



Howlite

Gemstone Family - Borates

Chakras - Throat / Crown

Colour - Natural state is White with grey veins running through the stone but is also found dyed into several colours including blue, pink and purple. This stone accepts dye more than others due to it's porous nature

Found in - Canada, USA, Russia, Germany, Mexico, Namibia, Pakistan and Turkey

Element Air

Also known as - Turquenite, White Buffalo, Sacred Buffalo, Lapis Howlite, White Turquoise, Silico Boro Calcite and Kaolinite

Meaning - Awareness

Birthstone Month - No associated month

Zodiac Sign - Gemini

Chemical Composition - $\text{Ca}_2\text{B}_5\text{Si}_9(\text{OH})_5$ Calcium borosilicate hydroxide

Hardness on the Mohs scale - 3.5 (1 being softest, 10 being hardest)

Physical Healing Properties - Relieves insomnia with its calming effect. Known to aid in treatment of anxiety and stress related disorders. A memory enhancers and mood stabilizer

Emotional Healing Properties - A soothing stone that helps to calm and make you feel hugged. It can slow down an overactive mind

Spiritual Properties - An attunement stone which can help to link to a higher spiritual consciousness.

Legend has it that... American Indians would call it "the buffalo sacred stone" or the "white buffalo stone" because it was as rare as was the white buffalo