	Reach	391 mm/ 15.4"	413 mm/ 16.3"	436 mm/ 17.15"	452 mm/ 17.8"
G	Stack	587 mm/ 23.1"	592 mm / 23.3"	598 mm/ 23.55"	607 mm/ 23.9"
Н	BB Height	365 mm/ 14.375"	365 mm/ 14.375"	365 mm/ 14.375"	365 mm/ 14.375"
I	Seat Tube Angle (Effective)	73.3 ⁻	73.3 ⁻	73.3 ⁻	73.3 ⁻
J	Seat Tube Angle (Actual)	59.5 ⁻	59.5 ⁻	59.5 ⁻	59.5 ⁻
K	Seat Tube Length	416 mm/ 16.4"	440 mm/ 17.3"	455 mm/ 17.9"	457 mm/ 18"
L	Standover Height	797 mm/ 31.4"	803 mm/ 31.6"	809 mm/ 31.9"	816 mm/ 32.1"

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TEM No.	ITEM	PART Number	DESCRIPTION	QTY.	TORQUE SPEC.
1	Bearing Spacer	130754	Lower Link Bearing Spacer	2	N/A
2	Bolt Shoulder	130766	Top Link Pivot Bolt, Lower Pivot	2	20 Nm / 175 in-lbs
3 (ST] Top Link	130768	Forged Top Link	1	N/A
3 (SL] Top Link	130767	Carbon Top Link	1	N/A
4	Box Link	130769	Forged Lower Link	1	N/A
5	Bearing Cap	130778	Box Link Bearing Cap	4	N/A
6	Axle Upper	130780	Top Link Pivot Axle	1	20 Nm / 175 in-lbs
7	Washer	130784	Top Link Pivot, Lower Washer	2	N/A
8	Bolt Shoulder	130785	Top Link Pivot Bolt, Upper Pivot	1	20 Nm / 175 in-lbs
9	Spacer	130789	Top Link Pivot, Upper Spacer	2	N/A
10	Hanger	130790	Forged Derailleur Hanger	1	N/A
11	Rear Axle	130794	157 x 12mm Axle	1	11 Nm / 100 in-lbs
12	Bolt Main Pivot	130795	Bolt Main Pivot 1.5T	2	7 Nm / 60 in-lbs
13	Hanger Bolt	130798	Rear Derailleur Hanger Bolt	1	11 Nm / 100 in-lbs
14	Cone Adjuster	130807	Expander Cone, 8.3 mm Height	3	N/A
15	Plug	140004	Box Link Pivot Plug	2	N/A
16	Bumper	140009	Fork Bumper, Left	1	N/A
17	Bumper	140010	Fork Bumper, Right	1	N/A
18	Fender	140012	Rear Wheel Fender	1	N/A
19	Cable Guide	140040	Rear Derailleur Cable Exit Guide	1	N/A
20	Grommet	140041	Rear Derailleur Cable grommet, 1/2 OD x 3/16 ID	1	N/A
21	Seat Collar	346941	Bolt-On, 36.1mm	1	N/A
22	Zerk Fitting	401011	M6 x 1.0	2	5 Nm / 40 in-lbs
23	SHCS M6 x 22	410009	Cone Adjuster Bolt, Socket Head, M6 x 22	2	14 Nm / 125 in-lbs
24	BHCS M5 X 12	410010	Guide Bolt, Button Head, M5 x 12	2	6 Nm / 54 in-lbs

