

THE HEART OF CREATION (Collected Talks V)

CD1		66:12
	1 The Art of Unlearning	16:58
	2 A Way of Beginning	17:34
	3 The Constant Return to the Mantra	17:25
	4 Tension and Attention	14:14
CD 2		69:42
	1 Essentially Free	16:58
	2 What Jesus has Done	17:12
	3 The Unreality of Fear	17:39
	4 Surface and Depth	17:52
CD 3		72:11
	1 The Mantra and Boredom	13:35
	2 Liberty and Detachment	12:21
	3 The Supreme Reality	17:18
	4 Two Words from the Past	14:33
	5 At One with the Light	14:24

CD 4	77:39
1 Fulfillment through Dispossession	18:34
2 Beyond Motivation	17:01
3 Meditation and Work	12:22
4 Cosmic Poverty	14:16
5 Seeing through Our Selves	15:25
CD 5	65:08
1 Created to be Light	12:50
2 The Real Christian Scandal	13:44
3 All or Nothing	12:19
4 Kissing the Joy as it Flies	10:31
5 The Birth of Christ	15:43
CD 6	68:48
1 The Process of Reduction	16:33
2 Focus on the Real	15:14
3 Trying to Placate God	13:20
4 Questions and Responses	23:40

CD 7		45:34
1	The Essential Elements of Meditation	16:43
2	The Path Forgetful of Itself	13:58
3	Created for Love	14:51

Music: Margaret Rizza *Take, Lord* ©Kevin Mayhew Ltd