

North Spore, LLC  
Energy  
Certificate of Analysis

WORKS

**Date:** December 2, 2021  
**Active Amount per Capsule:** 500 mg  
**Serving Size:** 1 capsule  
**Fill Count:** 60 ct

**Composition:**

**Active Ingredients:**

Proprietary Blend  
Organic Cordyceps Fruiting Body Extract (10:1)  
Organic Reishi Fruiting Body Extract (8:1)  
Organic Turkey Tail Fruiting Body Extract (8:1)

**Other Ingredients:**

Vegetable Capsule (Pullulan)

**Lot Number:** 202081595  
**Expiration Date:** 11/2025  
**Manufacturing Date:** 11/01/2021  
**Kosher Certified:** Yes  
**Preservatives:** None

**Microbiology:**

<u>Test Attribute</u>	<u>Specification</u>	<u>Test Method</u>	<u>Result</u>
Total Plate Count	<100, 000 CFU/g	AOAC 990.12	9,000 CFU/g
Mold	<10, 000 CFU/g	AOAC 2014.05	<1,000 CFU/g
Yeast	<10, 000 CFU/g	AOAC 2014.05	<1,000 CFU/g
Coliforms	<1, 000 CFU/g	AOAC 991.14	<10 CFU/g
E. Coli	ND in 10g	AOAC 991.14 & 2017.01	ND in 10g
Staph. Aureus	ND in 10g	AOAC 2003.07	ND in 10g
Salmonella	ND in 10g	AOAC 2013.09	ND in 10g

**Analytical:**

<u>Test Attribute</u>	<u>Specification</u>	<u>Test Method</u>	<u>Result</u>
Beta Glucan 1-3, 1-6	Report Only	UV-VIS	<u>37.61 %</u>

**Heavy Metals:**

<u>Test Attribute</u>	<u>Specification</u>	<u>Test Method</u>	<u>Result</u>
Lead	<0.5 mcg/day	ICP-MS	0.07 mcg/day
Inorganic Arsenic	<10 mcg/day	ICP-MS	0.151 mcg/day
Cadmium	<4.1 mcg/day	ICP-MS	0.079 mcg/day
Mercury	<2.0 mcg/day	ICP-MS	<0.000 mcg/day

**Caution and Storage:**

Store away from direct sunlight, excessive heat and cold.

**Allergens:**

To the best of our knowledge, this product does not contain any milk or dairy, egg, fish, shellfish, tree nuts, peanuts, wheat, gluten or soy. The items on this COA have not been tested to verify as such.

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VITALITY WORKS

**GMO Statement:**

To the best of our knowledge, no materials used to manufacture this product contain any Genetically Modified Organisms (GMO's). The item on this COA has not been tested to verify as such.

**Statement of  
Continuous Guarantee:**

Vitality Works hereby guarantees that no article listed herein is adulterated or misbranded within the meaning of the Federal Food, Drug, and Cosmetic Act, or is an article which may not, under the provisions of section 404, 505, or 512 of the act, be introduced into interstate commerce.

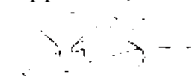
**Country of Manufacture:**

United States

**State of Manufacture:**

New Mexico

Approved,



Shawn Bourassa,  
Quality Control