ITEM No.	ITEM	PART Number	DESCRIPTION	QTY.	TORQUE SPEC.	
25	SHCS M6 x 25	410039	Cone Adjuster Bolt, Socket Head, M6 x 25	1	14 Nm / 125 in-lbs	
26	BHCS M5 X 16	410041	Fork Bumper Bolt, Button Head, M5 x 16	2	6 Nm / 54 in-lbs	
27 (ST)	SHCS M8 x 35	410045	Shock Bolt, M8 x 35	1	16 Nm / 140 in-lbs	
27 (SL)	SHCS M8 x 35	410042	Shock Bolt, M8 x 35 Titanium	1	16 Nm / 140 in-lbs	
28 (ST)	M6 Shoulder Bolt, Left	410046	Shock Bolt Male, M8 x 25mm Shoulder, M6 Thread	1	16 Nm / 140 in-lbs	
28 (SL)	M6 Shoulder Bolt, Left	410043	Shock Bolt Male, M8 x 25mm Shoulder, M6 Thread, Titanium	1	16 Nm / 140 in-lbs	
29 (ST)	M6 Shoulder Bolt, Right	410047	Shock Bolt Female, M8 x 19mm Shoulder, M6 Internal Thread	1	16 Nm / 140 in-lbs	
29 (SL)	M6 Shoulder Bolt, Right	410044	Shock Bolt Female, M8 x 19mm Shoulder, M6 Internal Thread, Titanium	1	16 Nm / 140 in-lbs	
30	Bearing 61901	430001	12 x 24 x 6 2RS Radial Bearing	2	N/A	
31	Bearing 7902	430007	12 x 28 x 7 2RS MAX Angular Contact Bearing	4	N/A	
32	Bearing 6802	430008	15 x 24 x 5 2RS MAX Radial Bearing	2	N/A	
33	Guard Flack DT	500239	Flack Guard M16C Down Tube	1	N/A	
34	Guard Flack CS	500240	Flack Guard M16C Chain Stay	1	N/A	
35	Guard Flack SS	500245	Flack Guard M16C Seat Stay	1	N/A	
36	Protective Tape	500252	150mm x 30mm x 0.6mm	2	N/A	
37	Decal	500300	Decal California Bear	1	N/A	
38	Head Badge	500337	M16 Head Badge	1	N/A	
39	Front Triangle		Carbon, 4 Sizes	1	N/A	
40	Rear Triangle		Carbon, 1 Size	1	N/A	
41	Rear Shock		240 x 76	1	N/A	

ASSEMBLY

PREFACE //

Service and maintenance on an Intense bicycle requires special tools, abilities and knowledge of working on bicycles. It is always recommended to use an authorized Intense dealer for service and maintenance. Always wear eye protection. It is critical to use the proper tools, loctite, grease and torque specs during assembly. Failure to follow these instructions may result in serious bodily injury or death.

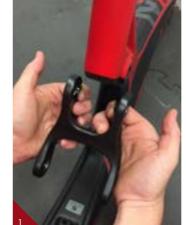
TOOLS NEEDED

- ·HIGH GRADE, WATERPROOF GREASE
 [MAXIMA WATERPROOF GREASE
 RECOMMENDED]
- •BLUE LOCTITE #243
- •5MM HEX WRENCH X2
- •6MM HEX WRENCH
- ∙8MM HEX WRENCH

RECOMMENDATION

USE GREASE ON LOWER LINKAGE BOLTS
ONLY. USE LOCTITE ON UPPER LINKAGE
BOLTS, DROPOUT BOLTS AND HANGER BOLT.















CONNECTING TOP LINK TO FRONT TRIANGLE //

A Hold narrow end of the link (PART #130767); hold upper spacer (PART #130789) against inside of bearing race. Match upper linkage to pivot on front triangle, making sure the spacers do not fall out (IMAGE #1). See exploded view for linkage orientation.

B Using upper pivot axle (PART #130780). Insert through left (non-drive) side of top link, making sure spacers do not fall out. Thread shoulder bolt (PART #130785) into upper pivot from opposite side of top link (IMAGE #2).

C Holding 5MM hex wrench on non-drive side of upper pivot axle, insert torque wrench into shoulder bolt on drive side and tighten to 175 in/lb (IMAGE #3).

