Working alone creates unique risks to the health and safety of your workers. You must take all reasonable steps to reduce these risks and take into account that many activities are riskier if carried out alone.

Your health and safety obligations to workers who work alone are the same as for any worker – you must take all reasonably practicable steps to eliminate or reduce the risks to their health and safety. However, those who work alone can be at greater risk and therefore require a higher level of diligence to keep them safe.

This eBook will outline the common health and safety risks to workers who are working alone, and what you need to do to reduce them.

You will learn how to:

- identify the hazards to workers who work alone;
- assess the risks that may result from the hazards you have identified;
- determine what control measures to introduce to reduce those risks; and
- implement effective control measures such as a working alone policy.

YOUR EXPERT



MICHAEL SELINGER LLB, BA (Hons) (ANU)
Partner, Holding Redlich Lawyers

Michael Selinger is Partner in the Sydney office of Holding Redlich. He practises in all areas of workplace relations with a special focus on occupational health and safety. He has extensive litigation experience in employment disputes and defending health and safety prosecutions. Michael is also a regular presenter of seminars and training on workplace issues.

QUICK REFERENCE GUIDE



Example



Tip / Important



Checklist



Definition



Step-by-Step



Caution



Case Law

CONTENTS

When might a worker be working alone?	1
What are the health and safety risks of working alone?	1
How to manage health and safety risks for workers who work alone	3
Identifying hazards to workers who work alone	3
Checklist: What to consider when identifying hazards	3
Assessing risks to workers who work alone	4
Checklist: What to consider when assessing risks	5
Determining control measures to manage risks to workers who work alone	5
Working alone policy	7
Checklist: How to control the risks of working alone	7
Checklist: What to include in a working alone policy	8
Training and instruction	9
Communication	9
Emergency planning	10
Checklist: What to consider when implementing an EMP	10
Security measures	11
Monitoring	12
Accommodation	12
Template: Working Alone Policy	14
Template: Working Alone Risk Assessment Checklist	15