CHAPTER 4

Eating & Drinking

COMPETENCIES: Understanding restaurant procedure
Saving money at the supermarket
Understanding steps in recipes
Using supermarket ads

GRAMMAR FOCUS: The future: will vs. going to
The future continuous
The future possible conditional
Two-word verbs

READING SKILLS: Recognizing the steps in a process
Recognizing definitions and explanations

WRITING SKILLS: Writing steps in a process
Using future verb forms
A. To prepare to read, tell a short story about each picture. The listed vocabulary may give you ideas.

- set aside potatoes to bake
- cook them in their skins
- peel and boil them
- make potato salad
- mash some for potato soup
- serve creamed potatoes

- combine the ingredients
- stir the mixture in a saucepan
- over moderate heat
- pour it into a shallow buttered pan
- spread it out evenly
- follow the recipe exactly

- cut down on expenses
- cut out newspaper coupons
- the fresh produce section
- canned and frozen goods
- packaged and labeled
- name and store brands
- stock up on items
- the check-out counter

- can't afford elegant restaurants
- celebrate our anniversary
- make reservations
- a parking attendant
- the hostess and the head waiter
- a cocktail and an appetizer
- an entree, dessert, and coffee
- a credit card and a tip
B. Read these four stories quickly. In the box of each picture in Exercise A, write the number of the corresponding story 1–4. Then underline the most general sentence of the story—the one sentence that summarizes the writer’s plans. (It is not necessarily the first sentence.)

1. How to Enjoy an Elegant Restaurant

We usually eat at home or in inexpensive coffee shops because we can’t afford elegant restaurants. But next week is our tenth wedding anniversary. I’m going to take my husband to the most romantic place in town for this special yearly celebration. The first step is to make reservations, of course, and as part of these advance plans, I may tell the restaurant to make up a special anniversary cake as a surprise for him. That night we’ll get dressed up. When we arrive at the restaurant, a parking attendant is going to open the car doors for us and then park the car. Inside, the hostess—the woman in charge of the dining room—will check on our reservations, and the headwaiter will show us to our table and pull out my chair for me to sit down. We won’t have a cocktail (a before-dinner drink), but I’ll be ordering a bottle of wine to have with our meal. We’ll pick out an appetizer (a small dish to start with) and an entree (the main dish), eat an elegant meal, and have the cake for dessert with coffee. When the waiter brings me the check, I’ll pay it with our credit card and add a tip of 15 percent as an extra payment for good service. Finally we’ll thank everyone, get our car from the parking attendant and tip him, and drive home to continue our very special, romantic evening.

2. How to Save Money at the Supermarket

We have to take steps to cut down on expenses and spend less at the supermarket. So first of all my daughter and I are going to cut out newspaper coupons so we can use these clippings to get discounts on certain products. Second we’ll make out a list of the foods we need. We won’t be hungry when we start out on our trip. At the market we’re going to begin at the fresh produce section and buy only fruits and vegetables in season (because they’ll be much cheaper at this time of year). Next, if canned or frozen goods are on our list, we’ll be buying the house brand (the kind packaged and labeled by the store) instead of the more expensive name brands (the kinds sold by famous manufacturers). If our family can use it, we’ll reach for the larger size (the one that costs less per ounce). We’ll be looking for advertised specials and stock up on those items, but we’ll avoid those that aren’t a better buy or bargain than the products we usually get. After we get everything on our list, I’ll head for the check-out counter. And while I’m waiting in line, my daughter will probably be picking up a few things she thinks she needs—T.V. dinners, desserts, shampoo, a few magazines, some stationery, a record or two, some clothing, and . . . . It’s going to be difficult to save money at the supermarket.
3. How to Make Fudge

This evening, to make one pound of candy, I'm going to combine the ingredients in a heavy saucepan (a small pot)—two cups of sugar, two-thirds of a cup of evaporated milk, two tablespoons corn syrup, and three tablespoons of butter in a saucepan. I'll stir this mixture while I bring it to a boil over moderate heat. Then I'll drop a little of it into a cup of cold water. If it forms a ball, I'll know it's ready, so next I'll add a teaspoon of vanilla and maybe some chopped nuts. After that I'll pour the mixture into a shallow buttered pan and spread it out evenly. Finally I'll let it cool and cut it into squares. I'm sure that if I follow the steps in this recipe for vanilla fudge carefully, it will become a family favorite. Next time I may add chocolate.