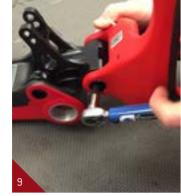
CONNECTING BOX LINK TO FRONT TRIANGLE //

A Hold bearing cap (PART #130778) with flat edge against the bearing of the box link (PART #130769) (IMAGE #4).

B Match box link (PART #130769) to front triangle pivot point and insert main pivot expander bolt (PART #130795) with greased threads through the non-drive side of the box link, holding bearing caps in place (IMAGE #5).

C Use 8MM hex wrench to thread main pivot expander bolt into box link, and torque to 60 in/lb (IMAGE #6).















A Follow previous steps to connect rear triangle to box link (IMAGES #7, 8 & 9).

INSTALLING ADJUSTER CONES //

A Grease and insert adjuster cone (PART #130807) into head of main pivot expander bolt (PART #130795) with M6 x 22 bolt (PART#410009) inserted through adjuster cone (IMAGE #10 & 11).

- **B** Tighten M6 x 22 bolt (PART #410009) with 5MM hex wrench to 125 in/lb (IMAGE #12).
- C Insert trim plugs (PART #140004) (IMAGE #13).













CONNECTING REAR TRIANGLE TO TOP LINK //

A Hold washer (PART #130784) against inside of top link mount, then bring the rear triangle forward matching upper pivot to top link (IMAGE #14).

B Match shoulder bolts (PART#130766) to top linkage, threading bolts into the rear triangle while holding washers in place between bearing and linkage (IMAGE #15 & 16), and tighten to 175 in/lb (IMAGE #17).

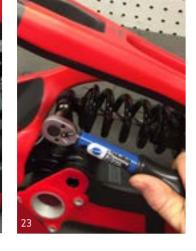
INSTALLING REAR SHOCK //

A Holding rear shock with reservoir up and forward, insert into frame from drive side above box link (IMAGE #18). Move into position, and insert shock end into front triangle (IMAGE #19).

B Install shock mount shoulder bolt (PART #410044) through the right side forward shock mount (IMAGE #20) and install shock bolt (PART #410043) through left side forward shock mount (IMAGE #21) and tighten to 140 in/lb.

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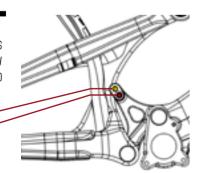
INSTALLING REAR SHOCK (CON'T) //

C Match rear shock to shock mount location on box link and insert M8 x 35 shock mount bolt (PART #410042) through drive side of box link shock mount and shock (IMAGE #22) and tighten to 54 in/lb (IMAGE #23).

ADJUSTABLE TRAVEL

THE BOX LINK SHOCK MOUNT FEATURES DUAL MOUNTING POSITIONS WHICH ALLOW YOU TO CHOOSE BETWEEN 215MM AND 241MM OF REAR TRAVEL.

UPPER MOUNT: 215MM -LOWER MOUNT: 241MM -



INSTALLING DERAILLEUR HANGER //

A Grease outer edges of derailleur hanger (PART #130790) and insert into frame from inside of rear triangle (IMAGE #24) matching derailleur hanger mount bolt (PART #130798) to hanger threads from outside the frame and tighten to 100 in/lb (IMAGE #25).









REAR AXLE INSTALLATION //

A The M16 Carbon uses a rear axle with an expanding system similar to the main pivot bolts on the box link (IMAGE #26). This insures a secure fit between axle and frame. To install rear axle (PART #130794), insert threaded end of axle through non-drive side of dropout until it reaches the female threads of the derailleur hanger. Insert a 5MM hex wrench into the drive side of the axle through the derailleur hanger (IMAGE #27) and thread counterclockwise into the derailleur hanger, hand tighten to approximately 100 in/lb (IMAGE #28). Grease the expander cone (Part #130807), insert M6 x 25 bolt (PART #410039) and tighten expander bolt to 125 in/lb (IMAGE #29).

