

SUMMER FRIDAYS

HABIT TRACKER

HABIT	30 DAYS									
	1	2	3	4	5	6	7	8	9	10
	11	12	13	14	15	16	17	18	19	20
	21*	22	23	24	25	26	27	28	29	30

HABIT	30 DAYS									
	1	2	3	4	5	6	7	8	9	10
	11	12	13	14	15	16	17	18	19	20
	21*	22	23	24	25	26	27	28	29	30

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* YAY! It takes 21 days to create a habit and you hit the 21 day mark—celebrate!