



Rookies' Kitchen
上蔡乐

Episodes: 10 x 60 mins

Language: Chinese

Year: 2023

Producer: Mediacorp Studios

Distributor: Mediacorp

In each episode, a themed cuisine will be featured. Enlai and Ke Le will first visit a culinary expert to learn about its food culture, dining etiquette, and how to cook the traditional dishes. The duo will then recreate the dishes for a group of invited guests. Can they pull off this challenge?

Hosts: Enlai and Ke Le

Information correct at time of printing

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Episode 1: Korean Cuisine

The hosts master Korean food culture by learning how to cook Korean food - Bibimbap and Kimchi Prawn Pancake. With a language gap between them, they will definitely bring a lot of laughter. As culinary rookies, can they complete the challenge by successfully cooking the dishes for their guests?

Episode 2: Vietnamese Cuisine

Hue, the champion of "King Of Culinary", is invited to teach the hosts to cook Vietnamese food. Is she a strict teacher? Will the duo perform up to expectations? The dishes they are going to learn and prepare are Canh Chua and Ca Kho To. Will their version taste the same as their teacher?

Episode 3: Peranakan Cuisine

Nyonya cuisine uses a lot of spices, which must be mashed by hand. This is a big challenge for the hosts. They learned to cook Nyonya Chap Chye and Sambal Udang Petai from Dania, a local private chef. They finished with a thrill, but the dishes drew bad reviews from the guests. What went wrong?

Episode 4: Spanish Cuisine

Paella is the national delicacy of Spain. It is also the main dish that the hosts learnt in this episode. This is their first time cooking European cuisine. Most of the ingredients used by the teacher are new to them. Would they succeed in this challenge?

Episode 5: Thai Cuisine

Thai cuisine is well-liked by many people, but it is not easy to cook, especially the use of Thai spices, which can be confusing. The hosts are up for the challenge. Which two Thai dishes will they learn? The special appearance of Bryan Wong added pressure to the duo?

Episode 6: Indian Cuisine

Spices and herbs are the essence of cooking Indian cuisine. They bring out the unique aroma of the food. However, learning how to use different spices to cook is an uphill challenge for the hosts. Can they overcome it? Will the final product turn out to be a surprise or a shock?

Episode 7: Japanese Cuisine

The dishes which the hosts learnt in this episode are beginner-friendly introduction to the wonders of Japanese cooking. Given the easiest recipes to get started, can the duo pull off the challenge. They are dumbfounded with the unique cooking method shared by the teacher. What exactly is it?

Episode 8: Italian Cuisine

Italian cuisine emphasizes the freshness and natural flavours of the ingredients, and focuses on true and authentic flavour of the dish. This seems to be a big challenge to the hosts. Can they successfully recreate the appetizing Spaghetti Amatriciana and Tiramisu? What are the feedback from the guests?

Episode 9: French Cuisine

The theme of this episode is French cuisine. The hosts are going to learn a main dish, Hachis Parmentier, and a tantalizing dessert, Ile Flottante. Will their Ile Flottante win the hearts of the guests like the well-received tiramisu in the previous episode? However, French cheese has become Ke Le's nightmare. Why is that so?

Episode 10: Cantonese Cuisine

Cantonese cuisine is one of the most loved food in Singapore. Celebrity chef, Dee Chan, is the culinary mentor for this episode. The cooking involved deep frying, which is the major challenge for the duo. There was a "blast" in the kitchen when the guests were about to arrive. What happened?

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