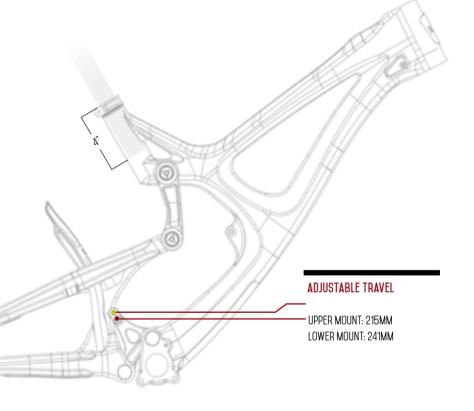


TORQUE CHART SET UP

20 Nm / 175 in-lbs - 16 Nm / 140 in-lbs – 20 Nm / 175 in-lbs - 6 Nm / 54 in-lbs Rear Axle 11 Nm / 100 in-lbs M6 HEX 14 Nm / 125 in-lbs M8 HEX 7 Nm / 60 in-lbs M6 HEX 14 Nm / 125 in-lbs M8 HEX 7 Nm / 60 in-lbs 16 Nm / 140 in-lbs M6 HEX 14 Nm / 125 in-lbs

SEATPOST

MAKE SURE TO INSERT SEAT POST AT LEAST 4" INTO THE MAIN FRAME. ANYTHING LESS THAN THIS AMOUNT COULD CAUSE DAMAGE TO THE FRAME OR EVEN FAILURE.



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TORQUE

OF INDIVIDUAL PARTS.

REFERENCE.

ADDITIONAL REFERENCE

ACHIEVING PROPER TORQUE IS VITAL TO

ENSURING THE SAFE PERFORMANCE AND

FUNCTION OF THE M16 CARBON FRAME.

FAILURE TO DO SO COULD RESULT IN SUB-

OPTIMAL PERFORMANCE OF YOUR FRAME

AS WELL AS PREMATURE WEAR AND TEAR

IN ADDITION TO THIS CHART, ALL TORQUE

VALUES ARE LASER ETCHED ONTO

CORRESPONDING HARDWARE FOR YOUR

SHOCK SETUP CANE CREEK DB COIL 241 X 76MM (9.5" X 3.0")



SET UP AND TUNE

PROPER SET UP AND TUNING CAN VARY FROM SHOCK TO SHOCK. PLEASE CONSULT THE CANE CREEK MANUAL INCLUDED WITH YOUR BIKE FOR COMPLETE INFORMATION ABOUT SET UP. TUNING AND GENERAL MAINTENANCE OR VISIT WWW.CANECREEK.COM/PRODUCTS/SUSPENSION

NOTE

COIL SPRINGS STOCKED IN 50 LB.
INCREMENTS FROM 350 TO 500

CANE CREEK

SHOCK SAG	SHOCK STROKE	FORK SAG
35% when sitting on the bike	76 mm (3.0")	25-30% when sitting on the bike

TRAVEL 216 MM (8.5°)		TRAVEL 241 MM (9.5")
RIDER WEIGHT (LBS/KGS)	SPRING WEIGHT (LBS)	RIDER WEIGHT (LBS/KGS)
140 LBS / 64 KGS		140 LBS / 64 KGS
150 LBS / 68 KGS	350	150 LBS / 68 KGS
160 LBS / 73 KGS	330	160 LBS / 73 KGS
170 LBS / 77 KGS	L	170 LBS / 77 KGS
180 LBS / 82 KGS	_	180 LBS / 82 KGS
190 LBS / 86 KGS	400	190 LBS / 86 KGS
200 LBS / 91 KGS		200 LBS / 91 KGS
210 LBS / 95 KGS	450	210 LBS / 95 KGS
220 LBS / 100 KGS	450 —	220 LBS / 100 KGS
230 LBS / 104 KGS		230 LBS / 104 KGS
240 LBS / 109 KGS	500	240 LBS / 109 KGS
250 LBS / 113 KGS		250 LBS / 113 KGS
260 LBS / 118 KGS		260 LBS / 118 KGS
270 LBS / 122 KGS		270 LBS / 122 KGS

