

**NUTRITIONAL INFORMATION - PEPPER STEAK W/RICE**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	<b>SMALL</b>	<b>MEDIUM</b>	<b>LARGE</b>
Energy	352 cal	448 cal	590 cal
Protein	30g	39g	52g
Fat, total	6g	7g	9g
saturated	3g	3g	4g
Carbohydrate, total	42g	58g	74g
sugars	3g	3g	3g
Sodium	988mg	1,012mg	1,050mg

**NUTRITIONAL INFORMATION - PEPPER STEAK W/SWEET POTATO**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	<b>SMALL</b>	<b>MEDIUM</b>	<b>LARGE</b>
Energy	258 cal	402 cal	514 cal
Protein	21g	37g	50g
Fat, total	7g	7g	9g
saturated	2g	3g	4g
Carbohydrate, total	25g	43g	53g
sugars	2g	3g	3g
Sodium	267mg	1,012mg	1,050mg

**NUTRITIONAL INFORMATION - PEPPER STEAK W/PASTA**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	<b>SMALL</b>	<b>MEDIUM</b>	<b>LARGE</b>
Energy	395 cal	523 cal	676 cal
Protein	35g	46g	61g
Fat, total	8g	9g	12g
saturated	3g	4g	4g
Carbohydrate, total	42g	58g	74g
sugars	4g	5g	6g
Sodium	1,004mg	1,034mg	1,080mg

**NUTRITIONAL INFORMATION - PEPPER STEAK W/VEGETABLES**

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	<b>SMALL</b>	<b>MEDIUM</b>	<b>LARGE</b>
Energy	249 cal	287 cal	349 cal
Protein	30g	37g	48g
Fat, total	6g	7g	9g
saturated	3g	3g	4g
Carbohydrate, total	15g	15g	15g
sugars	6g	6g	6g
Sodium	1,019mg	1,042mg	1,080mg