

North Spore, LLC
Cognition Capsules
Certificate of Analysis

WORKS

Date: December 1, 2021
Active Amount per Capsule: 500 mg
Serving Size: 1 capsule
Fill Count: 60 ct

Composition:

Active Ingredients:

Proprietary Blend
Lion's Mane Fruiting Body (8:1)
Cordyceps Fruiting Body (10:1)
Reishi Fruiting Body (8:1)

Other Ingredients:

Vegetable Capsule (Pullulan)

Lot Number: 202081593
Expiration Date: 11/2025
Manufacturing Date: 11/02/2021
Kosher Certified: Yes
Preservatives: None

Microbiology:

<u>Test Attribute</u>	<u>Specification</u>	<u>Test Method</u>	<u>Result</u>
Total Plate Count	<100, 000 CFU/g	AOAC 990.12	7,000 CFU/g
Mold	<10, 000 CFU/g	AOAC 2014.05	<1,000 CFU/g
Yeast	<10, 000 CFU/g	AOAC 2014.05	<1,000 CFU/g
Coliforms	<1, 000 CFU/g	AOAC 991.14	<10 CFU/g
E. Coli	ND in 10g	AOAC 991.14 & 2017.01	ND in 10g
Staph. Aureus	ND in 10g	AOAC 2003.07	ND in 10g
Salmonella	ND in 10g	AOAC 2013.09	ND in 10g

Analytical:

<u>Test Attribute</u>	<u>Specification</u>	<u>Test Method</u>	<u>Result</u>
Beta Glucan 1-3, 1-6	Report Only	UV-VIS	19.33%

Heavy Metals:

<u>Test Attribute</u>	<u>Specification</u>	<u>Test Method</u>	<u>Result</u>
Lead	<0.5 mcg/day	ICP-MS	0.028 mcg/day
Inorganic Arsenic	<10 mcg/day	ICP-MS	0.0655 mcg/day
Cadmium	<4.1 mcg/day	ICP-MS	0.042 mcg/day
Mercury	<2.0 mcg/day	ICP-MS	0.0355 mcg/day

Caution and Storage:

Store away from direct sunlight, excessive heat and cold.

Allergens:

To the best of our knowledge, this product does not contain any milk or dairy, egg, fish, shellfish, tree nuts, peanuts, wheat, gluten or soy. The items on this COA have not been tested to verify as such.

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VITALITY WORKS

GMO Statement:

To the best of our knowledge, no materials used to manufacture this product contain any Genetically Modified Organisms (GMO's). The item on this COA has not been tested to verify as such.

**Statement of
Continuous Guarantee:**

Vitality Works hereby guarantees that no article listed herein is adulterated or misbranded within the meaning of the Federal Food, Drug, and Cosmetic Act, or is an article which may not, under the provisions of section 404, 505, or 512 of the act, be introduced into interstate commerce.

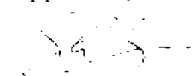
Country of Manufacture:

United States

State of Manufacture:

New Mexico

Approved,



Shawn Bourassa,
Quality Control