

Turkey Soup

Here's an easy recipe to make Turkey soup and/or to repurpose turkey leftovers. Make this soup heartier by using ground turkey. Either way, it is simply delicious. Our family loved it!



Ingredients:

½ cup onion, finely diced

½ cup celery finely diced

1 cup carrots, finely diced

2 cloves garlic, minced

1 cup portabello mushrooms, diced

½ tsp black pepper

½ tsp salt

½ tsp thyme powder

½ tsp dried rosemary

½ tsp creole seasonings

1 lb ground turkey, 85% lean

2-3 cups shredded turkey from roast turkey leftovers

64 oz chicken broth

Recipe:

- 1. Simmer turkey leftovers with bones in 64 oz chicken broth for ~ 1 hour. Let cool and pick out meat and set aside. Save pot with broth.
- 2. Brown ground turkey in large pan and break up the meat. Scoop up turkey and wipe down pan to remove excess oil.
- 3. In same pan, heat 1 Tablespoon olive oil over medium heat.
- 4. Sauté onions, celery, carrots, garlic, with black pepper, salt, thyme, rosemary and creole seasonings for about 7-10 mins.
- 5. Add mushrooms, sauté for another 5 mins.
- 6. Add ground turkey and shredded turkey leftovers sauté for 5-7 mins.
- 7. Add sauteed turkey and veggies back into broth.
- 8. Bring to boil and simmer for 20 mins.
- 9. Serve with cooked rice with a side of dinner rolls as a main entrée.

Enjoy