

NUTRITIONAL INFORMATION - SATAY CHICKEN W/RICE

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	293 cal	400 cal	534 cal
Protein	27g	35g	46g
Fat, total	5g	6g	8g
saturated	1g	2g	2g
Carbohydrate, total	35g	51g	68g
sugars	2g	2g	3g
Sodium	63mg	78mg	104mg

NUTRITIONAL INFORMATION - SATAY CHICKEN W/SWEET POTATO

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	255 cal	334 cal	458 cal
Protein	26g	33g	44g
Fat, total	5g	6g	8g
saturated	1g	2g	2g
Carbohydrate, total	25g	36g	48g
sugars	2g	2g	3g
Sodium	63mg	78mg	104mg

NUTRITIONAL INFORMATION - SATAY CHICKEN W/PASTA

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	336 cal	465 cal	620 cal
Protein	32g	42g	56g
Fat, total	6g	8g	11g
saturated	1g	2g	2g
Carbohydrate, total	35g	51g	68g
sugars	3g	5g	6g
Sodium	78mg	101mg	135mg

NUTRITIONAL INFORMATION - SATAY CHICKEN W/VEGETABLES

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	190 cal	229 cal	293 cal
Protein	26g	33g	43g
Fat, total	5g	6g	8g
saturated	1g	2g	2g
Carbohydrate, total	8g	9g	10g
sugars	5g	5g	6g
Sodium	93mg	109mg	135mg