



Moonstone

Gemstone Family - Feldspar (Oligoclase & Orthoclase)

Chakras - Third Eye (6th) and Crown (7th)

Colour - Semi-transparent White, beige or grey

Found in - Armenia (mainly from Lake Sevan), Australia, the Austrian Alps, Mexico, Madagascar, Myanmar, Norway, Poland, India and Sri Lanka

Element - Associated with Wind

Also known as - "Gem of the High Priestess", "The Traveler's Stone", "Stone for New Beginnings", "Stone of Protection", "Adularia", "Aphroselene" (Ancient Greek)

Meaning - Was known as Adularia - Derived from Mt. Adular where the Moonstone was originally mined. Name of Moonstone given due to its appearance and similarity of the moon. Ancient Greeks merged the names of the goddess of love (Aphrodite) and the goddess of the moon (Selene) and christened Moonstone as "Aphroselene"

Birthstone Month - June

Zodiac Sign - Cancer, Libra, Scorpio,

Chemical Composition - $(\text{Na,K})\text{AlSi}_3\text{O}_8$

Hardness on the Mohs scale - 6-6.5 (1 being softest, 10 being hardest)

Physical Healing Properties - Regulates menstrual cycles, enhances fertility, eases childbirth, reduces fluid retention

Emotional Healing Properties - Encourages calmness, soothing on the body, identifies emotional patterns and controls them, contains explosive passions, stimulates confidence, encourages sleep and reduces nightmares

Spiritual Properties - Stimulates inner reflection, strengthens faith, brings insight, opens the mind to inspiration and impulse

Legend has it that... The gem was said to have been embedded in the forehead of Ganesh, the four-handed god of the moon. In Asian mythology, moonstones are said to be brought by the tides of the sea every 21 years. Hindu mythology states that Moonstone is made from moonbeams.