

## Microblading Aftercare Instructions

- 4-5 hours after the procedure
  - Clean the area with sterile/distilled water and a clean cotton pad to remove the numbing cream. Allow the area to air dry.
- First 10 days after the procedure:
  - Dry skin-After 4 days of dry healing, apply Grape seed oil sparingly.
  - Oily skin - Pat the area with a cotton pad moistened with sterile/distilled water every night.
  - Do not use tap(or unsterile)water, cleansers, creams, makeup or any other products on the treated area.
  - Avoid strenuous physical activity to prevent sweating(which will impact the pigment retention).
  - Avoid sleeping on your face; try sleeping on your back or side instead.
  - As part of the normal healing process, the treated area will begin to scab 5–7 days after the treatment. Do not rub, pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off to avoid scarring.
  - If heavy scabbing and/or itchiness occur, use a small amount of Grape Seed Oil on the area with a clean cotton swab.
  - As the scabs **flake** off, the pigment may disappear. Do not be alarmed. The color will return within 3 – 5 weeks.
- Three - four weeks after the procedure:
  - Avoid direct sun exposure or tanning.
  - No facials, Botox, chemical treatments or microdermabrasion.
  - Once the scabbing process ends (approx.14–21 days after the procedure) begin using sunscreen to protect your eyebrows.
  - Do not judge the way your brows look until you have reached six full weeks of healing.

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- Six weeks after procedure:
  - Fully healed brows. Now you're ready for your follow up appointment.
  - Continue to use sunscreen on your brows every day to prevent premature fading.
  - Do not use Retin-A or any acids (glycolic, AHA, etc.) on your brows.

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Follow Up Appointment Date- \_\_\_\_\_

Microblading Technician: \_\_\_\_\_

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