



BelleMa

BelleMa Euphoria Plus with IDC™ and 3D Pump System
Double Electric Breast Pump

INSTRUCTIONS

Model No: HD 2715

www.bellemausa.com

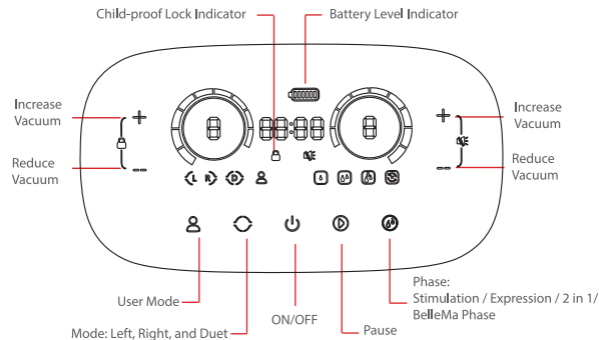
Indications for Use

The Euphoria Plus with IDC™ and 3D Pump System is intended to express and collect milk from lactating women and maintain the ability of lactation to complement breast feeding.

Descriptions

Euphoria Plus with IDC™ and 3D Pump System is a Closed System Breast Pump with built-in Li-Ion battery. It is to be used when a baby would normally be breastfed, which is multiple times a day. This device is capable of single and double pumping with Four Phase Pumping Modes: Stimulation / Expression / 2 in 1 / Bellema Modes.

Control Panel Description



Press "+" and
"-" to lock the
screen




Press "+" and
"-" for mute
operation

Press  to switch Mode

 Indicates Left mode


 Indicates Right mode


 Indicates Duet mode

Press  to switch phase

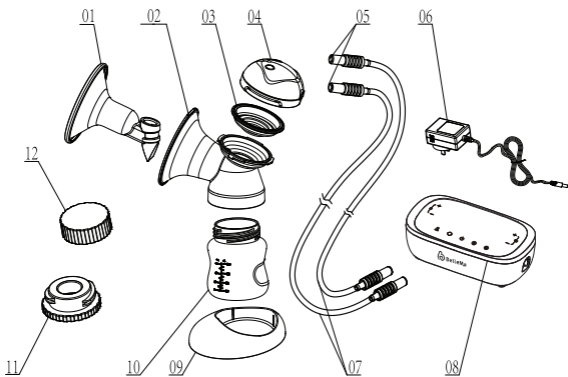
 Indicates Stimulation Phase

 Indicates Expression Phase

 Indicates 2 in 1 Phase: Works continuously from 5 times at level 5 Stimulation Phase to 5 times Expression Phase at selected level till the time's up.

 Indicates BelleMa Phase: Works continuously from 3 minutes Stimulation Phase at selected level to 7 minutes Expression Phase at selected level till the time's up.

Parts Guide



01. Silicone Cushion	(2)	02. Breast Shield body	(2)
03. Silicone Diaphragm	(2)	04. Cap	(2)
05. Tubing Connector	(4)	06. Power Adapter	(1)
07. Tubes	(2)	08. Pump Unit	(1)
09. Bottle Stand	(2)	10. Wide Neck Bottle 120ML	(2)
11. Bottle Converter	(2)	12. Bottle Lid	(2)

Additional Parts: Tubing Connector 2 pcs

Symbol List

The following symbols may appear in this manual, on the device, or on the device's accessories.



DISPOSAL: Do not dispose as unsorted municipal waste. Electrical waste must be disposed of separately or recycled.



CAUTION: Refer to the Warnings and Precautions information located in the Instructions for Use Guide.



REFERENCE: Refer to the Instructions for Use Guide.



DATE OF MANUFACTURE: Information is located in the lot number.



