

NORTH SPORE

GROW YOUR OWN KING TRUMPET MUSHROOM KITS

THANK YOU FOR PURCHASING A MUSHROOM GROW KIT FROM US! WE HOPE THAT IT IS JUST THE BEGINNING OF YOUR JOURNEY GROWING MUSHROOMS.

Please read through the detailed FAQ on our website www.NorthSpore.com and make sure to follow us on Instagram! @northsporemushrooms

1. Your King Trumpet Mushroom Grow Kit is an amended sawdust block that has been completely colonized by King Trumpet mushroom mycelium. Before opening your bag at all, you should check your block closely and look for mushroom “pins” (another word for baby mushrooms). When your block looks like the second photo to the right, cut around the circumference of the bag 1-2 inches above the block while leaving one 2 inch section uncut. The bag should form a clamshell-shaped enclosure around the block and allow you to both cover the block and pull the plastic back to reveal the block to open air.
2. Place your sliced bag in the most humid part of your home and out of direct sunlight. King Trumpets especially love cold places. The top of the bag that can clamshell open or closed will act as a humidity tent for your mushroom block. Leave it mostly closed but if the mushrooms are growing strange, open up the plastic flap a bit to allow more airflow or cut 1/2 inch holes in the top of the bag. Spray your block and the inside of your bag with water daily.

THIS IS IMPORTANT

Mushrooms exhale CO₂ and inhale Oxygen. *They will suffocate themselves if there isn't adequate airflow!* King Trumpets that looks stringy or strange are usually growing that way because they need more air!

3. Harvest your mushrooms when they resemble the photograph on the front of your kit! Be sure you harvest before the caps flatten out and become concave. Mushrooms grow quickly so keep a close eye on them when you spot your first mushroom pins. The warmer the environment the faster they will grow. Mushrooms should be ready to harvest 3-7 days after pin formation.
4. We guarantee the first harvest of King Trumpet mushrooms, but you may choose to attempt a second, third, or even fourth fruiting off your block. Second flushes are somewhat difficult with King Trumpets, but give it a try! After you harvest your first flush, we recommend giving your block a one week break by leaving it alone and not spraying it with water. After one week, soak your block in cold water for 20 minutes, drain any water that may have been caught in the bag, and then restart the process of spraying your block with water daily!

IF YOU PLAN ON CONSUMING YOUR HOME-GROWN MUSHROOMS

Make sure to cook them thoroughly. If it is your first time eating this species, it is best to start with a small amount to see how your body responds!

