

Referrals to these services may be made by –

- Practice Nurses
- General Practitioners
- Hospital Health Professionals
- Community Health Professionals
- Community Agencies
- Patients / Whanau / Friends

Let's fight Asthma together – “We need your help”

Our family and friends may have asthma, but let's not let asthma have them.

Your support to help our community breathe easy has always made a difference to thousands of people who fight to breathe. Please support generously

Yes, I would like to help New Zealanders breathe easy!
Here's my gift to support your work

\$25 \$50 \$100 Other _____

My gift marked above is to be charged to my credit card

Visa American express Master Card

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Card Number

Name of card holder: _____

Signature: _____

Expiry Date: _____ / _____ / _____

Cheque for the above is enclosed

Mr/Mrs/Miss/Ms _____

Address: _____

Telephone: _____

Email: _____



Services Education Support

asthma

NEW ZEALAND

THE LUNG ASSOCIATION

581 Mt Eden Road Auckland 1024
PO Box 67066, Mt Eden, Auckland 1349
Phone 09 623 0236, Fax 09 623 0774
Email: anz@asthma.org.nz

www.asthma.org.nz

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NEW ZEALAND

THE LUNG ASSOCIATION

Asthma New Zealand – The Lung Association

Asthma New Zealand-The Lung Association and Asthma Auckland work to provide education, training and support to individuals with asthma and their families, in order that they may achieve their desired goals. The organisations support research projects related to treatment and management of asthma and Chronic Obstructive Pulmonary Disease (COPD).

Advocacy – Representing people with asthma by promoting the rights of people with asthma and their families.

Asthma New Zealand – The Lung Association provides a wide range of services to healthcare professionals and the public.

The main service of ANZ is information sharing by providing the following;

- A range of pamphlets are available free of charge to the public on;
Asthma
Chronic Obstructive Pulmonary Disease (COPD)
Breathing Techniques
- The New Zealand Journal of Respiratory Health **O₂**
- Accredited education for Health Care Professionals:-
Asthma Nursing Course
COPD Nursing Course

Asthma New Zealand in association with Unitec New Zealand offers courses within the Bachelor of Nursing Programme. These courses are available to Registered Nurses currently working in a clinical practice. The courses are the Asthma Nursing Course (level 7) and COPD Nursing Course (level 7). The courses are offered by distance learning. A grant towards the cost may be available for students.

For further information contact Asthma New Zealand on **phone 09 623 0236 / fax 09 623 0774** or by email: **anz@asthma.org.nz**

- Research Trials
- 'NEAT' Course (1 day)
- COPD Course (1/2 day)
- Asthma New Zealand web site at **www.asthma.org.nz**

Products – available at 581 Mt Eden Road are:

- Nebulisers for sale or hire
- Replacement parts for nebulisers
- Adult spacers
- Smart Inhaler Device
- Aller Zero
- Allergen Barrier Bedding Covers & pillows
- Sport Inhalers
- Inhaler Glow Cap
- Anti Static Spacers
- Lyprinol



Asthma Auckland Services

Provides a wide range of services these include:

- Telephone or face to face consultations on the management of asthma/COPD
- Home visits for people with asthma/COPD
- Mobile education unit is provided for school visits, students are offered individual asthma education sessions in the unit
- Provision of emergency asthma kits into schools together with an education session on recognising acute asthma episodes for all staff
- Asthma education sessions at workplace
- Ongoing assessment, monitoring, management and advice re Asthma & COPD
- Spirometry (results are posted to GP)
- Free update education & device training sessions for nurses
- Community Health day events
- Support groups for people with COPD
- Support for local universities by providing guest speakers and community placements for nursing students
- Niox testing – check for inflammation of the airways