4. How One Person Can Use Five Pounds of Potatoes

I live alone, but I'd still like to save money on groceries, so I just bought a five-pound bag of potatoes. I don't want them to get old before I can use them, of course. There are many ways to prepare potatoes, so I'm going to follow several steps to prepare them right away. First I'll set aside a few big ones to bake later this week. Second I'll peel the rest (or maybe I won't remove the skins) and boil them in a big pot. Third I'm going to cut up the boiled potatoes, freeze some of them, and put the others in the refrigerator. Tomorrow when I get home from work I'll fry some of these for dinner and make potato salad from some of the others for my lunches. On another day I may boil some potatoes for about ten minutes, add some onion, mash or put them in the blender, and add milk, butter, and salt for potato soup. And if I have company next week, I can serve either potatoes with cheese sauce or creamed potatoes—with white sauce and butter.

Improving Reading and Vocabulary Skills

*C. Write questions about the main ideas of the four stories you read. To get a classmate to retell a story, ask him or her the questions in order.

A practical story may describe the steps of a process (how to do something). These instructions may be the important part of the story.
D. Each story you read tells or suggests the steps to follow in a specific situation. On the line before each step, write the letter of process a–d. Use each letter four times.

a. how to enjoy an elegant restaurant
b. how to save money at the supermarket
c. how to make fudge
d. how one person can use five pounds of potatoes

1. _____ Set aside some potatoes to bake later and boil the rest.
2. _____ I'll make reservations and order a special anniversary cake in advance.
3. _____ Combine the ingredients in a heavy saucepan and stir the mixture while you bring it to a boil.
4. _____ At the restaurant, a parking attendant will open the car doors and park the car for us.
5. _____ Cut them up and freeze or refrigerate them.
6. _____ Fry some and use others for potato salad.
7. _____ We won't have a cocktail, but we'll order an appetizer, entree, and coffee with dessert.
8. _____ I'll pay for it with our credit card and add a tip.
9. _____ We're going to cut out coupons and make a shopping list.
10. _____ Drop a little of it into cold water to see if it forms a ball.
11. _____ At the market we'll get produce in season.
12. _____ We'll be buying the house brand and the larger sizes of canned, frozen, and packaged goods.
13. _____ Add vanilla and chopped nuts and spread out the mixture in a shallow pan.
14. _____ We'll stock up on advertised specials if they're good buys.
15. _____ Make potato soup, potatoes with cream sauce, and creamed potatoes.
16. _____ Let it cool and cut it into squares.

*E. Can you think of any other steps for the situations in the stories? Tell the class.
F. Look back at the stories to find a definition or an explanation of each word or expression and write it on the line.

How to Enjoy an Elegant Restaurant

1. reservations = ____________________________
2. a cocktail = ____________________________
3. an appetizer = ____________________________
4. an entree = ____________________________
5. a tip = ____________________________

How to Save Money at the Supermarket

6. coupons = ____________________________
7. fresh produce = ____________________________
8. the house brand = ____________________________
9. name brands = ____________________________

How to Make Fudge

10. a saucepan = ____________________________

How One Person Can Use Five Pounds of Potatoes

11. peel = ____________________________
12. creamed potatoes = ____________________________

