

Spaced Practice Schedule

- 1. One Minute**
- 2. Five Minutes**
- 3. 20 Minutes**
- 4. 2 Hours**
- 5. Just Before Bed**
- 6. Next Day**

WowzaTips™

To review effectively, your child must “pull out” the material from memory. See blog post *Spaced Practice: The Little-Known Marvel for Enhancing Memory* at WowzaBrain.com for more.