# 5 ideas for ages 3 - 5

#### MONDAY

# Toy Rainbow

Sort your toys out by colour and make a rainbow!



# **TUESDAY**

# Have a play dough disco

Roll sausage shapes between two hands, make ball shapes and squish them into pancakes, give the play dough a good pinch... all in time to music! This helps little ones strengthen their fine motor muscles to enable them to develop their pencil grip and in turn will help to develop their writing skills.



#### WEDNESDAY

### **Sizes**

Sort items in your food cupboard by size

#### THURSDAY

### Counting

Write out the numbers 0-20 on some paper or card. Ask a grown up to mix them up - don't peek! Then see how quickly you can put them back in the correct order. See if you can get faster when you try again.

#### FRIDAY

#### **ARC**

Rip some pages out of an old magazine or newspaper and go on a capital letter hunt with a highlighter