

TRANSTAPE

Application

MANUAL

TRANSTAPE IS A GENDER-AFFIRMING, BODY TRANSFORMATION SYSTEM FOR TRANSMASCULINE, TRANS-FEMININE, NON-BINARY, GENDER-FLUID AND GENDER NON-CONFORMING INDIVIDUALS WHO ARE LOOKING FOR A SEAMLESS AND WATERPROOF ALTERNATIVE TO TRADITIONAL BINDING, PACKING AND TUCKING METHODS



FIRST TIME USER?

A 24-HOUR TEST PATCH IS REQUIRED PRIOR TO YOUR FIRST USE OF TRANSTAPE

TransTape is made from a blend of 95% cotton and 5% spandex with a medical grade acrylic adhesive. It is latex-free and non-medicated, making it hypoallergenic.

TEST PATCH DIRECTIONS:

- 1. CUT A 2" X 2" STRIP OF TRANSTAPE**
 - 2. APPLY STRIP TO THE AREA THAT YOU PLAN TO USE TRANSTAPE WITH ZERO TENSION**
 - 3. MONITOR THE AREA FOR 24 HOURS**
- *REFER TO REMOVAL DIRECTIONS TO REMOVE TEST STRIP CORRECTLY***

Slight itching is normal as your skin and hair adjust to being covered. If you are experiencing extreme discomfort, itching or pain, remove TransTape as soon as you can, safely. Overstretching as well as improper removal are the most common causes of skin irritation or blistering.

NEVER PULL, TEAR OR RIP TRANSTAPE FROM THE SKIN. ALWAYS REMOVE TRANSTAPE WITH THE ASSISTANCE OF OIL. THE LONGER YOU WEAR TRANSTAPE THE STRONGER THE BOND WILL BE

CHEST APPLICATION

Before getting started, take some time for yourself to get into a healthy mental space. All bodies are different and there are many ways to use this system. Stay calm and relaxed and remember to love yourself no matter where you are on your journey. It's best to try this system when you have lots of time and are not rushed or stressed. You are beautiful and we send our love to you!



FOR BEST ADHESIVE PROPERTIES, START WITH FRESH, CLEAN SKIN, FREE OF LOTIONS OR OILS. WASH WITH A NON-MOISTURIZING SOAP; RINSE WELL. ALLOW SKIN TO DRY COMPLETELY. (YOU MAY NEED TO SHAVE HAIR IF EXCESSIVE, QUARTER INCH TRIM IS OKAY, DO NOT SHAVE BALD TO AVOID SKIN IRRITATION)

1

MAKE NIPPLE COVERS. NEVER APPLY TRANSTAPE DIRECTLY OVER NIPPLE SKIN. ALWAYS WEAR A BANDAGE OR MAKE A NIPPLE COVER USING A SHORT STRIP OF TRANSTAPE AND A TOILET PAPER SQUARE, APPLY WITH ZERO STRETCH

2

CHOOSE THE SIZE THAT WILL WORK BEST FOR YOUR BODY. CUT ALL STRIPS TO SIZE, THEN ROUND THE CORNERS WITH SCISSORS TO AVOID THE EDGES CURLING AND TO CREATE A MORE CONTOURED LOOK. TRANSTAPE WILL STRETCH A LOT, SO START SHORTER THAN YOU THINK. WE SUGGEST STARTING WITH 3-4 SECTIONS (DARK BLUE LINES) AND ADJUSTING FROM THERE. YOU SHOULD ONLY NEED 2-3 STRIPS PER SIDE

3

TEAR THE PROTECTIVE PAPER DOWN THE MIDDLE, LEAVING IT ATTACHED TO YOUR TRANSTAPE. REMOVE THE FIRST SECTION AND DISCARD. PEEL BACK THE SECOND SECTION TO CREATE A HANDLE SO THAT YOU DON'T TOUCH THE STICKY PART, LESSENING THE ADHESIVE

4

VISUALLY DIVIDE YOUR CHEST INTO SECTIONS STARTING AT THE CENTER OF YOUR COLLAR BONE, DOWN THROUGH YOUR STERNUM AND THEN AGAIN FROM THE CENTER OF YOUR BRESTBONE TO EACH SHOULDER. KEEP THIS AREA FREE OF TAPE; THIS WILL ALLOW YOU TO WEAR OPEN SHIRTS AND WILL CREATE THE APPEARANCE OF A MASCULINE CHEST