MANUFACTURED BY: BELLEMA CO
915 Mariner St, Brea, CA 92821
Website: www.bellemausa.com

Technical Performance & Specifications

A/C Adapter	Input 100-240V~50/60Hz, Output 5V~2A
Li-ion Battery Power	3.7V~3600mAh
Total Power	10W
Stimulating Velocity	100T/min
Stimulating Intensity	-0.015MPa(Max), 9 adjustable degrees
Expression/2 in 1/BelleMa Mode Velocity	23-56T/min
Expression/2 in 1/BelleMa Mode Intensity	-0.033MPa(Max), 9 adjustable degrees
Noise	60dB(A)
Operating Conditions	5~40 °C, Rh ≤ 90%
Storage and Shipping Conditions	-25 °C~60 °C, 15%~93%Rh
Electronic Protection Equipment Type	Class II

Warnings and Precautions

Basic safety precautions should be taken when using electrical products, especially around children.

Warning: If you are a mother who is infected with Hepatitis B, Hepatitis C or Human Immunodeficiency Virus (HIV), pumping breast milk will not reduce or remove the risk of transmitting the virus to your baby through your breast milk.

WARNING:

- The power adapter is a part of the breast pump.
- Always unplug electrical device immediately after use.
- Do not use while bathing.
- Do not place or store device where it can be submerged in water.
- Do not reach for device if it has fallen in water. Immediately unplug from the electrical outlet.
- Do not leave device unattended when plugged into an electrical outlet.
- Do not position the breast pump such that it is difficult to disconnect the adapter plug from the main power supply.
- Close supervision is necessary when used near children or people with disabilities.
- Use product only for its intended use. Do not use attachments not recommended by the manufacturer.
- Keep cord away from heated surface.
- Never use while sleepy or drowsy.
- Never drop or insert objects into any opening or tubes.
- Do not use outdoors or operate where aerosol products are being used, or where oxygen is being administered.
- Always inspect power adapter and batteries prior to use for damage and exposed wires. If damage is found, immediately discontinue use of power adapter.
- Do not operate while inside a vehicle.

WARNING: To avoid health risk and reduce the risk of injury:

- This device is a Closed System Breast Pump. Milk Collection Kit must not be shared between users.
- Do not drive while pumping.
- Never use while pregnant, as pumping can induce labor.
- Clean and sanitize all parts that come in contact with your breast and breast milk prior to first use. Wash all parts that come in contact with your breast and breast milk after every use.
- Inspect all appropriate pump components before each use.
- DO NOT continue pumping for more than two consecutive pumping sessions if no results are achieved.
- Do not thaw frozen breast milk in a microwave or in a pan of boiling water.
- If tube becomes moldy, discontinue use and replace tube.
- If breast milk backup occurs, clean the tube before your next pumping session.

WARNING: Avoid the following, which could lead to minor injury:

- DO NOT wrap cord around adapter body.
- Use only the power adapter that comes with the Euphoria breast pump.
- Pump only with the breast pump in an upright position.
- DO NOT shorten tube.
- Make sure the voltage of the power adapter is compatible with the power source.
- Plug the power adapter into the breast pump first, then into the power source.
- DO NOT use antibacterial or abrasive cleaners/detergents when cleaning breast pump or breast pump parts.
- Never put breast pump motor in water or sterilizer, as permanent damage can be caused to the device.
- DO NOT attempt to remove the breast shield from your breast while pumping. Turn the breast pump off and break the seal between your breast and breast shield with your finger, then remove the breast shield from your breast.
- If pumping is uncomfortable or causing pain, turn the unit off, break the seal between the breast and the breast shield with your finger and remove breast shield from your breast.

PRECAUTIONS:

- Plastic bottles and component parts become brittle when frozen and may break when dropped.
- Take appropriate care in handling bottles and components.
- Do not use the breast milk if bottles or components become damaged.

Cleaning Instructions

FIRST TIME USE OF THE EUPHORIA PLUS

- **Disassemble the parts that come in contact with the breast and breast milk.**
- **Wash all of them in warm soapy water using any fragrance-free baby liquid dish detergent.**
- **Rinse each piece thoroughly with warm water for 10 to 15 seconds.**
- **You may sanitize the parts through a sterilization method of your choice, but not more than 3 minutes.**

HOW TO CLEAN THE EUPHORIA PLUS

- **Rinse each part that comes in contact with the body and/or milk with cool water immediately after pumping. This avoids the build-up of milk residue in the collection bottles and parts to avoid the growth of any bacteria.**
- **Parts that come in contact with the breast and breast milk are: bottles, breast shields, silicone cushions and silicone diaphragms. Wash all of them in warm soapy water using any fragrance-free baby liquid dish detergent.**