*G. Play a vocabulary game. In small groups, list words or expressions associated with eating and drinking. (Set a time limit.) Then choose five of the most difficult new words (Examples: hors d'oeuvres, a gratuity, sauté). In turn, one student in each group reads aloud one of the words. On a slip of paper, all other teams write an explanation of the word as it might appear in a dictionary. Even if they know the meaning, they make up one that only sounds correct. At the same time, the first group copies the correct definition from the dictionary. The instructor then collects all the slips of paper, mixes them up, and reads them aloud. All teams except the first (the one that wrote down the dictionary definition) "vote" on the correct explanation. Each group that picks it out correctly gets a point. (If no team guesses correctly, then the first group gets the point.) The team with the highest score at the end of the game is the winner.
PART TWO / WRITING YOUR OWN STORY

- Steps in a Process - Future Tense Forms - Repetition and Pronoun Reference

A. Complete this sentence to make a general statement about a process.

To ____________________________, I'm going to follow certain steps.

EXAMPLES: ... go to a fast-food restaurant; ... make barbecued chicken; ... start a diet; ... plan a picnic

B. To write your story, answer these questions in time order in paragraph form.

1. What are you going to do first? Second? Third?

2. What will you do after that? Next? Then? Finally?

In a story about the future, you will probably use future tense forms (going to and the simple and continuous forms of will). If a future sentence has a part that begins with if, when, as soon as, after, or another time expression, use a present tense form. Read the following example.

How to Make Brownies

My daughter and I will be making (future continuous) brownies tonight. First we're going to melt (simple future) chocolate with butter in a saucepan over low heat. After we take (simple present) it off the stove, we'll stir (simple future) the mixture well. Next . . . .

C. In each blank, write the correct present or future form of the verb. (There may be more than one correct answer.)

In the future we ________ to cut down on expenses for groceries. First of all when

1. have

my daughter and I ________ newspaper and magazine coupons for products that we

2. see

already use, we ________ them out. Next we ________ the supermarket ads in

3. clip

4. study

the food section, and if one store ________ a lot of special offers as well as usual low

5. have

prices, we ________ there this week. After we ________ out the week's meal

6. shop

7. make

plan and ________ something, we ________ to the market.

8. eat

9. go
When you write about a process, you should describe one step after another. To make clear that you are going to present a new step, you can use connecting words (first, second, after that, next, when, after, etc.). You can also repeat important words and phrases, use words with similar meanings, and refer to previous words with pronouns (it, they, this, those, etc.).

D. Circle the correct pronoun and write the missing word in each blank.

How to Use Five Pounds of Ground Meat

I just bought five pounds of ground meat and I'm going to prepare [it/this] in various ways. After I press some of [it/them] into patties, I'll place waxed paper between [that/them]. Next I'll put [that/these] ________ into a plastic bag before I freeze [this/them]. After that I'm going to put the rest of the ground ________ in a bowl, chop an onion into [it/that], and mix in an egg for every pound of __________. Finally I'll shape most of [they/this] mixture into loaves and put [they/those] into the freezer, too. The rest of the __________ will be useful for meatballs. I'll make [it/them] and then freeze [them/this] on a cookie sheet. When I make spaghetti, I'll add the __________.

E. If necessary, correct the present and future verb forms, the connecting words (then, after, when, finally, etc.), the repeated words, and the pronouns in your story from Exercise B.

F. Work in small groups. Read your stories aloud. As each student reads, another student pantomimes (shows by gestures) the steps in the process. The other students make notes on the steps and then tell if they are clear enough to follow or not. If possible, follow the steps in your notes (go to the place, cook the food, try the recipe, etc.) and then tell the class about your experience.
In the weekly food section of most newspapers, there are usually large supermarket ads. Each ad will tell readers the specials that store is offering for the coming week. If you can compare the sale price to the usual price, you may be able to find a few good buys. You shouldn’t waste gasoline and time by going to many different stores, but you may choose to shop at the one with the most bargains and the lowest general prices. Coupons and other kinds of offers may interest you, too, but they probably won’t save you much money.