5

GENTLY LAY THE FIRST 2 INCHES OF TRANSTAPE ON YOUR SKIN AND LIGHTLY RUB TO ACTIVATE THE ADHESIVE. TAKING YOUR TIME, LINE UP YOUR CHEST TISSUE SO THAT IT MAY ALL GET TUCKED INTO THE TAPE. HOLD YOUR TRANSTAPE TAUGHT, AVOIDING ANY WRINKLES

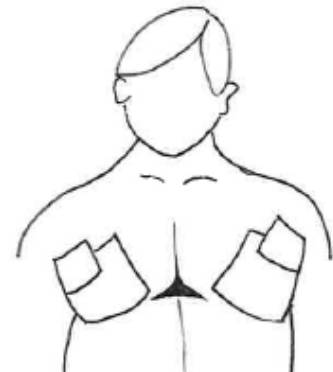
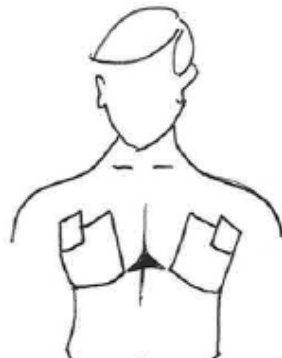
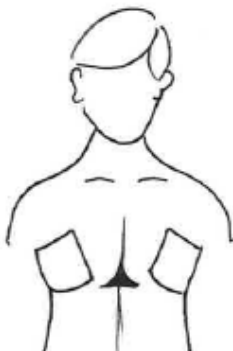
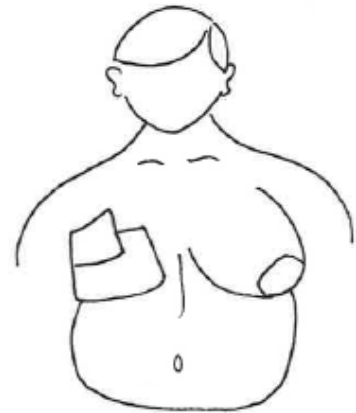
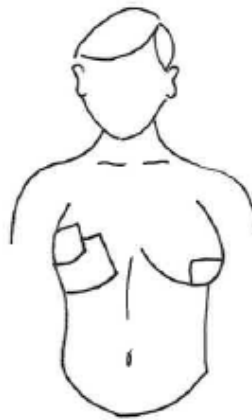
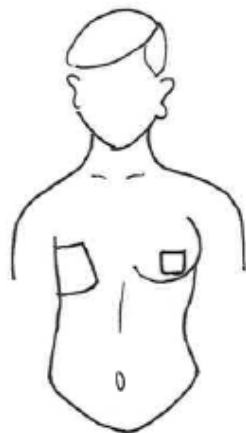
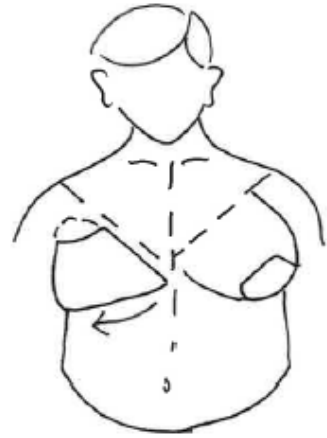
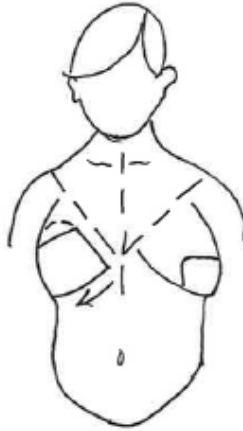
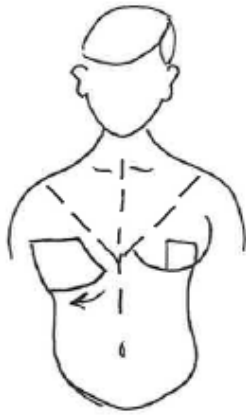
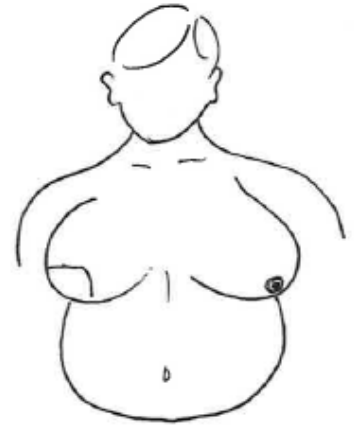
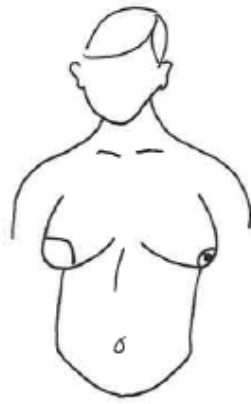
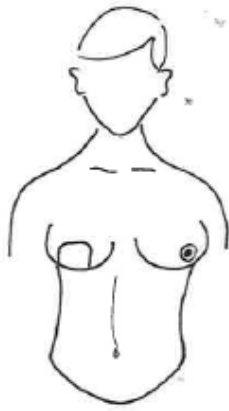
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PUSH YOUR CHEST TISSUE FLAT, GUIDING THE TAPE INTO PLACE. ONCE YOU HAVE FOUND A COMFORTABLE PLACE FOR YOUR TISSUE TO REST, REMOVE THE PROTECTIVE PAPER AND SMOOTHLY LAY THE TAPE WITH ZERO TENSION. RUB THE TRANSTAPE VIGOROUSLY, CREATING FRICTION TO ACTIVATE THE ADHESIVE. YOU MAY ADD AN ADDITIONAL PIECE GOING VERTICALLY UNDER YOUR ARMPIT, COVERING THE ENDS OF THE STRIPS FOR MORE SECURITY

