



Aventurine

Gemstone Family - Quartz

Chakras - Heart (4th)

Colour - Green, Blue, Red

Found in - India, Chile, Spain, Russia, Brazil, Austria, and Tanzania

Element - Associated with Earth and Water

Also known as - "The Stone Of Opportunity", Aventurinino

Meaning - The name Aventurine comes from the Italian "aventura," which means "by chance"

Birthstone Month - April / May

Zodiac Sign -Virgo

Chemical Composition - SiO₂

Hardness on the Mohs scale- 7 (1 being softest, 10 being hardest)

Physical Healing Properties - Supports general healing notably the heart, increases circulation, increases energy, lowers cholesterol, increases fertility, aids in sight issues, reduces acne

Emotional Healing Properties - Inspires optimism and self-confidence, brings harmony, calms nerves, reduces stress, quiets the mind, brings joy

Spiritual Properties - Brings good fortune and prosperity, harmonises, regulates rhythm, balances male/female energy, promotes renewal

Legend has it that.... Aventurine was used in magical rituals to increase abundance, opportunity and luck. It is said that if you carry a piece of Green Aventurine in the left pocket when buying a lottery ticket, it will bring success