MAINTENANCE

GENERAL SERVICE AND CARE //

You have purchased a high performance bicycle which requires a certain level of service and maintenance to sustain the level of performance your frame was designed around. Proper care will also ensure the bike is safe to ride at all levels. It is important to read and understand the carbon care information as well as follow the maintenance schedule and inspect your bicycle before each ride. These will not only help to limit or avoid costly repairs but will also help to avoid injury due to service neglect and component failure.

CARBON CARE

INTENSE CYCLES EMPLOYS ADVANCED COMPOSITE TECHNIQUES AND MATERIALS IN OUR FRAMES WHICH DO REQUIRE A CERTAIN LEVEL OF CARE AND MAINTENANCE TO ENSURE A SAFE EXPERIENCE AT THE HIGH LEVEL OF PERFORMANCE EACH FRAME IS DESIGNED AROUND. NOT FOLLOWING THESE GUIDELINES WILL DECREASE THE LEVEL OF PERFORMANCE AND POSSIBLY CAUSE INJURY OR DEATH.

- Use a soft cloth with warm soapy water to clean the carbon surfaces. Do not use abrasive cloths or cleaners.
- Be sure all frame surfaces in contact with cables are protected. Cable housing rubbing on carbon can wear over time.
- Be sure brake levers, handle bar ends and the fork crown do not contact the frame at full rotation.
- Never clamp any part of a carbon frame in a bike stand or car rack.
- Always inspect your frame if you experience any chain suck. Intense frames come equipped with steel chain suck plates but damage can still be done in the event of chain suck.
- Always inspect your frame in full after a crash to be sure there is no damage. Look for cracks, dents or loose fibers. If you discover damage in any degree it's best to have your frame inspected by a qualified Intense Cycles dealer. Any direct impact to the frame can cause serious structural damage.
- Use high grade waterproof grease on seat post, BB and head set bearing contact areas with the carbon
- · Never ream or face a carbon frame.
- · Be sure to follow all recommended torque settings.





MAINTENANCE SCHEDULE*

	ACTION	EVERY RIDE	500 MILES OR 1 Month	2000 MILES OR 6 Months	4000 MILES OR 1 Year
TIRES	Check air pressure, inspect tread and sidewalls for tears and punctures	Χ			
CHAIN	Brush off and lubricate	Х			
BRAKES	Squeeze brakes and confirm function	Х			
GENERAL	Clean complete bike of mud and debris		Х		
HEADSET	Check adjustment		Χ		
BOX LINK	Add grease thru zerk fittings		Х		
FRAME PIVOTS	Check torques		Х		
SPOKES	Inspect for damage, check tension		Χ		
SHOCK AND FORK	Check air pressure, inspect for leaks		Χ		
DERAILEUR CABLES	Inspect and lube			Χ	
SEATPOST	Clean and regrease interface with frame			Χ	
FRAME PIVOTS	Remove pivot bolts, check bearings for pitting and wear			Χ	
HEADSET	Disassemble stem, headset and fork. Check bearings for pitting and wear			Х	
HUBS	Pull wheels off, check hub bearings for pitting and wear			Χ	
BOTTOM BRACKET	Remove crank arms and check BB bearings for pitting and wear			Χ	
BRAKES	Replace brake pads			Χ	
CHAIN	Inspect for damage and check for stretching			Χ	
GENERAL	Complete Tune-Up				X
SHOCK AND FORK	Overhaul		See MFG	Recommendations	
	'				

* THE ABOVE MAINTENANCE SCHEDULE IS ONLY A GUIDELINE, REFER TO COMPONENT MANUFACTURER FOR SPECIFIC INSTRUCTION ON MAINTAINING THEIR PARTS

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