

SUMMARY TABLE OF CONTRACEPTIVE EFFICACY

Percentage of women experiencing an unintended pregnancy during the first year of typical use and the first year of perfect use of contraception and the percentage continuing use at the end of the first year. United States.

Method	% of Women Experiencing Unintended Pregnancy Within First Year of Use	
	Typical Use	Perfect Use
No method	85	85
Spermicides	29	18
Withdrawal	27	4
Fertility awareness-based methods	25	
Standard Days method		5
Two Day Method		4
Ovulation Method		3
Sponge		
Parous women	32	20
Nulliparous women	16	9
Diaphragm	16	6
Condom		
Female	21	5
Male	15	2
Combined pill and progestin-only pill	8	0.3
Evra Patch	8	0.3
NuvaRing	8	0.3
Depo-Provera	3	0.3
IUD		
ParaGard (copper T)	0.8	0.6
Mirena (LNG-IUS)	0.2	0.2
Implanon	0.05	0.05
Female Sterilization	0.5	0.5
Male Sterilization	0.15	0.10

Emergency Contraceptive Pills: Treatment initiated within 72 hours after unprotected intercourse reduces the risk of pregnancy by at least 75%.

Lactational Amenorrhea Method: LAM is a highly effective, *temporary* method of contraception.

Source: Trussell J. Contraceptive efficacy. In Hatcher RA, Trussell J, Nelson AL, Cates W, Stewart FH, Kowal D. *Contraceptive Technology: Nineteenth Revised Edition*. New York NY: Ardent Media, 2007.