REMINDER: COMFORT IS THE GOAL. MAKE SURE YOU CAN BREATHE AND MOVE COMFORTABLY, IF YOU CAN'T, SOMETHING WAS DONE INCORRECTLY



CHEST APPLICATION



TRANSTAPE REMOVAL

Take special care when removing TransTape. Our adhesive was designed to withstand multiple days of wear through regular showering, swimming, heavy activity, exercise, dirt and sweat

1

POUR OIL OVER TRANSTAPE AND THE ENTIRE SURROUNDING AREA UNTIL THE TAPE IS FULLY SATURATED. MASSAGE THE TAPE AND SKIN TO ALLOW THE OIL TO SOAK THROUGH FOR APPROXIMATELY 5-10 MINUTES

2

WITH AN OIL-SOAKED HAND, PEEL BACK THE CORNER OF YOUR TRANSTAPE, LOOSENING THE ADHESIVE WITH OIL AS YOU GO. START AT THE TOP LAYER FIRST AND APPLY MORE OIL AS NECESSARY. TAKE YOUR TIME AND BE CAREFUL. THIS MAY BE DONE IN A HOT SHOWER AS WELL, TO AID IN A MORE GENTLE REMOVAL

3

AFTER TRANSTAPE HAS BEEN REMOVED, APPLY A LITTLE MORE OIL AND MASSAGE INTO THE TISSUE. THIS WILL REPLENISH THE LOST MOISTURE AS WELL AS STRENGTHEN THE TISSUE AND INCREASE BLOOD CIRCULATION AND ELASTICITY

4

APPLY OUR HEALING SALVE, CONCENTRATING ON ANY AFFECTED AREAS. THIS WILL FIGHT ANY BACTERIA GROWTH, SKIN IRRITATION OR BLISTERING AND WILL STRENGTHEN OVERALL SKIN HEALTH. IT IS IMPORTANT TO BE REBUILDING THE SKIN CELLS THAT ARE LOST IN THE REMOVAL PROCESS

PACKING WITH TRANSTAPE

Refer to the illustration while you follow along with the instructions below

1

CUT STRIP TO SIZE THEN FOLD STRIP IN HALF FROM LEFT TO RIGHT. CUT THE FOLDED TRANSTAPE ON AN ANGLE, AS IF YOU WERE GOING TO MAKE A HEART, SAVE DISCARDED PIECE FOR LATER. ROUND EDGES WITH SCISSORS, AVOID CURLING, CREATING A MORE CONTOURED LOOK

2

WITH YOUR STRIP STILL FOLDED IN HALF, MAKE A SERIES OF CUTS APPROXIMATELY 2 INCHES UP FROM THE BOTTOM. MAKE A 1 INCH SLICE STRAIGHT ACROSS FOR THE FIRST CUT. TO CONTINUE THE SERIES OF CUTS, MAKE 2 MORE 1 INCH SLICES ON AN ANGLE, CREATING AN "X" SHAPE