A. From the information in this ad, answer these questions. Then ask one another other questions about it.

<table>
<thead>
<tr>
<th>The Health Habit</th>
<th>Natural Foods</th>
<th>Organic Vegetables</th>
<th>Natural Vitamins</th>
</tr>
</thead>
<tbody>
<tr>
<td>cauliflower</td>
<td>89¢ lb.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Indian River Oranges</td>
<td>the juiciest! 2 lb. bag $2.99</td>
<td>the sweetest!</td>
<td></td>
</tr>
<tr>
<td>Bayou Delight Shampoo</td>
<td>14 oz. bottle $3.29</td>
<td>Brighten!</td>
<td>Conditional</td>
</tr>
<tr>
<td>Dr. Walker’s Hiking Pads</td>
<td>$2.12</td>
<td>Extra soft insoles</td>
<td>for cushioned walking</td>
</tr>
<tr>
<td>Vigorous Life Vitamins</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>large size:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>$3.50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A</td>
<td>$4.70</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>$6.20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Health Habit</td>
<td>222 Muhe Ave.</td>
<td>Hartfelt, Arizona</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>555-2222</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:00 - 4:00 Mon-Sat</td>
<td>10:00 - 3:00 Sun</td>
<td></td>
</tr>
<tr>
<td>Poppy’s peaches</td>
<td>93¢ lb.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>avocados</td>
<td>59¢ ea.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>cereal, nuts, &amp; dried fruit:</td>
<td></td>
<td>That’s all!</td>
<td></td>
</tr>
<tr>
<td>oats, wheat, rice, and barley flakes</td>
<td></td>
<td>dried prunes, dates, apricots, figs, and coconut</td>
<td></td>
</tr>
<tr>
<td>cashews, hazelnuts, almonds, filberts</td>
<td></td>
<td>14 oz. box $2.53</td>
<td></td>
</tr>
<tr>
<td>watermelon</td>
<td>25¢ lb.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Organically Grown Melons</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>honeydews 4/$2.00</td>
<td>persian .95 ea.</td>
<td>cantalope 4/1.29</td>
<td></td>
</tr>
</tbody>
</table>
1. What kind of food can you get at The Health Habit? ________________

2. What’s the price of one avocado? ________ One honeydew melon? ________
   One pound of oranges? ________ Three pounds of peaches? ________

3. What kind of cereal does the store sell? ________________
   What are the three main ingredients? ______________________
   How big is one box? ________

4. What kinds of vitamins are on sale? ________________

5. What nonfood items does the store sell? ________________

6. What would you like to buy? ________________________
   Why?

B. To match these “special offers” with the descriptions, write the letters A, B, C, or D on each line.

A. Vons Lowest Everyday Prices On Film Developing
   12 Exposure Roll
   24 Exposure Roll
   36 Exposure Roll
   50 Disc Film—15 Exp.
   100 Disc Film—15 Exp.

B. SAVE 20¢
   WHEN YOU BUY TWO ROLLS OF
   HELPING HAND
   TOWELS
   Every time you buy Helping Hand Towels you help
   children with special needs.
   BII-2 MANUFACTURER'S COUPON FOR COUPON OFFER
   NECESSARY SAVINGS CIRKULAR
   Expiration date: 10/31/1987.

C. HERE'S HOW HUGHES REDEEMS OTHER SUPERMARKETS COUPONS
   Coupons issued by local supermarkets in Los Angeles, Ventura, San Bernardino and Orange counties
   may be redeemed for face value if not expired and subject to the following conditions and/or exceptions:
   1. Only one coupon of any kind per item. No combination of coupons allowed.
   2. Applies only to merchandise regularly available at Hughes Markets. Substitutions for other supermarket's
      branded products will be determined by Hughes Markets. Equivantor value will be offered if possible.
   3. Fresh, Frozen, and Sliced Meats or Deli products excluded.
   4. Coupons for trip or any greater multiple value of manufacturer's coupons not accepted.
   OFFER SUBJECT TO REVISION OR CANCELLATION WITHOUT NOTICE.

