

STS FACE MASK

a pattern by  SEWFINITY

Slow The Spread. Make this non-medical grade face mask and wear it to protect others. Wash after each use. Features 5 sizes, simple pleats, and adjustable fabric ties. Sewing lots of masks? A common size is M. Find fabric, tips, and a video tutorial at sewfinity.com

INSTRUCTIONS

1. Choose 3 tightly-woven cotton fabrics for the exterior, interior, and ties. One yard makes 5 size M masks. **Tip:** Select a different color for the interior to distinguish the inside of the mask.

2. Wash fabrics in hot water and tumble dry.

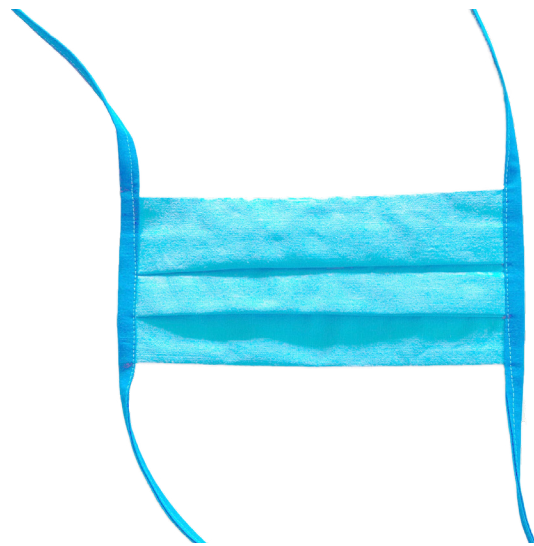
3. Cut 2 strips 1.5" × WOF (*width of fabric ~42" wide*). Keep selvages intact. **Tip:** Selvages are the tightly-woven, sturdy finished edges of fabric.

Cut 2 squares:

XS <i>child</i>	S <i>child</i>	M <i>teen/adult</i>	L <i>adult</i>	XL <i>Shaq-size</i>
6"	7"	8"	9"	10"

4. Layer both squares right sides together and sew top and bottom with a ¼" SA (*seam allowance = the space between the fabric raw edge and the seam line*).

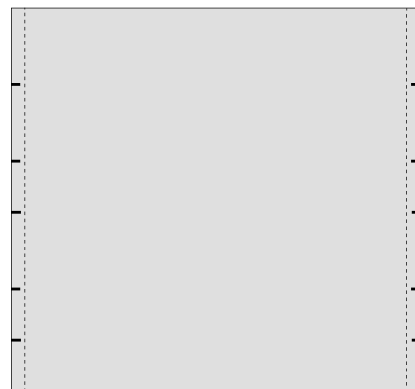
Tip: Leave a 3" opening in the center of the bottom seam if inserting an optional filter.



5. Turn right sides out and finger-press. Sew side seams closed with a ¼" SA. Raw edges are still exposed at this point.

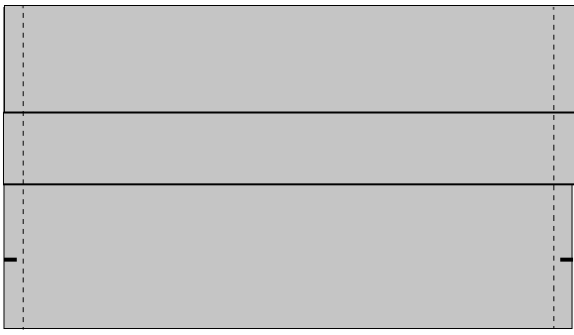
6. Make 5 marks on each side of the exterior, measuring from the top:

	XS	S	M	L	XL
1	1"	1.25"	1.5"	1.75"	2"
2	2"	2.5"	3"	3.5"	4"
3	2.75"	3.25"	4"	4.5"	5.25"
4	3.75"	4.5"	5.5"	6.25"	7.25"
5	4.75"	5.5"	6.5"	7.25"	8.25"



7. Pinch a fold at Mark 1 and bring down to Mark 2. Sew a few stitches to keep in place.

8. Pinch a fold at Mark 3 and bring down to Mark 4. Sew a few stitches to keep in place.

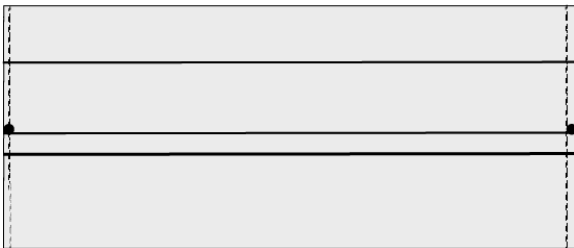


9. Fold Mark 3/4 down to Mark 5. Sew a few stitches to keep in place. **Tip:** *This builds in a double-pleat at the bottom of the mask, allowing chin coverage.*

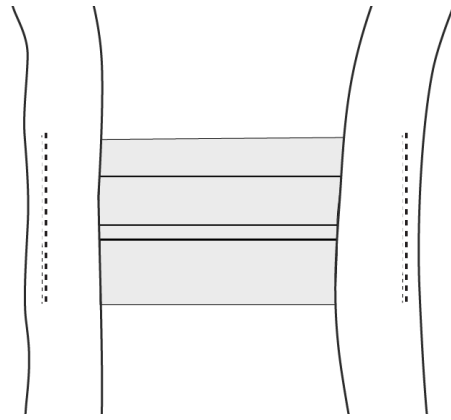


10. Sew along previous stitching a couple more times to secure the folds.

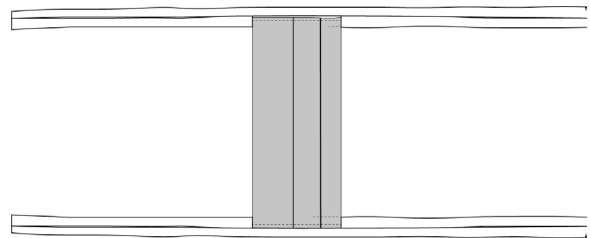
11. Trim side edges to 1/8". On the interior, mark the center of each side.



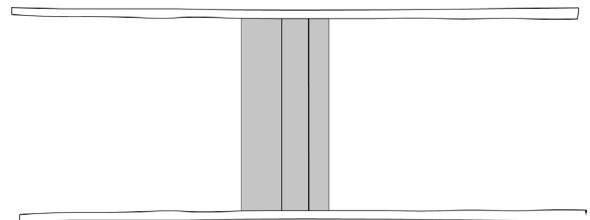
12. Mark a crease on the center of a tie strip and place right side down on an interior side edge, aligning marked centers. Sew together with a 1/4" SA. Repeat with the other tie strip.



13. On an ironing board, place exterior side up and spread out the ties. Turn tie strips wrong side up. Fold and press inner long edges of tie strips in 1/4". Fold and press outer edges of tie strips to the center to meet the other raw edges.



14. Fold long edges in half, toward the mask, encasing the mask's raw edges. Steam press. **Tip:** *Intact selvages builds-in finished ends.*



15. Sew folded edges together, very close to the edges.