

Positive Changes Crystal Guide

1. Aventurine - Helps overcome feelings of self doubt, and is known for attracting new opportunities, which when looking to make positive changes to your life, is invaluable. A confidence building crystal it also attracts optimism and abundance

2. Red Tigers Eye - Provides you with the motivation for change and ensures that even when your commitment to change wavers, you will have the strength to continue

3. Moonstone - The stone of 'New Beginnings' which helps calm emotions so you are able to think about situations more rationally, enabling you to promote and use our own intuition

4. Amazonite - provides belief for you in your own decision making and enables you to make good decisions and changes where required

