

LIGHTLY SPICED TOMATO, COCONUT AND CORIANDER SOUP

400 g

Ingredients: Diced Peeled Tomatoes, Tomato Juice, Salt, Firming Agent(calcium chloride)Food Acid(citric acid), Coconut Cream (fresh coconut cream, stabilizers(xanthan gum E415, guar gum E412, carrageenan E407), Onion, Brown Sugar, Celery, Tomato Paste, Garlic, Salt, Cumin Seeds, Chilli Powder, Coriander, Coriander seed, Black Pepper.

May Contain: Milk, Egg

NUTRITION INFORMATION

Servings per package: About 2

Serving size: 250 g

| | Avg Quantity per Serving | Avg Quantity per 100 g |
|---------------|-----------------------------|---------------------------|
| Energy | 851 kJ 203 Cal | 340 kJ 81 Cal |
| Protein | 3.4 g | 1.4 g |
| Fat, total | 11.9 g | 4.7 g |
| - saturated | 10.3 g | 4.1 g |
| Carbohydrate | 20.5 g | 8.2 g |
| - sugars | 19.0 g | 7.6 g |
| Dietary Fibre | 1.4 g | 0.6 g |
| Sodium | 906 mg | 363 mg |

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