

CONTENTS

Acknowledgements	viii
Foreword	xi
Editor's Note to this Edition	xv
Madeleine Simon	xix
Introduction	1
1. The Pedigree of Christian Mantra Meditation	9
2. The Way to Teach or To Teach the Way	20
3. The First Years	31
4. The Home	43
5. The Fostering of Wonder	51
6. The Risen Christ	66
7. Scripture, Story-telling and Meditation	75
8. Jesus at Home	91
9. Jesus and the Church	101
Children	107
Epilogue	108
How to Meditate	109
End Notes	110
Further References	116
Appendix 1: The 'Coming Home' Experience	121
Appendix 2: Lectio Divina	125
The World Community for Christian Meditation	128