

CONTENTS

<i>Foreword by Laurence Freeman</i>	<i>vii</i>
<i>Preface</i>	<i>ix</i>
<i>Acknowledgements</i>	<i>xi</i>
Daily Readings for:	
JANUARY	1
FEBRUARY	32
MARCH	61
APRIL	92
MAY	122
JUNE	153
JULY	183
AUGUST	214
SEPTEMBER	245
OCTOBER	275
NOVEMBER	306
DECEMBER	336
<i>Works by and about John Main</i>	<i>367</i>
<i>The World Community for Christian Meditation</i>	<i>370</i>
<i>The World Community for Christian Meditation Centres and Contacts Worldwide</i>	<i>371</i>