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- Use a separate cleaning sponge and bottle brush with a smaller brush to reach the tiny nooks of the pump. Wash the parts separately from adult dishes, pots and pans, etc.
 - Rinse each piece thoroughly with warm water for 10 to 15 seconds. You may sanitize the parts through a sterilization method of your choice every each use, but not more than 3 minutes. Excessive and frequent boiling or exposure to heat may cause wear and tear to the plastic and silicone parts.
 - Make sure that you check on wear and tear on tubes, and all plastic or silicone parts.
 - Replace worn out or damaged parts immediately as this will affect the suction.
 - Parts may also be washed in the dishwasher using the top rack. Place all the cleaned parts on top of a paper towel or hang on a drying rack and allow to air dry. Avoid using cloth towels because they can carry germs and bacteria that may contaminate the breast milk.
 - Make sure that all parts are totally dry prior to use. Wet or damp parts will cause poor suction. Once all the parts are totally dry, re-assemble the breast shield set.

CLEANING THE TUBES

- Euphoria Plus is a Closed System, therefore cleaning the tubes is not necessary. If you happen to see moisture in the tubes after pumping, remove the tubes from the breast shields. Turn the motor on for a few minutes until the moisture is gone.

CLEANING THE MOTOR

- Sanitize the pump motor using any disinfectant wipes by wiping off the tubing connector jack from time to time. Wipe the pump with a clean, damp cloth or paper towel prior to each use.

SAFETY RECOMMENDATIONS

- Make sure to wash your hands prior to touching the breast pump and the breast pump parts.
- Avoid touching the inner part of the collection bottle where breast milk comes in contact.
- Wash all the parts that come in contact with your breasts and breast milk immediately after each use to avoid the growth of any bacteria from the milk residue.
- The Electrical Unit must never be exposed to water or other liquids for cleaning, it must not be sterilized in a microwave sterilizer.

Collection Kit Assembly

Euphoria Plus with IDC™ and 3D Pump System comes pre-assembled in its original box, however you must re-assemble the collection kit after cleaning. All parts that come in contact with the breasts and breast milk such as bottles, silicone cushions, silicone diaphragms, and breast shields must be cleaned and sterilized after each use.

Make sure that you wash your hands before touching the breast pump and its accessories. Avoid touching the inner part of the containers or lids.

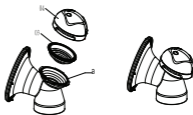
1. Expression Collection Kit Assembly

Insert the Silicone Cushion (01) to the Breast Shield Body (02). You will now have a complete Expression Collection Kit (a).



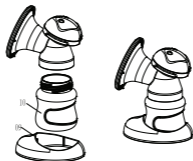
2. Cap and Silicone Diaphragm Assembly

Insert the Silicone Diaphragm (03) on the top portion of the Expression Collection Kit (a). Screw the Cap (04) tightly to prevent air leak.



3. Bottle and Bottle Stand Assembly

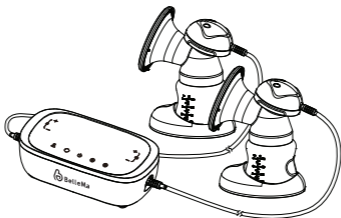
Assemble the Assembled Breast Shield Body onto the Collection Bottle (10). Affix the assembled collection kit to the Bottle Stand (09).



Connecting the Expression Collection Kit and Pump Unit

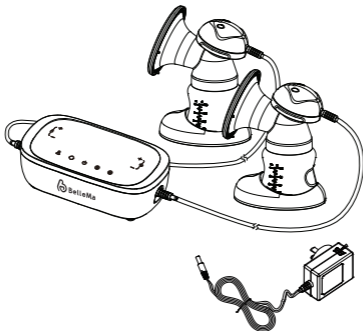
1. Insert Tubing Connectors

Plug one end of the Tubing Connector to the Collection Kit. Plug the other end to the Pump Unit as illustrated below. Make sure both ends are connected tightly, otherwise suction may be affected.




