

Empowerment Level 3:

Be **YOUR** Own Coach!



If we trust people enough to share our secrets, worries, or deepest feelings **W** _ _ _ them, we **CONFIDE** _ _ _ them.

1. The lonely wife _____ in her h _ _ _ _ _ , only to be chided by him.
2. She did not t _ _ _ her new friends enough to _____ them.
3. _____ [Teenagers] often find it easier to _____ their friends than _____ their parents.
4. In the period p _____ [before] the war, an air of suspicion hung in the air. For fear that our secret might be disclosed, I n _____ confided in anyone.

“Impulsive” is a common word to describe someone who acts r _ _ _ l _ .

IMPETUOUS has the same meaning!

1. E _____ is a good teacher. If we get into trouble after acting _____, we will most likely be wiser the next time.
2. She made a rather _____ decision to quit her job, but regretted her r _ _ _ _ _ when she realised that it was perhaps the best job around.
3. We should always do long-term planning and avoid making important decisions _____.
4. Due to their lack of experience, y _ _ _ _ _ tend to be more _____.

_____ *impetuous* _____

WHAT DO FIREFIGHTERS AND BUNGEE JUMPERS HAVE IN COMMON?

JEOPARDISE

Answer: Both _____ their lives!

A firefighter **places his own life in j** _____ when he dashes into a burning apartment to save the residents trapped inside. People who do extreme sports such as bull-riding also **j** _____ (risk) their **l** _____ on a regular basis.

Apart from putting our lives at risk, we can also put our health, jobs, or chances of success __ jeopardy. Learn from the examples below, then craft your own sentences!

Examples:

- 1) He **jeopardised everyone's safety** by failing to c _____ with safety regulations.
- 2) Our birth rates are f _____ and our population is greying. The **future of our country is in jeopardy!**
- 3) H _____ is important between couples. Even though what we say may seem to **jeopardise the relationship**, we should still speak our minds, but t _____ f _____, of course.

1. excessive, dietary supplements, health, jeopardise

2. Fearing that, criticise, boss, jeopardise, chances of a promotion

3. famous footballer, grave injury [pg 30], career, in jeopardy

4. comprehend [understand], youths, jeopardise, dangerous sports



*Better a thousand
times careful than
once dead.
- Proverb*

"I DON'T WANT TO, BUT."

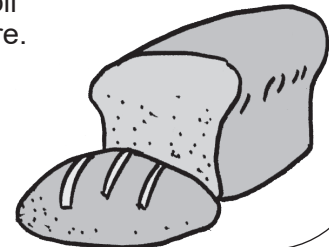
COMPEL

If someone **COMPELS** you to do something, he **forces** you to do it against your will.

Unlike their counterparts in the West, Asian mothers are more likely to _____ their children to attend enrichment activities after s _____.

Mr Chin was _____ to resign because age had taken a toll on his h _____, and he was starting to feel less energetic than before.

The girl was _____ to steal from the bakery because her brothers had gone without food for days.



Your task now is to craft 3 accurate sentences containing the word "COMPEL".

1. _____
2. _____
3. _____

Comprehension Application

1. The one-armed man shared with us his perilous journey to the Himalayas. Both the climb up and the descent were fraught with difficulties no man could ever imagine. I found his tale truly compelling (pg 54). It moved me and convinced me not to give up even in the face of adversity.

How did the writer view the one-armed man's tale? Answer in your own words. [2m]

2. Within three days on her new job, Cassandra had unwittingly ruined the photocopier, provided customers with inaccurate information, and caused the company to lose a lucrative (pg 32) deal. She was fired on the fourth day.

Apart from providing customers with inaccurate information, what other events led to the termination of Cassandra's employment? You must answer in your own words. [2m]

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share **with**, confide **in**

Suggested Sentences

1. The lonely wife **confided in** her husband, only to be chided by him.
2. She did not trust her new friends enough to **confide in** them.
3. Adolescents often find it easier to **confide in** their friends than **in** their parents.
4. In the period preceding the war, an air of suspicion hung in the air. For fear that our secret might be disclosed, I never **confided in** anyone.

rashly

Suggested Sentences

1. Experience is a good teacher. If we get into trouble after acting **impetuously**, we will most likely be wiser the next time.
2. She made a rather **impetuous** decision to quit her job, but regretted her rashness when she realised that it was perhaps the best job around.
3. We should always do long-term planning and avoid making important decisions **impetuously**.
4. Due to their lack of experience, youths tend to be more **impetuous**.

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jeopardise, jeopardy, jeopardise, lives, in [Prepositions must be precise!]
comply, falling, future, Honesty, tactfully

Suggested Sentences

1. Rather than help us, excessive consumption of dietary supplements can in fact **jeopardise our health**.
2. Fearing that criticising his boss would **jeopardise his chances of a promotion**, Daniel kept his thoughts to himself.
3. The famous footballer sustained a grave injury and feared that his career would be **in jeopardy**.
4. Why youths **jeopardise their lives** by engaging in dangerous sports is something I cannot comprehend.

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compel, school, compelled, health, compelled

Suggested Sentences

1. A victim of poverty, Roshan was **compelled** to marry at the young age of sixteen.
2. In the battle last July, the loss of our troops **compelled** us to surrender.
3. Hunger **compelled** him to steal.
4. His pride **compelled** him to take his own life, as he was too proud to admit defeat.
5. As the typhoon drew close, we were **compelled** to leave for safer grounds.
6. The man claimed that it was 'voices' in his head that had **compelled** him to commit murder.

Comprehension Question [4 marks]

Original	"I found his tale truly <u>compelling</u> . It <u>moved</u> me and <u>convinced</u> me <u>not to give up</u> even <u>in the face of adversity</u> ."
Answer	The writer found the tale powerful . It touched him deeply and taught him to press on/be tenacious even when confronted with hardship / even in tough times .
Original	" <u>unwittingly</u> <u>ruined</u> the photocopier" / " <u>caused</u> the company to lose a <u>lucrative deal</u> "
Answer	Cassandra had inadvertently / unknowingly damaged / spoilt the photocopier and also made the company lose a profitable business / lose a business that could have brought in a lot of money .