



lycon
SKIN™

PARAFFIN MASK TREATMENT GUIDE

Brighter, firmer, more refined and younger looking skin!

LYCON SKIN / Signature Treatment

Lip - Thermo Active Paraffin Treatment with aromatherapy

The lip area is vulnerable to premature ageing due to the general ageing process, stress, smoking and the exposure to everyday environmental aggressors. This treatment is excellent for dry, mature, ageing skin and smokers. The results are a deeply moisturized skin, fewer lines and wrinkles, smoother skin with a more refined texture and feel.

*Prepare the Thermo Active Paraffin Mask by melting it in a wax heater and leave it ready for use on a very low temperature, at about 45°C.

STEPS	PRODUCT USED & TREATMENTS PROCEDURES
ADDITIONAL EQUIPMENT REQUIRED	– Mask Brush
CLEANSER (LIPS)	– Remove make-up.
PEEL	– Peel skin with a gentle exfoliant.
MASSAGE	– Massage the surrounding lip area and the lips for 2-3 minutes with LYCON Skin Magic Touch Massage Lotion , then remove with damp cotton pads and dry the skin.
MASK APPLICATION	– Apply a light film of LYCON Skin Deep Hydration Hyaluronic Mask with a soft brush or by hand, massage in slightly.
PARAFFIN MASK APPLICATION	<ul style="list-style-type: none"> – Always test the Paraffin Mask for a comfortable application temperature on the inside of your wrist before applying the Paraffin Mask on the client's skin. – Using a soft brush apply a few layers of Paraffin Mask with a brush over the lip area, including on the lips. As everyone has a different temperature tolerance, always apply a little Paraffin Mask on the client's skin to make sure it is comfortable for them and not too hot. If the Paraffin Mask feels too hot, let it cool down, then test again before application. – Apply a few layers of Paraffin Mask and build the Paraffin Mask thickness to a banana skin thickness. – Leave Paraffin Mask on for 10 minutes.
REMOVE PARAFFIN MASK	– Peel Paraffin Mask off.
CLEANSE	– Wash the lip area with warm water and sponges or cotton pads.
MOISTURISE	– Apply LYCON Skin Revitalising Hyaluronic + B5 Booster Serum and/or a moisturiser.
NOTES	<ul style="list-style-type: none"> – Ideal to offer a course of 10 weekly treatments, however, LYCON Skin Thermo Active Paraffin Mask treatments offer very good results as an occasional treatment. *NOTE - DO NOT use on couperose skin, acne or blemish prone skin.
DURATION	APPROXIMATELY 30 MINUTES

LYCON SKIN / Signature Treatment

Face, Neck & Décolletage – Thermo Active Paraffin Treatments with aromatherapy

The Thermo Active Paraffin Mask with aromatherapy oils has a thermal effect on the skin which helps to increase the circulation on the skin's surface and facilitates the absorption of active ingredients contained in the LYCON Skin Deep Hydration Hyaluronic Mask. The results are a plump, less lined, firm, bright, more refined, younger looking, moist and smooth complexion.

*Prepare the Thermo Active Paraffin Mask by melting it in a wax heater and leave it ready for use on a very low temperature, at about 45°C.