2. Connect The Power Adaptor

Attach the Power Adaptor connector to the breast pump motor input as illustrated. Plug the Power Adaptor to a wall electrical outlet. Make sure that the Power Adaptor voltage matches the wall electrical outlet voltage.



3. How to Use the Euphoria Plus

- Always inspect the breast shields and tubing connectors before using your breast pump.
- Make sure that every part is attached properly and securely.
- Always check that there is no moisture on any of the parts of the collection kit.
- Always check that the silicone cushions and tubes are not worn out and do not have any holes.
- Make sure that the tubes are straight and not bent or twisted.
- Do not try to express with a vacuum level that is too high which may result to discomfort and pain.
- At any time that you feel pain and discomfort, or if you are not being able to express milk, consult a breastfeeding specialist.
- Keep in mind that: Low Suction or No Suction does not mean something is wrong with your Breast Pump. This often means something might be wrong on how you assembled the Breast Shield Set. It could be improper connection of the tubing connector to the breastshield and the breast pump. Or, there may be moisture present on the tubes or parts of the breastshield set.

1. Plug the AC Adapter cord to the power outlet.
2. Place the breast shield over your breast so that your nipple is properly centered in the flange tunnel. Make sure that you have the right flange size that matches your nipple size.
3. To check on what your nipple size is, please visit www.bellemausa.com to be guided on how to measure your nipple size.
4. Once you are ready, Press and hold the Power Button  to switch the device ON.
5. The Euphoria Plus is a Four Phase Mode Double Electric Breast Pump: Stimulation / Expression / 2 in 1 / BelleMa Mode.
Once the device is turned ON, the Timer will count up from 0 to 30 minutes and Stimulation Phase will begin on Suction Level 1 on both breasts simultaneously.

Stimulation Mode: This is the rapid mode designed to mimic your baby's initial feeding motion to stimulate your milk ejection reflex (MER).











Euphoria Plus with 3D Pump System has a pumping motion designed to massage, squeeze and suck just like an infant. Once your milk is already flowing and your 'letdown' has been stimulated, you may manually press the Mode button to enter Expression Mode.

Press this Button  to switch from Stimulation to Expression, from Expression to 2 in 1 Mode and from 2 in 1 Mode to BelleMa Mode according to your requirement.




Expression Mode: A slower motion with a deeper sucking motion which is how an infant sucks after the breasts have ejected a good flow of breast milk.

2 in 1 Mode: Works continuously from 5 times at level 5 Stimulation Phase to 5 times Expression Phase at selected level till the time's up.

BelleMa Mode: Works continuously from 3 minutes Stimulation Phase at selected level to 7 minutes Expression Phase at selected level till the time's up.

6. This breast pump model has an IDC™ Feature so you may adjust the suction level for each side independently. Press  to select the pump to operate on the Left / Right / Dute.
7. Each Mode is set at Suction Level 1 by default. The pump will remember the last suction level you selected for each mode before you turn it off. But the suction level on Left / Right mode will be consistent with the suction level on Duet mode. That means when it is level 3 on Left mode, then switch to Dute mode and change the suction to level 4, when switch back to Left mode, the suction is level 4.
8. Adjust the Suction Level according to what's comfortable for you. Press the plus "+" button to increase suction level or the minus "-" button to decrease the suction level.
9. If you want to stop pumping, simply press , the pump will pause working at the current status and the timer will stop counting and keep flashing until you restart pumping.
10. Press  to enter User Mode. First time entry this mode, there is no program inside so the indicator  will flash twice and beep twice.
Press and hold  to start record, indicator  will keep flashing until you press and hold  to finish record.
Short press  to play your saved program. The screen show indicator  .
Once the program finished, the pump will keep working with the last setting.
12. During pumping, press + and - on the left at the same time to lock and unlock the screen.
13. During Pumping, press + and - on the right at the same time to enter and quit the Mute operation. The pump can remember your last setting even you restart next pumping.
14. When the timer counts till 30 mins, the pump will stop working automatically. Or you can press and hold the  to finish pumping.

