

WHAT'S MY STRENGTH?

1.

Print this page at full size (100%). You cannot use this chart by looking at it on a digital device due to resolution and sizing differences.

2.

Hold this page 14 inches away from your face. When taking the test, you can wear corrective contact lenses, but not reading glasses.

3.

Read the lines below from top to bottom. The first line you can read clearly will recommend the magnification strength for you.

	READING DISTANCE	COMPUTER DISTANCE
If this line is clear, your magnification strength should be	+ 1.00	+ 0.50
If this line is clear, your magnification strength should be	+ 1.50	+ 0.50
If this line is clear, your magnification strength should be	+ 2.00	+ 1.00
If this line is clear, your magnification strength should be	+ 2.50	+ 1.00
If this line is clear, your magnification strength should be	+ 3.00	+ 1.50

How do I know if I need Reading or Computer?

Reading is for close up work. Anything within arm's distance. Like reading a book, using a smart phone and activities like crafting.

Computer is for intermediate work. Anything at arm's distance to a little bit beyond. Good for desktops, laptops, and tablets.



www.rudyprojectna.com