

# **KY SON NUTRITIONAL FACTS**

## **PUMPKIN SPICE DONUT**

Cal 153g	Carb 19g	Sug 1g
Pro 9g	Fat 4g	

## **LEMON CASHEW "PER BALL"**

Cal 72 g	Carb 7g	Sug
Pro 3g	Fat 4g	

## **CHOCOLATE & PEANUT BUTTER DONUT**

Cal 147g	Carb 18g	Sug 1g
Pro 9g	Fat 5g	

## **PUMPKIN PECAN POPPERS "PER POPPER"**

Cal 75g	Carb 8g	Sug
Pro2g	Fat 4g	

## **BANANA PUDDING DONUT**

Cal 195g	Carb 26g	Sug 4g
Pro 10g	Fat 5g	

## **MUFFINS**

Cal 112g	Carb 17g	Sug 4g
Pro 7g	Fat 3g	

## **ALMOND JOY BITES "PER BITE"**

Cal 57g	Carb 6g	Sug
Pro 3g	Fat 3g	

