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Lifestyle - Children



Little Food Hunter 美食小尖兵

Episodes: 13 x 30 mins **Language:** Chinese

Year: 2021

Producer: Wawa Pictures **Distributor:** Mediacorp

Singapore is a food paradise, so food education should start when young! This food programme, which allows kids to search, taste and even try to cook delicious dishes through competition, will also feature the familiar local dishes, unfamiliar dishes from various dialect groups and the food culture.

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Episode 1: Seafood

Kids who love seafood will be happy! The little food hunters try out various seafood delicacies, including Fried Kway Teow with cockles, Fuzhou Oyster Cake, Chili Crab and Hokkien Prawn Noodles. They are challenged to remove fish scales, clean the internal organs and remove bones of steamed fish.

Episode 2: Spicy Delicacies

Kids, do you dare to eat spicy food? The little food hunters get to try various local spicy delicacies and snacks, such as Curry Chicken Noodles, Hainanese Curry Rice, Epok-epok and crispy Curry Samosa. The two teams are also challenged to make sambal chilli under the guidance of Chef Jeremmy.

Episode 3: Egg

A small egg can be cooked into a variety of delicious dishes. The little food hunters not only visit the local farm to learn about eggs, but also visit the food centres to try non-Chinese delicacies like Roti John and Kacang Pool, as well as the familiar Fried Carrot Cake and Fried Oyster Omelette!

Episode 4: Rice

Rice is one of human's main staple foods & there are many dishes that are made with rice. This episode, the little food hunters get to taste Hakka Lei Cha, Nasi Briyani, Cantonese porridge & Teochew porridge as well as visiting a rice import company for a task of finding the various types of rice.

Episode 5: Kueh

The tasty and colourful kuehs are one of the characteristics of our rich local food culture. The little food hunters learn about Putu Piring, a Nyonya kueh that is similar to Kueh Tutu & Wa Kueh, a rice cake that looks like Chwee Kueh. Final challenge for the 2 teams is to make Teochew Chi Kak Kueh.

Episode 6: Noodles

Wanton Mee, Ban Mian & fish ball noodles are kids' favourite. In this episode, the little food hunters get to taste Hokkien Bak Chor Mee, Lor Mee, Fried Black Hokkien Mee & Red Wine Mee Suah. The final challenge for the two teams is to hand make Wanton Mee under supervision of the factory manager.

Episode 7: Snacks

Hey, kids, when we talk about snacks, do you only think of potato chips, ice cream & candies? This episode, the little food hunters get to taste special snacks, such as Sachima, Kacang Puteh & traditional biscuits etc. The 2 teams learn to make Dragon's Beard Candy under the guidance of the master.

Episode 8: Breakfast Delicacies

It is said "the plan for a day lies in the morning" & breakfast provides us energy to start a new day! This episode, the little food hunters search for breakfast delicacies like Chee Cheong Fun, Mee Siam, buns & fried dough. They are also challenged to prepare a traditional Nanyang style breakfast!

Episode 9: Desserts

Hey, kids, do you like desserts? In this episode, the little food hunters not only get to enjoy traditional desserts such as peanut paste, sesame paste & ginkgo barley but also get to taste Peranakan desserts - Apom Bokwa & Sago Gula Melaka. The two teams also learn how to make Cheng Teng & Chendol.

Episode 10: Soup

Soup is a heartwarming dish & there are many types of soup available locally. This episode, the little food hunters get to try the Hokkien Bak Kut Teh, Teochew Fish Soup, Pig's Organ Soup & Mutton Soup. Lastly, they compete to differentiate soup ingredients & make soup at the herbal soup restaurant.

Episode 11: Tofu

A seemingly ordinary block of tofu can actually make many local delicacies. The little food hunters not only get to try egg tofu & fried tofu but also Hakka Yong Tau Foo & Tau Kua Pau. Lastly, the two teams head to a tofu factory to taste various tofu dishes & try to find out the original product.

Episode 12: Traditional Delicacies

In this episode, we are looking for traditional delicacies. The little food hunters head to the food centre in search of traditional snacks like Peanut Pancake, Tapioca Cake as well as getting to taste Hokkien Popiah & Teochew Beef Kway Teow. Their challenge is to make traditional Teochew desserts.

Episode 13: Festive Delicacies

This last episode, the little food hunters learn about Hainanese festive delicacies for Qing Ming Festival -Yi Bua & Chicken Dropping Dessert & also how to make Hokkien Rice Dumpling & Hainanese flaky mooncake. After tasting CNY festive delicacies, the final challenge is to open the treasure chest!

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