3

OPEN THE STRIP AND MAKE 2 MORE CUTS ALONG THE CENTERLINE TO COMPLETE THE STAR SHAPE. THERE SHOULD BE A TOTAL OF 8 POINTS

4

HOLD YOUR STRIP WITH THE PAPER SIDE FACING TOWARDS YOU AND WITH YOUR THUMBS AND INDEX FINGERS, TEAR THE PROTECTIVE PAPER ALONG THE DARK BLUE LINES, NEXT TO THE STAR AND ALONG THE TOP. REMOVE AND DISCARD THE PAPER AROUND THE CUTS, LEAVING THE REMAINING PAPER ATTACHED

5

CHOOSE THE BEST SIZE O'RING FOR YOUR PACKER. PLACE YOUR O'RING ON THE EXPOSED STICKY AREA WITH THE STAR CUT CENTERED IN THE MIDDLE. CAREFULLY TAKE EACH INDIVIDUAL POINT AND WRAP IT AROUND THE O'RING. SECURING THE POINT TO THE ADHESIVE PART OF THE TRANSTAPE. *TWEEZERS RECOMMENDED*

6

NEXT, YOU WILL MAKE A SERIES OF 3 CUTS TO SECURE THE BOTTOM OF THE O'RING. THE FIRST CUT WILL BE IN THE CENTER BELOW THE O'RING AND ONE ON EACH SIDE, CREATING A WING TO LOCK THE O'RING IN PLACE. ONCE THE O'RING IS SECURE, USE THE EXTRA STRIPS FROM EARLIER TO SECURE ANY AREA THAT APPEARS TO HAVE A GAP, USUALLY NEAR THE TOP OF THE O'RING

7

SLIDE AND SHIMMY THE O'RING DOWN THE SHAFT OF YOUR PACKER TOWARDS THE BASE. TEAR THE PAPER OF THE CENTER DARK BLUE LINE ABOVE THE TOP OF THE O'RING, CREATING 2 SEPARATE PIECES. PEEL BACK EACH PIECE SLIGHTLY, EXPOSING THE ADHESIVE. FOLD THE PAPER BACK, CREATING HANDLES ON EACH SIDE TO PREPARE FOR APPLICATION

