

Fertility Boost Crystal Guide

1&2. Moonstone - is referred to as a “woman's healing stone”, traditionally used for feminine healing & balancing of the female hormones & cycles, as well as enhancing feminine energy

3. Aventurine - is a powerful stone used to encourage pregnancy and increase fertility and also has the effect of increasing self-confidence.

4. Fluorite - is one of the best stones to stabilise hormonal changes ensuring that your body has the best chance of conceiving as you move through your cycle

5&6. Rose Quartz - is known to increase fertility and is known as the stone of love - it is said to be helpful and protective during pregnancy and with childbirth and balances emotions

7. Unakite - harmonises and balances the reproductive system and is known to be a great aid for a healthy start to pregnancy