STEPS	PRODUCT USED & TREATMENTS PROCEDURES
ADDITIONAL EQUIPMENT REQUIRED	<ul style="list-style-type: none"> – Wide Mask Brush – Headband
FACIAL STEPS	<ul style="list-style-type: none"> – Prepare the skin as per your usual facial procedures. eg. Cleanser (eyes, lips and face), peel, vapourzone, extractions, face massage.
PARAFFIN MASK APPLICATION	<ul style="list-style-type: none"> – Place a tissue around the headband to prevent the Paraffin Mask from going onto the hair and headband. Also place tissues under the shoulders to catch any Paraffin Mask drips. – Apply a light film of LYCON Skin Exotic Oil Complex and massage lightly into the skin, then apply a thin layer of LYCON Skin Deep Hydration Hyaluronic Mask over the face, neck and décolletage fairly close to the eye area and massage into skin for a few minutes. – Dampen cotton pads with water and place them over the eyes and eyebrows to avoid applying the Paraffin Mask on those areas; and for an easier clean up. – Test the Paraffin Mask on the inside of your wrist for a comfortable application temperature, before applying the Paraffin Mask on the client's skin. As everyone has a different temperature tolerance, always apply a little Paraffin Mask on the client's skin to make sure it is not too hot, and is comfortable for them. – When the mask temperature is comfortable, use a wide mask brush to gradually apply layers of the Paraffin Mask over the entire face, neck and décolletage, until the mask is about a banana skin thickness. The mask should feel like a solid cast over the face, neck and décolletage. If the mask is applied too thinly, it will not have sufficient thermal benefits. To judge if the mask is the correct thickness, press lightly over it. If it feels too thin and spongy in parts, apply more layers of Paraffin Mask. <p>*NOTE – If the client suffers from claustrophobia, remove the eye pads after the mask is fully applied.</p> <p>*NOTE 2 – If you like, you can apply gauze on the face, neck and décolletage before Paraffin Mask application. However the thermal effects of the Paraffin Mask are better if the Paraffin Mask is applied directly to the skin, taking care the Paraffin Mask temperature is comfortable to the client.</p> <ul style="list-style-type: none"> – Leave the Paraffin Mask on for 10 minutes. The client may feel a pulsating feeling around the neck which is normal and beneficial. Which is due to the thermal effect of the mask. <p>*NOTE – To prevent breaking the thermal seal on the face, it is important that the client remains still and does not talk while the mask is on.</p>
REMOVE PARAFFIN MASK	<ul style="list-style-type: none"> – Remove Paraffin Mask by lifting it off the skin, starting from the décolletage, then the neck, then the sides of the face, lifting the mask off upwards. You can also cut the mask along the jaw line with a wooden spatula and remove the mask in two parts, first the décolletage and neck, then the face.
CLEANSE	<ul style="list-style-type: none"> – Rinse off any excess mask with warmer water and sponges or a warm damp towel. Dry the skin.
EYES	<ul style="list-style-type: none"> – Apply Eye Cream.
NECK	<ul style="list-style-type: none"> – Apply Neck Cream.
MOISTURISE	<ul style="list-style-type: none"> – Apply LYCON Skin Revitalising Hyaluronic + B5 Booster Serum or a suitable moisturiser all over the face, neck and décolletage.
NOTES	<ul style="list-style-type: none"> – Ideal to offer a course of 10 weekly treatments, however LYCON Skin Paraffin Mask treatments offer very good results as an occasional treatment. – Excellent for special occasions. – You can also offer this same treatment separately for the neck and décolletage. <p>*NOTE – DO NOT use on couperose skin, acne or blemish prone skin.</p>
DURATION	APPROXIMATELY 60 MINUTES

LYCON SKIN / Signature Treatment

Body, Hands & Feet - Thermo Active Paraffin Treatments with Aromatherapy

Just like the face, various body parts need extra special care. The thermal effect of the Paraffin Mask with aromatherapy oils help increase local circulation and facilitates the absorption of the active ingredient contained in the **LYCON Skin Deep Hydration Hyaluronic Mask**. The results are a plump, less lined, firm, bright, more refined, younger looking, moist and smooth skin.

*Prepare the Thermo Active Paraffin Mask by melting it in a wax heater and leave it ready for use on a very low temperature, at about 45°C.

STEPS	PRODUCT USED & TREATMENTS PROCEDURES
CLEANSE & EXFOLIATE	<ul style="list-style-type: none"> - Cleanse the skin, then exfoliate with LYCON Body Exfoliant or LYCON Sugar Scrub. - Wash exfoliant off.
MASSAGE	<ul style="list-style-type: none"> - Massage the area you are treating using: LYCON Skin Contouring Body Massage Oil or Relax & Refresh Body Massage Oil. For the hands and feet massage with LYCO'PEDI Smoothing Cream, or LYCON Soothing Cream, or LYCON Hand & Body Lotion. - Wash or wipe excess massage products off thoroughly and dry the skin.
MASK	<ul style="list-style-type: none"> - Apply a thin layer of LYCON Skin Deep Hydration Hyaluronic Mask and lightly massage in. - Test the Paraffin Mask on your inner wrist for a comfortable application temperature before applying the mask on the client's skin. As everyone has a different temperature tolerance, always test the temperature on the client's skin to make sure it is comfortable for them, before you proceed with further mask application. - Using a large brush apply 4-5 layers of Paraffin Mask directly over the area you are working on. *NOTE - If you like you can apply gauze on the body area before Paraffin Mask application, however the thermal effect of the Paraffin Mask is more effective if the Paraffin Mask is applied directly to the skin, taking care the Paraffin Mask temperature is comfortable to the client. - Hands - using large vinyl gloves, pour the Paraffin Mask into the gloves to half fill the finger part of the gloves. Place client's hands into gloves and carefully move the Paraffin Mask to evenly coat each hand. You can also use plastic bags instead of gloves. - Feet - using large plastic bags, pour approx. 1/2 a cup of Paraffin Mask into a bag. Place client's foot into the bag and carefully move the Paraffin Mask around to evenly coat the foot. Repeat on other foot. - To keep mask warm, wrap the hands/feet in a towel or put a set of mittens on the hands and booties on the feet. - Leave the mask on for 10 minutes or longer.
REMOVE PARAFFIN MASK	<ul style="list-style-type: none"> - Remove Paraffin Mask by simply peeling the mask off or take the vinyl gloves or plastic bags off together with the Paraffin Mask.
CLEANSE	<ul style="list-style-type: none"> - Rinse excess mask off with warm water and sponges or a warm damp towel.
MOISTURISE	<ul style="list-style-type: none"> - Apply a suitable cream for areas that you are working on. e.g. LYCON Soothing Cream, Hand & Body Lotion or lyco'pedi Smoothing Cream.
NOTES	<ul style="list-style-type: none"> - Ideal to offer a course of 10 weekly treatments. However, LYCON Skin Thermo Active Paraffin Mask treatments offer very good results as an occasional treatment. *NOTE - DO NOT use on couperose skin or blemish prone skin.
DURATION	This depends on the area you are treating and the rest of your treatment processes.

