

NUTRITIONAL INFORMATION - BBQ CHICKEN W/RICE

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	295 cal	404 cal	538 cal
Protein	27g	34g	46g
Fat, total	2g	3g	4g
saturated	1g	1g	2g
Carbohydrate, total	42g	60g	80g
sugars	9g	12g	15g
Sodium	458mg	572mg	763mg

NUTRITIONAL INFORMATION - BBQ CHICKEN W/SWEET POTATO

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	257 cal	346 cal	462 cal
Protein	26g	33g	44g
Fat, total	2g	3g	5g
saturated	1g	1g	2g
Carbohydrate, total	32g	45g	60g
sugars	9g	12g	15g
Sodium	458mg	572mg	763mg

NUTRITIONAL INFORMATION - BBQ CHICKEN W/PASTA

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	338 cal	468 cal	624 cal
Protein	32g	41g	55g
Fat, total	4g	5g	7g
saturated	1g	1g	2g
Carbohydrate, total	42g	60g	80g
sugars	11g	14g	19g
Sodium	473mg	595mg	793mg

NUTRITIONAL INFORMATION - BBQ CHICKEN W/VEGETABLES

Servings per package: 1	Servings size:		
	SMALL	MEDIUM	LARGE
	270G	350G	400G
	SMALL	MEDIUM	LARGE
Energy	192 cal	232 cal	297 cal
Protein	26g	32g	42g
Fat, total	2g	3g	4g
saturated	1g	1g	2g
Carbohydrate, total	15g	18g	22g
sugars	12g	15g	19g
Sodium	488mg	603mg	793mg