



Selenite

Gemstone Family - Gypsum

Chakras - Third Eye (6th), Crown (7th), Etheric (8th-14th)

Colour - Milky White / Translucent / Orange

Found in - USA, Mexico, Poland, Russia, Greece, Japan, Australia, Argentina and Brazil

Element - Associated with Wind

Also known as - Selene, Satin Spar, Desert Rose

Meaning - Named after the greek goddess of the Moon - Selene and means Moonstone

(but has no relation to the moonstone crystal)

Birthstone Month - Not a natural birthstone

Zodiac - Sign Taurus

Chemical Composition - $\text{CaSO}_4 \cdot 2\text{H}_2\text{O}$

Hardness on the Mohs scale - 2 (1 being softest, 10 being hardest)

Physical Healing Properties - Clears energy blockages, balances and stabilises the body, aids and promotes healing, increases libido, protects during pregnancy, strengthens core

Emotional Healing Properties - Reduces insecurity, increases desire, cleanses mind of negativity, helps with decision making, helps to move on with life

Spiritual Properties - Cleanses the aura, activates upper chakra, increases spiritual attunement, strengthens telepathic ability, increases intuition

Legend has it that... In the Medieval world, Selenite was said to contain an image of the moon and was believed to grow or shrink in accordance with the lunar phases and In ancient Mesopotamia, Selenite was used to keep sickrooms free from evil spirits. The largest specimen is found in the Naica Mine's Cave of the Crystals and is 12 metres long and weighs 55 tons