15. Make sure that you charge the Li-Ion battery prior to first use.

When the pump is in use through the Li-Ion battery power, the Battery Power Indicator  will provide a real-time display of your battery status. When the pump is in use through A/C adaptor and is in a charging state, the Battery Power Indicator  will provide a real-time display of the charging status and the battery power level. When the battery power runs out, the Indicator  will flash.

*****Remember the Rule of Thumb: Wash your hands before touching the breast pump, the collection kit and your breasts.**

Guidelines for Storing and Thawing Breast Milk

Congratulations on your commitment to providing breastmilk to your baby.

There are many different milk storage guidelines. Make sure you check with your Breastfeeding Specialist on which storage guidelines work best for you and your baby.

	Counter top or table	Refrigerator	Freezer with separate door	Freezer compartment in a small refrigerator	Cooler with frozen ice packs
Temperature Ranges	60-85° F (16-29° C)	39° F (4° C)	24° F (-4° C)	5° F (-15° C)	59° F (15° C)
Freshly Pumped Breastmilk	5 hours	5 days	5 - 6 months	2 weeks	24 hours
Freshly Pumped Breastmilk (Pumped and held under very clean conditions and cooler temperatures)	Up to 8 hours	Up to 8 days	8 - 12 months	2 weeks	24 hours
Thawed Breastmilk (Previously frozen)	1 - 2 hours	24 hours	Never re-freeze thawed breastmilk	Never re-freeze thawed breastmilk	Don't store
Thawed Breastmilk (Previously frozen - Pumped and held under very clean conditions and cooler temperatures)	3 - 4 hours	24 hours	Never re-freeze thawed breastmilk	Never re-freeze thawed breastmilk	Don't store

STORING BREASTMILK:

- Wash bottles and pumping supplies in hot soapy water or in dishwasher
- Wash your hands prior to handling your breastpump kit and starting a pumping session
- Breastmilk can be stored in clean BPA-Free plastic bottles with tight fitting lids
- You may also use BPA-Free breastmilk storage bags.

AFTER EACH PUMPING SESSION:

- Date your container. If you are giving the breastmilk to a childcare provider, label the container with your child's name on it.
- Gently swirl the container to mix the breastmilk. It is normal for breastmilk to separate.
- Refrigerate or chill your milk right after pumping.
- Never store milk on the shelves of the refrigerator door.

FREEZING BREASTMILK:

- Leave an inch or so of space at the top of the container. Milk expands as it freezes.
- Store milk in the back of the freezer. Do not store milk on the shelves of the freezer door.
- Chill freshly pumped milk before adding it to a frozen milk.

THAWING AND WARMING MILK:

- Use the oldest stored breastmilk first.
- Breastmilk does not need to be warmed. It can be served room temperature or cold.

- If you do warm your milk, swirl it (DO NOT SHAKE). Test the breastmilk temperature by dropping some to your wrist, making sure it is not too warm for your baby.
- Thaw frozen milk in the refrigerator overnight or under warm running water. You may also thaw milk in a container of warm water.
- Never microwave breastmilk. Microwaving creates hot spots which can burn your baby's mouth.
- Use thawed breastmilk within 24 hours.
- Never refreeze thawed breastmilk.

Troubleshooting Tips

WEAK SUCTION OR NO SUCTION:

- All parts must be totally dry and not damp.
- Frequent use or improper sterilization method can cause aging on silicone cushion. If the silicone cushion has aged and is worn out, replace immediately.
- Make sure that the silicone cushion on each pump fits tightly unto the breast shield. The silicone cushions have edges that should mould perfectly across the flange edges. Silicone cushion not snugly attached will cause poor suction.
- Make sure that the silicone diaphragm is properly attached to the breastshield body.
- Check that all connections are tight that will cause any air leak.
- Check that tubes are not wet, damped, bent or twisted.
- Tubes must be straightened to ensure proper air flow.
- Make sure that there is no dried up milk residue in the tubes. If you notice any milk residue, clean the tubes and air dry. (Follow Proper Cleaning Instructions from this Manual) If you notice any water condensation or milk inside the tubes, clean and air dry.
- Tubes must always be dry and checked prior to each use. Wet tubes, Damp tubes will cause poor suction.
- Worn out tubes with holes will cause poor suction. Replace immediately if worn out.
- Check to make sure that the breastshield is well secured and tightly fastened to the tubing connector.
- Check that tubing connector ends are tight and connected well with the tubes, the breast pump motor and the breast shield.

