SOOKFONG

THE JEN SOOKFONG LEE SHADOW POEMS LIST

Also by JEN SOOKFONG LEE

FICTION

The Better Mother The (onjoined The End of East

NON-FICTION

Gentlemen of the Shade Whatever Gets You Through

CHILDREN

The Animals of Chinese New Year Chinese New Year Finding Home Shelter TH

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For ANDREA, CAROLYN and CARRIE



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INTRODUCTION

This is what you'll need to understand:

Cameron Crowe is to blame for everything. Sunshine is an insult.
You may never learn to swim but so what? A dog is the love of your life.
The pretty poems are dead inside.

The books are the only things you have left behind that make sentence-by-sentence sense. You think, Hearts break all the time, but that doesn't come close to explaining away the vomit in the toilet from crying then drinking and then crying again,

or the bone-deep certainty that, when this ends, people will say, *She was full of life, a loving friend,* when you know it's only half-true or maybe not even. You deserve punishment, self-inflicted or otherwise.

The hearts you break matter less and less (this is a lie, see above). Your greatest worry is that your son will grow up to be just like you.

Laundry doesn't fold itself.

You still don't know what doubling down means.

You can shout anything you want through the open windows: warnings, spells, limericks. The wind will suck it all up, turn every wish or curse meaningless as they are blown into fragments, hurled against power lines and trees dying from the tops down.

There is a purpose to this, of course: it is the act of casting them outward, of yelling so loudly that your body caves inward with the effort, your abdominals hard as stone for the first time ever.

This is necessary.

Without it, you would stay soft and silent, curled like a baby mouse in holes too small for a human thumb.

Protect your child, even though you know you can't. Being smarter hasn't helped much. Stand up straight.

So you will always try. There is no alternative, is there?

You can beat at winter for weeks and weeks
and spring will eventually arrive and you can trick
yourself into believing it came for you.

The sharp tips of crocuses, the dawn, the thickening light, all because you called them into being with your rage, with the furious living you did in the winter dark

(mascara like ashes, satin underwear, unfamiliar musk in your hair and mouth).

This violence, this volume is how you will try to change what seems like fate.

Fearing the outdoors keeps people alive. Never trust the man in the long coat.

Tread softly, your friends say. Be quiet.

And you laugh because you have heard this your whole life, even as you cracked your knuckles and hurled your phone into a public street and combed last night's sweat through your hair with grubby hands.

Writers are supposed to be introverts.

And you laugh even harder.

*

The hurt will fuck you up but you will appear fine and this, above all else, is your gift.