8

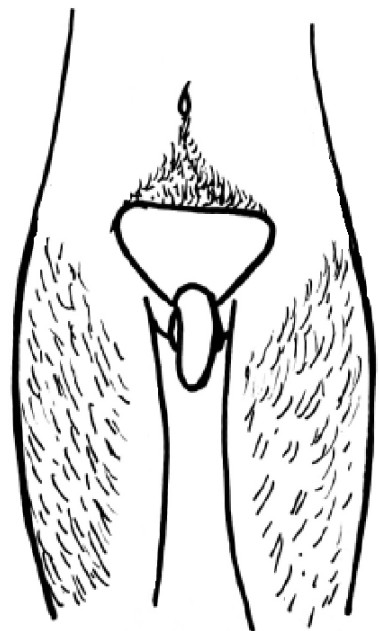
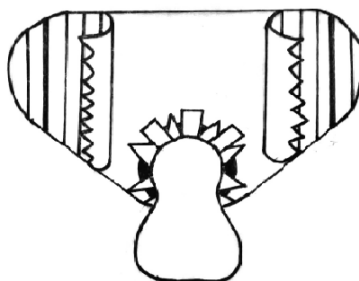
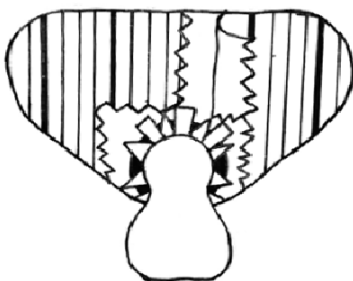
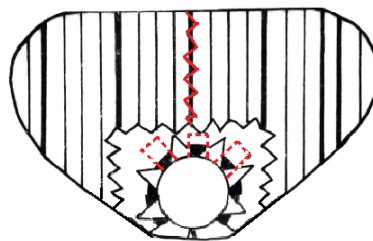
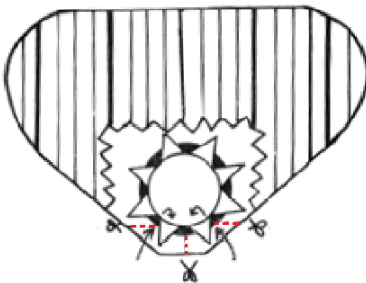
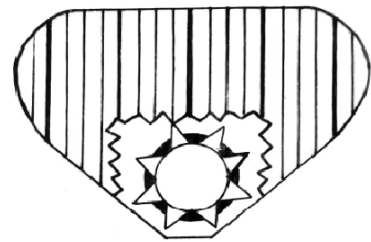
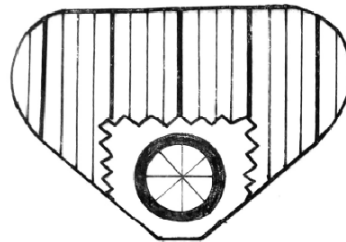
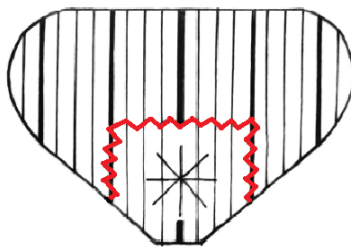
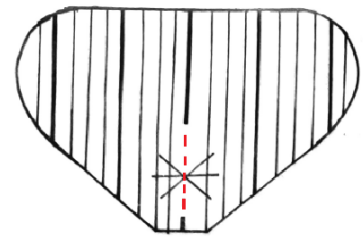
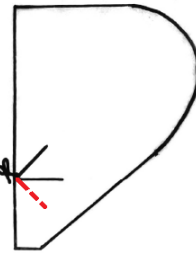
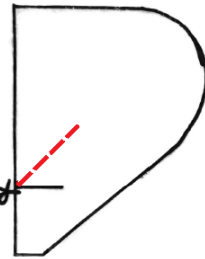
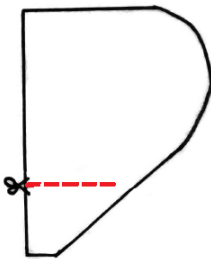
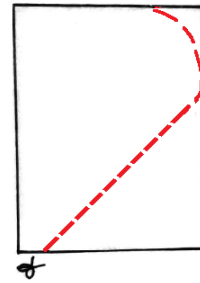
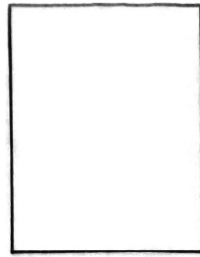
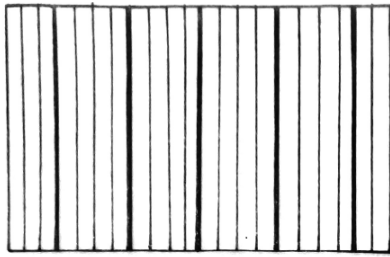
LINE YOUR PACKER UP WITH YOUR BODY. SLIGHTLY PEEL BACK AND APPLY ONE SIDE OF THE ADHESIVE, RUBBING VIGOROUSLY TO ACTIVATE. REPEAT ON THE OTHER SIDE. ONCE APPLIED, FEEL FREE TO SWITCH OUT OR REMOVE YOUR PACKER TO FIT YOUR LIFESTYLE AND NEEDS

TRANSTAPE.LIFE

Affordable and safe Packers now available



PACKING WITH TRANSTAPE



HEALING SALVE DIRECTIONS:

Apply liberally onto clean, dry skin and gently massage in a circular motion. Or apply the salve directly onto a bandage and cover the affected area. May be used on dry, chapped or damaged skin. Avoid contact with eyes; for external use only. If symptoms persist, discontinue use

WE RECOMMEND DOING THIS BEFORE BED AND ALLOWING YOUR SKIN A FULL NIGHT TO REST AND ABSORB THE ESSENTIAL OILS BENEFICIAL FOR RESTORING THE ELASTICITY AND STRENGTH OF YOUR SKIN. THE MORE OFTEN YOU APPLY, THE HEALTHIER YOUR SKIN WILL BE

SMALL BATCH SKINCARE

We believe in only using personal care products that are better for our body and the environment. That's why we've created our products to be free of chemicals, fragrances and weird long words you can't pronounce. Instead we use ingredients you know, LOVE and trust like ORGANIC Coconut Oil, Shea Butter and Beeswax and infuse them with CPTG (Certified Pure Therapeutic Grade) essential oils such as Cedarwood to promote healthy clear skin, Frankincense to reduce the appearance of scars and Tea Tree to cleanse, rejuvenate and fight bacteria