****All the above instructions must be followed. Failure to follow any of these instructions will lead to a weak suction or no suction at all.*

BREAST PUMP IS WORKING BUT NO BREASTMILK IS COMING OUT:

- You might be experiencing breast engorgement. Place a warm towel on the engorged breast.
- Use thumb massage from the bottom of your breast up to your nipple for 10-15 minutes. Try doing this before starting a pumping session.
- You might have abundance of milk. Using your hand, try to squeeze some milk out before using the breast pump.
- It is recommended to pump every 2 to 3 hours, including breastfeeding hours. If you are still in postnatal care, you must pump on each breast for 15 minutes according to your milk secretion.
- Do not pump more than 30 minutes to avoid hurting your breast.
- If you have large breasts, hold and massage gently while pumping milk to help with the milk flow.

*****If all the above steps have been followed and you are still having problems, please call Bellema or visit us at www.bellemausa.com to watch some of our troubleshooting videos.**

DEVICE NOT POWERING ON:

- Check on your power outlet by plugging another electrical device. Make sure the power outlet source is working.
- Make sure that your Power Adaptor is connected properly with the breast pump unit.
- Make sure battery is fully charged. If it works on the battery power, you might have a defective AC adaptor.

MILK OVERFLOW PREVENTION:

Euphoria Plus is a closed system breast pump, designed with a barrier so that milk will not enter the tubes. Below are some measures to avoid milk backflow:

- Adjust the pumping power to a lesser level if your breastmilk is relatively abundant.
- Try releasing the pressure between your breast and the silicone cushion if you notice that the milk is all gathered inside the flange and is not streaming down to the collection bottle.
- Do not overfill the collection bottle.

IMPORTANT

- If E2 appears on the LCD display, there is an open or short circuit in the internal battery. Please contact your dealer or call Bellema at 1-800-385-6819.
- The Li-Ion Battery is built in. DO NOT remove the battery by yourself.
- It is recommended that you charge the battery at least once a month. Charging time should not exceed 6 hours.
- Do not use any adaptor or battery that does not come with the pump.

DISPOSAL

- Medical equipment and other devices should be disposed of in proper containers that meet Environmental Protection Agency standards. Check with your local State Laws & Regulations in regards to proper disposal.

*****If you experience pain or discomfort from pumping, stop immediately and consult a Breastfeeding Specialist or a Lactation Consultant. Improper use of breast pump may result to breast tissue damage or mastitis.**

WARRANTY INFORMATION

Bellema Electric Breast Pump is warranted to the original user only and is non-transferrable. Bellema warrants all breast pump models from the original date of the product purchase date against all defects in material or workmanship:

- 1) the pump motor for a period of one year, and
- 2) 90 days on all the pump components, whether purchased from Bellema directly or its authorized agents or dealers.

Bellema, at its discretion and to the extent permitted by law, shall repair or replace any product that is determined defective provided it is covered within this limited warranty. **EXCEPT TO THE EXTENT PROHIBITED BY APPLICABLE LAW, ALL IMPLIED WARRANTIES (INCLUDING WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE) SHALL BE LIMITED IN DURATION TO THE DURATION OF THIS LIMITED WARRANTY.** Proof of purchase which can be in the form of receipt, invoice or bill of sale to evidence limited warranty coverage must be provided. Bellema shall not be liable for any incidental, consequential, special, by way of misuse, neglect of maintenance, not following instructions on User Manual, using improper accessories, or punitive damage resulting from any breach of limited warranty or implied warranty, or under any other legal theory. Some jurisdictions do not allow the exclusion or limitation of special, indirect, incidental or consequential damages, so the above limitation may not apply to you.

There are no other warranties that accompany this product. Any oral, written or any other representation of any kind is hereby disclaimed. For warranty service or for replacement parts, please contact Bellema at: 1-800- 385-6819 or email Customer Service at: cs@bellemausa.com.



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