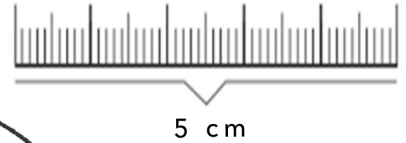


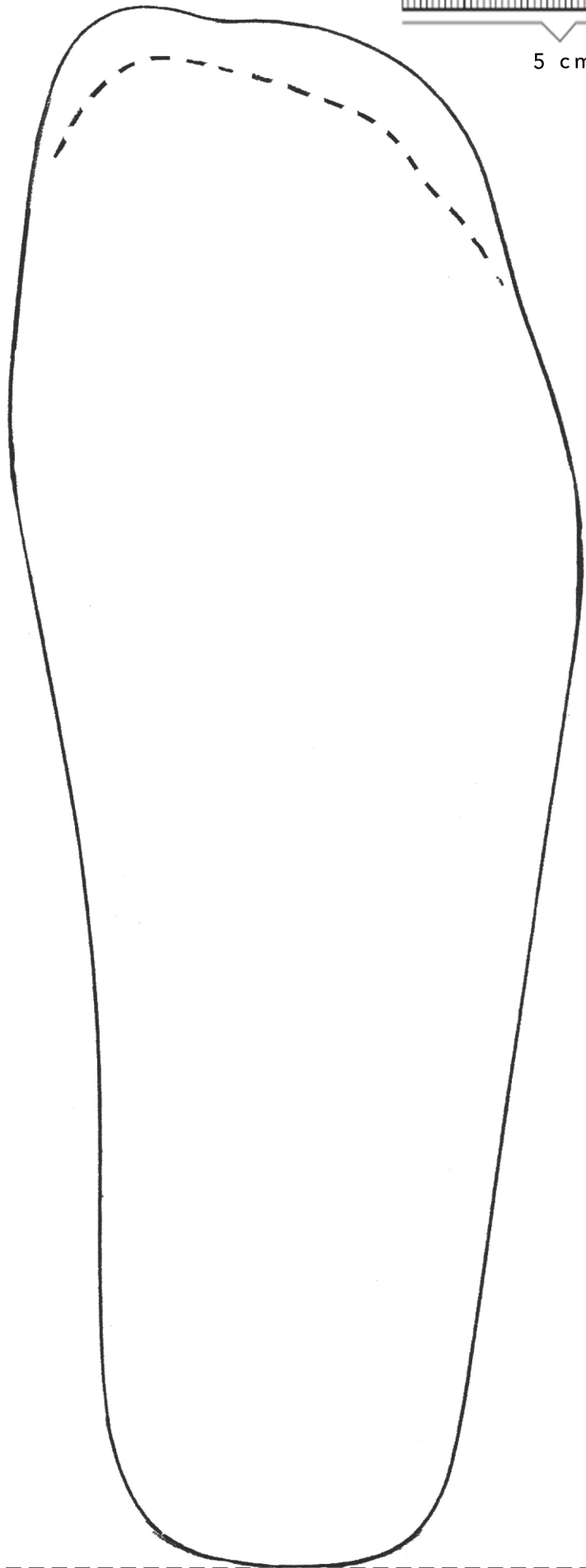
N. 39



If your foot falls between the internal dotted line and the external line, this is the **right** size for you

If it is far below the dotted line, try printing **38**

If it comes off the external line, try number **40**



Fix the folded sheet on the floor against the wall



Place your bare foot on the sheet, holding the heel leaning against the wall



Check that your foot fits in the two indicated lengths



Fold the sheet following the dashed line