



Vermont Lavender, LLC ©

Herb Garden Body Butter For Gardeners with Recipe | DIY Summer Moisturizer

Author: Vermont Lavender, LLC

Cook time: 20 mins. Total time: 20 mins. Serves: Six to eight 4 oz jars

The most useful herb garden body butter for gardeners to help keep stinging and biting insects at bay while outside. It's a light moisturizer using hemp seed butter that's non-greasy and deeply moisturizing.

Ingredients:

16 oz Hemp Seed Butter

1/2 oz Seaweed Extract

1 oz Meadowfoam Oil

.04 ml Basil essential oil

.10 ml Carrot seed essential oil

.15 ml Clary sage essential oil

.25 ml Lavender essential oil

.10 ml Geranium essential oil

- .05 Frankincense essential oil
- 1 ml Carrot seed oil
- 1 ½ tsp. Arrowroot powder
- 8 4 oz double walled jars plus lids
- 8 Safety sealed disks (optional)

Instructions:

1. Whip the hemp seed butter on a low speed using a handheld or stand mixer for 30 seconds to 1 minute to lighten up the texture.
2. Add the seaweed extract and meadowfoam oils. Continue to whip the mixture on low until all of the oils are fully incorporated.
3. Add the essential oils and carrot seed oil. Continue to whip the mixture on low until all of the oils are fully incorporated.
4. Increase the speed of the mixer and whip until the butter has taken on a light and fluffy texture.
5. Using a spoon or spatula, scoop the whipped butter into the 4 oz. double walled jars (tap the jars on your work surface to pack the butter in there) and add a disk cover. Secure the lids.
6. If you are making this for sale, apply good manufacturing practices and label requirements. Vermont Lavender LLC is not responsible for the product and recipe testing to ensure compatibility and safety.

If you prefer to use single walled or clear 4 oz jars these are fine. We use the double walled jars because we ship throughout the United States to warmer climates from Vermont.

Vermont Lavender, LLC ©