

Determining Your Ring Size

In Canada, women's rings generally range from size 3 to 9 while men's rings usually range from size 8 to 14. If your ring size appears to be in between two sizes, it is recommended that you choose the larger size.

Ring Size Chart

Measure the circumference (distance around) of your finger with something flexible, such as a strip of paper, and a ruler with millimetre markings. Or, measure the diameter (distance across) in millimetres of a ring you currently wear. Find the nearest measurement on the chart below. Measure 3 to 4 times to help ensure an accurate reading, and make sure the ring you measure fits comfortably over your finger's joint and rests snugly at the bottom of your finger.

Ring Size(Canada & USA)	Inside measurement in inches		Inside measurement in millimeters	
	Diameter	Circumference	Diameter	Circumference
5	0.618	1.942	15.7	49.3
5½	0.634	1.992	16.1	50.6
6	0.650	2.042	16.5	51.9
6½	0.666	2.092	16.9	53.1
7	0.682	2.143	17.3	54.4
7½	0.698	2.193	17.7	55.7
8	0.714	2.243	18.1	57.0

8½	0.730	2.293	18.5	58.2
9	0.746	2.344	18.9	59.5
9½	0.762	2.394	19.4	60.8
10	0.778	2.444	19.8	62.1
10½	0.794	2.494	20.2	63.3
11	0.810	2.545	20.6	64.6
11½	0.836	2.595	21.0	65.9
12	0.842	2.645	21.4	67.2
12½	0.858	2.695	21.8	68.5
13	0.874	2.746	22.2	69.7
13½	0.890	2.796	22.6	71.0
14	0.906	2.846	23.0	72.3

Alternatively, you can visit one of our store locations that carries these rings to use our ring sizer.