



Rose Quartz

Gemstone Family - Quartz

Chakras - Heart (4th)

Colour - Pink/Rose

Found in - Brazil, South Africa, India, Madagascar, Namibia, Mozambique, Sri Lanka and the US

Element - Associated with Water

Also known as - "The Heart Stone", "Love Stone", Pink Quartz, Hyaline Quartz (Greek)

Meaning - Comes from the Greek word "Hyalos" meaning Glass

Birthstone Month - January

Zodiac Sign - Taurus

Chemical Composition - SiO₂

Hardness on the Mohs scale - 7 (1 being softest, 10 being hardest)

Physical Healing Properties - Supports the heart in healing from trauma and disease

Emotional Healing Properties - Releases past wounds, teaches trust and hope, helps recover emotionally from previous hurt, encourages new love

Spiritual Properties - Encourages spirituality of love, links heart to the heart of the Earth and the heart of the Universe

Legend has it that... Adonis, who was Aphrodite's lover, was attacked by Ares while he was in the shape of a wild boar.

Aphrodite, fearing for her lover, ran to his aid and in the process caught herself upon a briar bush. Her blood mingled with Adonis' and together it stained the white quartz pink.