

The Sky is the Limit!



Front Legs on Cloud Lure into Push up. Lure back down onto Cloud - 3-5 Reps



Start with sitting position.

Lure the dog up to a stand

Reward with a treat.

3-5 Reps





## SIT / WEIGHT SHIFT

Have dog sit. Move hand from side to side so the dogs shifts weight on the peanut. 3–5 Reps

Remember to always check with your veterinarian before starting any exercise routine with your dog.

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