LYCON SKIN / Signature Treatment

Bust - Thermo Active Paraffin Treatments with Aromatherapy

A luxurious aromatherapy bust lifting and firming treatment that provides a firmer, softer, more hydrated and younger looking bust area and cleavage.

*Prepare LYCON Thermo Active Paraffin Mask by melting it in a wax heater and leave it ready for use on a very low temperature, at about 45°C.

STEPS	PRODUCT USED & TREATMENTS PROCEDURES
ADDITIONAL EQUIPMENT REQUIRED	<ul style="list-style-type: none"> - Large Mask Application Brush - Non-stretch 8cm wide gauze finger bandage, to be cut to size (do not use stretch bandage)
CLEANSE & EXFOLIATE	<ul style="list-style-type: none"> - Cleanse the bust area with LYCON Skin Micellar Facial Cleaning Gel and rinse well off. - Exfoliant lightly with LYCON Body Exfoliant. - Wash exfoliant off thoroughly and dry the skin well.
MASSAGE	<ul style="list-style-type: none"> - Apply LYCON Magic Touch Massage Lotion and massage the bust in upward lifting effleurage for 5 minutes. - Remove excess massage lotion with wet sponge or a damp towel. - Apply a little LYCON Skin Revitalising Hyaluronic + B5 Booster Serum and LYCON Skin Deep Hydration Hyaluronic Mask and massage lightly into the skin.
MASK	<div style="display: flex; align-items: flex-start;"> <div style="flex: 1;"> <ul style="list-style-type: none"> - Cut 2 pieces gauze bandage, long enough to fit the bust area from under the back of the body and over the bust to the underside of the other side of the back (see diagram 1). Wet the gauze with water and wring out very well. Position one bandage under the back of the bust on one side, so the clients back holds the end of the gauze in place. Then place the gauze under one of the breasts and continue above the other breast, finishing with the gauze under the other side of the back of the bust. Then apply the 2nd piece of gauze in the opposite direction, forming a figure 8 with the 2 gauze pieces, securing both gauze pieces under the back of the bust, so they stay in place and so you can create a lift and firmness of the breasts with the gauze bandages. Leave the nipples exposed as much as possible. <p>*NOTE - Before applying the Paraffin Mask on the bust, test the temperature of the Paraffin on the inside of your wrist for a comfortable temperature using a brush.</p> <ul style="list-style-type: none"> - When the Paraffin is a comfortable temperature, apply several layers of the Mask over the gauze bandages using a wide brush. When applied the mask has to feel like a cast over the breasts. If the mask feels soft and thin, it will not have a sufficient thermal effect. Simply apply more Paraffin Mask layers. - Cover the bust area for warmth and modesty with a towel and leave the mask on for 10-15 minutes. </div> <div style="flex: 0.5; text-align: center;"> <p>diagram 1.</p> </div> </div>
REMOVE PARAFFIN MASK	<ul style="list-style-type: none"> - Remove the gauze and mask by simply lifting the bandages off.
CLEANSE	<ul style="list-style-type: none"> - Wipe the treated area with sponges or a warm damp towel.
MOISTURISE	<ul style="list-style-type: none"> - Apply body lotion to the bust and massage in gently with upwards effleurage. e.g. LYCON Soothing Cream or Hand and Body Lotion.
NOTES	<ul style="list-style-type: none"> - For a longer lasting effect, it is best to do a course of 10 weekly treatments. It can however be offered as a one of treatment. - Excellent for special occasions. - You can check the bust lifting effect by asking the client to stand close to the wall, without a bra and mark where the nipples are. When the treatment is finished, measure where the nipples are on the wall again. There should be a lift of at least 1cm and they should feel like they need less support by their bra. They may also feel fuller in size.
DURATION	APPROXIMATELY 30 MINUTES