MACARONI CHEESE WITH BACON

TO COOK FROM FRESH: Remove cardboard sleeve, leave plastic film on and cook for 20 minutes at 160C. Remove film and cook for a further 10 minutes to brown the top. Make sure your dish is thoroughly heated. TO COOK FROM FROZEN: Remove cardboard sleeve, leave plastic film on and cook for 40 minutes at 160C. Remove film and cook for a further 10 minutes to brown the top. Make sure your dish is thoroughly heated. Store in the freezer below -18°C

Keep refrigerated, store between 1 to 4°C

Reep Felingaracu, Solie Beween Ti Ud - Ambrea Semolina, Grated Cheese (Pasteurised cow's milk, salt, vegetarian rennet, dairycultures, anticaking agent(460, starch), preservative(200)) [Pasteurised cow's milk, salt, vegetarian rennet, dairycultures, anticaking agent(460, starch), preservative(200)], Holly Bacon [pork, salt, sugar, phosphate, sodium erythorbate, sodium citrate, sodium nitrate, sodium carbonate, spice extract, ponceau 4R], Onion, Tomato, Flour, plain, Mainland Butter, Wheat Flour, Salt, Yeast, Bread Improver (E300 and E170), Canola Oil, Iodised Salt

NUTRITION INFORMATION

Contains: Gluten (Wheat), Milk, Gluten containing cereals May Contain: Egg, Peanuts, Sesame, Tree Nuts

Servings per package: 1		
Serving size: 250 g		
	Avg Quantity per Serving	Avg Quantity per 100 g
Energy	2080 kJ	831 kJ
	496 Cal	199 Cal
Protein	20.4 g	8.1 g
Fat, total	27.0 g	10.8 g
- saturated	13.2 g	5.3 g
Carbohydrate	42.8 g	17.1 g
- sugars	3.1 g	1.2 g
Dietary Fibre	1.9 g	0.7 g
Sodium	659 mg	263 mg

MYLK Food Store 95 Fora Road, Onekawa

Made in New Zealand from local and imported ingredients