



# Lap size backing using a Panel



For this easy pieced backing, measuring about 65" x 82" you will need:  
One 24" wide panel and 3 yards of continuous cut fabric.

Trim the panel piece to how you want it to look. Usually about 24" wide and 40-42" long.

From the 3 yards of fabric cut Two 21" x WOF strips.

Trim the length of each to the same length as the length of the panel piece.

Sew the strips to each side of the panel and press outwards.

Take the rest of the fabric from the 3 yards and cut it on the fold so you will have two pieces, about 21" x 66" in size.

Measure the width of the sewn panel piece with the fabric sewn on each side and trim the length of the two pieces to that same length.

Sew the two 21" wide pieces to the top and bottom of the panel unit and press outwards.

