



ADD PAW PODS TO YOUR CANINE GYM

5 PAW POD EXERCISES



EXERCISE 1

Teach your dog rear end awareness by lining the Paw Pods in a row, then have your dog walk backwards and reward when their back feet touch a FitPAWS® Paw Pod.



EXERCISE 2

Side Step with Paw Pods. Step to the right then back to the left. Repeat



EXERCISE 3

Teach your dog Front end awareness by rewarding when front feet are on the FitPAWS® Paw Pods. Use as a target spot.



EXERCISE 4

Use Your Paw Pods with other FitPAWS equipment. K9FITbone, Donut or Discs. Sit on Disc, front paw on Paw Pods.



EXERCISE 4

Your Dog can learn to use all Paw Pods by rewarding them when front feet are on the FitPAWS® Paw Pods, and then back feet. They will learn individual limb awareness. This is an advanced exercise.

Remember to always check with your veterinarian before starting any exercise routine with your dog.

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SOURCE - FITPAWS BLOG / FOR MORE EXERCISE IDEAS GO TO:

www.youtube.com/fitpaws

wwwFitPAWSusa.com