

**NUTRITIONAL INFORMATION - PESTO TUNA W/RICE**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	376 cal	477 cal	626 cal
Protein	34g	43g	57g
Fat, total	12g	13g	15g
saturated	1g	1g	2g
Carbohydrate, total	33g	49g	65g
sugars	1g	1g	1g
Sodium	642mg	782mg	1,002mg

**NUTRITIONAL INFORMATION - PESTO TUNA W/SWEET POTATO**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	338 cal	433 cal	550 cal
Protein	33g	42g	55g
Fat, total	12g	13g	15g
saturated	1g	1g	2g
Carbohydrate, total	23g	34g	45g
sugars	1g	1g	1g
Sodium	642mg	782mg	1,002mg

**NUTRITIONAL INFORMATION - PESTO TUNA W/PASTA**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	418 cal	555 cal	685 cal
Protein	39g	50g	66g
Fat, total	13g	15g	15g
saturated	1g	2g	2g
Carbohydrate, total	33g	49g	65g
sugars	2g	3g	4g
Sodium	657mg	805mg	992mg

**NUTRITIONAL INFORMATION - PESTO TUNA W/VEGETABLES**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	273 cal	305 cal	358 cal
Protein	33g	41g	53g
Fat, total	11g	12g	12g
saturated	1g	1g	1g
Carbohydrate, total	6g	7g	7g
sugars	4g	4g	4g
Sodium	672mg	792mg	992mg