D. SAVE $3.00
   On General Use Tickets
   FREE?
   MAGIC MOUNTAIN
   Childs Admission
   Buy tickets at any VONS.
   TOTAL SAVINGS $1.50.

1. ______ This store offers services for people who take pictures.

2. ______ You can use this coupon at any time to save money on this product, which a special kind of company has produced.

3. ______ This market has established special rules to attract customers who like to use coupons.

4. ______ If you buy over $20 worth of groceries, you might be able to save money on family entertainment.
C. These ads for products are from the same newspaper of the same date but from different stores. In each group of ads, circle the one that you think is the best buy. Tell the reasons for your answers.

1. a. Sweet Corn 6 for $1.00
   b. California Sweet Corn 15¢

2. a. Laura Scudder's Potato Chips 79¢
   b. Lay's Potato Chips 99¢

3. a. Ralph's Hot Dog or Hamburger Buns 4¢
   b. 8 pack-Hamburger or Hot Dog Buns 39¢ Save 17¢

4. a. Lady Lee Pork & Beans 69¢
   b. Van Camp's Pork & Beans 79¢
   c. Temporary Price Reduction 30 oz.-Hunt's Pork & Beans 69¢ Save 22¢
**D.** Use supermarket ads from a local newspaper to find the price for each of these items this week. (If several markets are advertising the same item, find the best buy.) Write the information on the lines.

<table>
<thead>
<tr>
<th></th>
<th>Price/Amount</th>
<th>Name of Market</th>
</tr>
</thead>
<tbody>
<tr>
<td>ground meat</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(hamburger)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>potatoes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a kind of fruit:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a kind of vegetable:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>milk</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a kind of cheese:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a kind of juice:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>sugar</td>
<td></td>
<td></td>
</tr>
<tr>
<td>coffee</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**E.** From the same ads, plan three meals for your family from the advertised specials. Write the name of each food, the brand, if any, and the special price. Then total the prices.*

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
<th>Dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**F.** With a classmate, shop for one or more of the above meals. Prepare the food and enjoy the meal.*

PART FOUR / QUESTIONS AND ANSWERS

A. In small groups, decide on the correct answers to these questions. (Circle the letters.) To play a game, you can set a time limit. Then correct your answers. The group with the highest score (out of 20) is the winner.

1. Food prices will generally be highest in a _____.
   a. coffee shop  b. snack bar  c. hotel restaurant

2. You can't usually get a full dinner at a _____.
   a. bar  b. chain restaurant  c. cafeteria

3. Some common ____ are shrimp cocktails and hors d'oeuvres.
   a. cocktails  b. appetizers  c. entrees

4. Some common entrees are _____.
   a. fruits and vegetables  b. meat, fish, and chicken  c. pie and cake

5. Americans or Canadians usually have coffee _____.
   a. only during their meal  b. only after their meal  c. either during their meal or after it

6. At most restaurants, you'll probably leave a tip for _____.
   a. your waiter or waitress  b. the hostess and the headwaiter  c. the cook

7. To save the most money, you ought to shop at the supermarket that _____.
   a. has the lowest prices in general  b. offers many free samples  c. sells the most nonfood items (stationery, magazines, clothes, etc.)

8. Typically the items that a supermarket is trying to "push" (wants people to buy) are _____.
   a. in the refrigerator section  b. at eye level or in displays  c. at the top or the bottom of shelves

9. A "generic" or "plain label" brand is usually ____ than a famous or name brand.
   a. cheaper  b. heavier  c. of higher quality

10. Fresh produce is usually a better buy when it's _____.
    a. from far away  b. in season  c. in a small package

11. To get the ____ of an item, look at the price sign or divide the cost by the number of ounces.
    a. artificial ingredients  b. credit charges  c. unit price