



Tender Loving Food

DOCUMENTARIES / FACTUAL

FOOD

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We've got penang assam laksa, ragu tagliatelle, beef lung rendang... Fancy some desserts? We have cinnamon rolls, taosu cookies and fancy cocktails...and the list goes on.

Meet the individuals behind these delectable homemade comfort foods – budding home bakers and cooks, professional pizzaiolos and teenage masterchefs.

From Wuhan to Columbus USA, Milan to Malaysia, Tender Loving Food tells the still unravelling story of how people all over the world are coping with the pandemic by turning to their happy foods in the best way possible – by cooking them!

我们有槟城阿叁叻沙，ragu 意大利面，牛肺rendang.....想吃点甜点吗？我们有肉桂卷，肉桂卷，豆沙饼和花式鸡尾酒。。。等等。

认识这些美味自制舒适食品背后的人 - 萌新自家烘焙师和厨师，专业披萨师傅和青少年主厨。

从武汉到美国哥伦布，米兰到马来西亚，Tender Loving Food讲述了世界各地的人们如何通过以最好的方式转向他们的快乐食物来应对疫情 - 通过烹饪！

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Episode 1: My Happy Space

You're Invited!
Italy. Malaysia. Singapore.
Pizza, pineapple tarts & cinnamon rolls.

For some, it's kneading dough every day.
For others, it's the simple act of baking.

The pilot episode of Tender Loving Food brings us across borders to see how both professionals and home cooks alike are coping with the pandemic by retreating into their happy spaces.

Episode 2: Eating Together

How does sharing nasi ambeng off a dulang (tray) make the meal special? Why is learning a beef lung rendang recipe through video call so important? What makes a bowl of homecooked mee tai mak a heirloom dish? Dig in, savour and slurp up these dishes with three families and find out how memories of family, and home become so important when they have a meal together.

Episode 3: The Taste Of Home

Why is assam laksa quintessentially Penang, Malaysia?
What memories do steamed eggs hold for you?
And what cookie did millions of Chinese nationals grow up on?

This episode of Tender Loving Food tells the story of how people found comfort during the pandemic by looking inwards, conjuring up their favourite childhood snacks, hometown delicacies and grandma's cooking.

Episode 4: Cooking Together

Find out how a ragu tagliatelle recipe passed down through three generations brought an Italian family together during the lockdown. Discover the highs of running a home bar in Singapore as a couple shares their favourite cocktail recipes. Soak up the quirks of a Singaporean family as they turn their kitchen into a playground for the kids. That's what happens when you cook together during the pandemic.

Episode 5: Creative Juices

Creation is their outlet and food is their comfort. When our creatives put the two together, you get rice dumplings that become works of art, Malay kuihs that turn into beautiful creations and pandan cupcakes that are picture perfect productions. COVID-19 may have dampened spirits, but it has also gotten creative juices flowing.

Episode 6: Communal Comfort

Food provides comfort. Enjoyed in a communal setting, it soothes the soul, feeds the masses and provides salvation for those on the fringes of society. From oak-smoked American southern style barbecue to chewy mochi-like muah chee and Huangpi three delicacies of fish and pork balls and patties, watch how these time-consuming delicacies provide communal comfort on the ground through the sharing of food.

Episode 7: Our Comfort Food

What do South American oak-smoked BBQ, a Chinese stew called Huangpi Three Delicacies and Singapore-style mochi have in common? They don't share any ingredients. And their recipes cannot be any more different. But they go a long way in making bellies happy across the world. Comfort food may be different depending on where you call home but they will for sure strengthen the bonds with your loved ones and even strangers at times.

Episode 8: New Beginnings

A career in quarantine. A step into the unknown. And a social media phenomenon.

From stir-fried butter prawns to lechon manok, savoury quiches to sourdough bomboloni...the final episode of Tender Loving Food explores new beginnings for three individuals in Indonesia, Taiwan and Singapore who are in pursuit of culinary success.

Information correct at time of printing